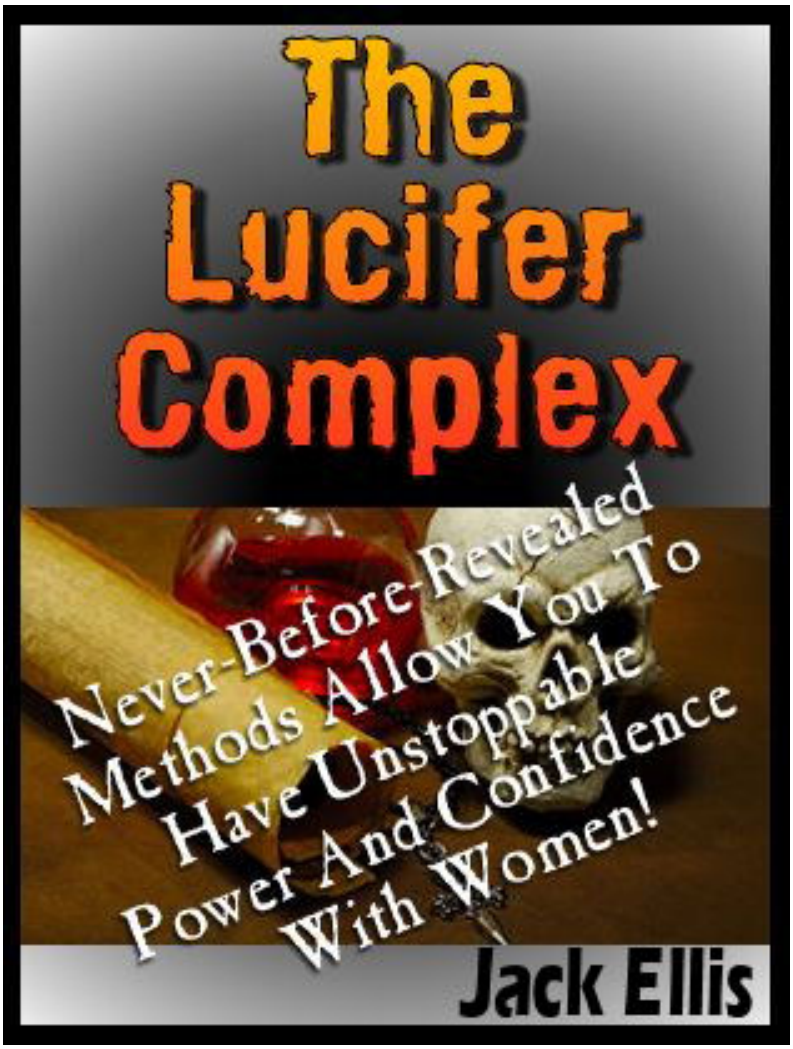
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Jack Ellis

YOUR MENTAL EARPHONE:

How to Hear the Thoughts of Others

Ever wonder when you look at someone: "What's he thinking?" If only you could *hear* what thoughts are going on in other people's minds, how fascinating and revealing it would be.

You could never be tricked or misled. In a social situation, you would know instantly whether the other party really liked you, what kind of impression you were making, whether he or she were sincere. And in business, with Mind Reading, there would be no limit to the things you could do. During a job interview, for example, you could get a glowing recommendation—since you would know exactly what the personnel man was waiting for you to say. And your advancement would be meteoric!

Impossible? Don't be too sure. In the next few pages, I intend to prove to your satisfaction that Mind Reading really does exist, and that:

> Thoughts, the thoughts you think, do not need to be spoken in order to be heard. Just as everyone in the world would hear the same sound if you spoke it,

anyone who knows the secret can hear your words as you think them.

This can be done in two ways. First, this sound can be sent out in the form of subvocalization (slight vibrations of the throat, altered by movements of the tongue), which can be picked up by a psychic or sensitive person.

Secondly, speech can be transferred directly from your mind to the mind of another person. This is accomplished as follows: Speech is formed in the auditory center of your brain which "hears" what you say before you say it. The mechanism is similar to dreaming, in which the eyeballs of the dreamer can be seen moving behind the eyelids in a visual hallucination. Something very similar happens in Telecult Hearing. The sound is "tested" against the eardrum before it is uttered.

In this process, the eardrum is used, not to receive sound from the outside, but to receive sound from the inside, sound in its embryo stage, which is "heard" by the thinker in an auditory hallucination. Tongue and throat muscles aid in this process.

That sound can be produced from your mind has been proven by physiologists, according to author Frank R. Young: "While testing a decerebrate animal (one in which all its brain, except for the cerebellum and the lower projections of the temporal lobe, has been removed) they found, to their utter disbelief, spoken words and other sounds were *faithfully reproduced* when electrodes were placed upon the auditory nerve and connected with a telephone receiver or loud speaker."

Thus, it becomes more believable that the human mind can produce sounds as well as receive them. In fact the human ear, which transmits sounds to the brain, is remarkably like a microphone, which transmits sounds into a telephone, or into a radio,

or into a tape recorder. Theoretically, it should be able to produce sound as well as receive it. You can get a clearer understanding of this if you have a tape recorder handy.

If you plug the microphone into the "in-put" hole and talk, your words will be recorded on tape. If you play back the tape, your words will come out of the speaker on the machine. But if you suddenly plug the microphone into the "out-put" hole on the machine, the words will stop coming out of the loudspeaker and will come out of the microphone, exactly as if it were the earpiece on a telephone.

The mechanical equipment needed for reception of radio sound waves is really very simple. During the Second World War, many soldiers who were in prison camps reported that they were able to pick up Allied radio broadcasts with nothing more than an egg shell, a wire and a rusty razor blade. Thousands of early homemade sets consisted of little more. We also hear occasional news stories of people who receive radio programs through metal fillings in their teeth, or through apparently normal earsl

Your cerebral equipment is much like early radio sets. The entire surface of the brain is covered with tiny specks of nerve tissue that are sensitive to all electrical charges near them.

The sound issuing from the sender does not have to be audible. It can be many decibels above human hearing, like radio waves before they reach your radio set. All that is necessary is for this "sound" to hit the outer atmosphere, to create a wave or vibration in the electron sea around us. This *can* be picked up by another mind, through sensitive neurons (nerve cells) in the skin, eyes and ears.

YOUR MENTAL EARPHONE

In a sense, the Telecult Power which you and I and everyone possess to "hear" what other people are thinking may be described as or compared with an earphone—a Mental Ear-

phone which you carry around with you. Once you have learned how to use this Earphone, you may use it to great personal advantage.

I will even show you how to make and use an actual earphone, one that you hold to your ear, that aids in this process. I even like to think of the pages of this book as channels of communication, like the bands on a radio dial, and I want you to do the same.

A TWO-WAY CONVERSATION FROM NEW YORK TO CALIFORNIA WITH THE AMAZING MENTAL EARPHONE

An acquaintance of mine, Samuel N., reports how he made use of this Mental Earphone in a scientifically controlled experiment, with a friend in California. At an appointed time, the experiment began.

Speaking aloud, and addressing his friend in California, he said: "Please take any book or magazine handy, tell me the name of it, and read a few words from it, at random, citing the exact page."

My friend states that a few moments later he was able to clearly hear the following reply: "I will read you a passage from page 5 of a book called *Modern Spiritualism.*'' He then read the passage.

By long-distance telephone, from New York to California, it was immediately found that all had happened exactly as my friend describes it. The man in California heard my friend s request, word for word. And my friend dictated the reply—

as he received it—onto a dictaphone, together with the exact hour and date, to preserve the evidence.

A STAGE COURSE IN MIND READING

During the course of the next few pages, you will learn many of the most treasured mind reading secrets of professional stage performers. Men who have accurately told perfect strangers personal facts about themselves, naming names, places, facts, figures and dates—who have accurately described the contents of sealed envelopes and locked steel safes, known only to others. These genuine mind reading demonstrations can be duplicated by anyone who knows how. And since *Telecult Power* shows you how, this book is, in a sense, a kind of stage course in mind reading.

Once you actually begin receiving the thoughts of others—unknown to them—you will be very excited, and you will never be satisfied to leave this book until you have become a perfect master at it

However, with this power comes great responsibility. You must never use your knowledge to hurt other people. For there is an unwritten Law of the Universe which says that whatever harm you cause others will be done unto you.

HOW I DISCOVERED THE MENTAL EARPHONE

To repeat, then, this is a power that you already possess, just like sight, hearing, taste, touch and smell. Unlike the others, however, it needs to be trained. Otherwise, it will only "help out" now and then, when you unconsciously do something to make it work. As a matter of fact, that's how I found out about the Mental Earphone. From time to time I would have little telepathic experiences—just as we all do—and as a sort of *hobby, I tried to recall just what I was doing when the experience* occurred.

Soon, I was actually able to bear what other people were thinking. At first these hearing impressions startled me, and I would take them for actual speech, until I realized that people don't usually say such things out loud.

In the beginning, of course, my experiences were far less dramatic. They were, in fact, quite ordinary. Here are some of them. See if you can guess the secret, which I will reveal immediately afterward.

MENTAL EARPHONE SAYS: "DO NOT BUY HOUSE!"

I was a boy of perhaps fifteen. My parents were in the market for a new house. After many long months of 'looking," we had finally settled on a "bargain." As the owners were discussing terms with my parents, a feeling of uneasiness crept over me. Something suddenly told me that the owner and his wife were pulling a fast one on us. As it later turned out, there was a boundary dispute which the owners were trying to conceal

MENTAL EARPHONE BRINGS GOOD JOB

Later, when I was in college and needed a job, the college placement office sent me to one of the most unusual job interviews I ever had. I seemed to know everything the man wanted to hear, and I said it—and got the job over five other applicants sitting in the waiting room.

MESSAGE TRAVELS 3,000 MILES!

Not long afterward, another event occurred which I can only attribute to telepathy. While having supper one evening, I remembered an event which happened when I was about six years old. And a name and face were immediately brought to mind. The following day, lo and behold, a letter came from this very individual

As I say, I made notes. After each thought-receiving experience I wrote down exactly what I had been doing at the time. After a while, when I compared these notes, I discovered one item that appeared every time. Here it is . . .

Relaxation. In the case of the house, I was relaxed and in good spirits when the feeling came over me. The job that I was applying for was one well suited to my abilities, and I was at ease during the interview. In the third example, I was enjoying supper when the "message" came.

In every instance, I was completely at ease. This, I have discovered, is the most important secret in receiving other people's thoughts. But I soon discovered that there was something about relaxation that I didn't know, because the next time I consciously tried to relax to receive another person's thoughts, nothing happened. What had gone wrong? After much experimentation, I discovered the phenomenon of Deep Relaxation.

Most people think that they can relax completely—as I thought—when actually they cannot. If you want to see if you can relax completely, try this experiment.

Retire to a quiet room, and try to blank out all conscious thought, looking steadily at some simple object directly in your line of vision.

Now close your eyes and try to visualize the object in your mind. If you can still see the object several seconds after your eyes are closed, it means you have relaxed completely. If the object fades from your mind, it means you are not relaxed, that your mind is being distracted by other sights, sounds or thoughts.

Most people's minds are like this, flitting from image to image, thought to thought. With the mind racing this way, it is not possible to receive other people's thoughts.

In Deep Relaxation, it's not that your thinking is different—

it's that it practically ceases. Being completely relaxed and detached, you become like a hollow tube through which the message flows.

Before I give you the technique of Deep Relaxation, let us consider for a moment what relaxation is *not.* In the first place, it is *not* play. Nor is it a change of pace or of occupation. A "change of pace" is merely substituting one form of activity for another. The mind keeps ticking away, the muscles remain at work.

Deep relaxation—relaxation as it should be—is the ability to blank out all thoughts, and to relax every muscle in your body. To be quite frank, if you want to be able to receive other people s thoughts at will, you need to be able to relax at will, so completely that you aren't even aware of the clothes on your body. Easy-does-it is the watchword here, for you are mud) more likely to achieve your goal if you don't try too hard.

STEP ONE

Until you have become so adept at Deep Relaxation that you can start it any time at will, your period of relaxation should be taken away from other people, in a room where you are alone, with the door closed. Choose a quiet place, so as not to be distracted. If you live in the city, you cannot avoid a certain amount of noise, but try to control what sounds you can, since conversation, the radio, the ticking of a clock can be most distracting.

Your clothes should be comfortable, too. In fact, the less you have on the better. Any tight-fitting garments should be loosened. But be sure there are no drafts in the room. It is impossible to relax while chilly.

The best position for Deep Relaxation is flat on your back on the floor, using a rug or folded blanket as a mattress. Otherwise, you should use a hard bed, preferably with a bed board.

A soft bed is bad because, as it sags, many of your muscles will tense up.

At first, you may not feel entirely comfortable like this. The floor or bed board will feel too hard, and you will find yourself tempted to shift positions. But this you must not do, for in order to relax muscle by muscle it is important to lie quite still. Just remember that any body movement, however slight, means a tensing of one or another group of muscles.

Once settled, take a few deep breaths. Draw your chest straight upward. Exhale slowly and relax. Repeat three or four times. Then allow yourself to breathe normally again.

STEP TWO

The next step is to get acquainted with the *feel* of your muscles so that you may better control them. To do this, start by stretching an arm or a leg. Stretch hard, making all the muscles along the way contract—and study what is happening. You will feel other muscles, far away, tensing up in sympathy. If you clench your fist, for example, you will feel muscles tensing all the way up your arm and into your shoulder. If you clench your toes, your thigh muscles will tense up, too. Repeat this process limb by limb, until you can instantly recognize tension anywhere in your body. You will need to be able to banish it at will.

STEP THREE

Now start the stretching all over again, but this time in slow motion, like a cat arching its back. Observe and note your sensations. Hold the pose until you are thoroughly aware of what is happening. Then, slowly, let go.

It is this letting-go process that is the actual mechanism of true relaxation.

For your dally practice, it has been found that the most effective way to relax is to begin at the top and work down. Relax the head first—let go the face muscles, the jaw muscles, the eyeballs, the lips, the tongue, the neck and so on—by tensing up and letting go. Fifteen minutes to a half-hour a day will do, at first. Later on reduce to ten-minute periods, or whenever your body feels ready to get back into action. Remember, however, never to get up hastily, or you will be undoing the benefits of this technique.

After a while relaxation will become a habit and you will no longer need to think of specific areas of the body. You will be able to relax at will, completely unnoticed, any time, any place.

HOW TO "TUNE OUT" WITH HYPERACUITY

Having learned how to keep the body subdued and the mind as free of thoughts as possible, it is necessary to sensitize the mind and body, to practice *recognizing* mental and physical impressions other than your own. For example . . .

One of the ways to develop the heightened sensitivity—called "hyperacuity"—needed for mind reading is through Contact Telepathy. Many years ago, when the Society for Psychical Research in London first began investigating mind reading, they discovered this method.

Contact Telepathy, as the name would imply, involves touching the person whose mind you want to read. If you use this method discreetly—after much practice—it is possible to pick up thoughts with unbelievable clarity.

THE SKIN AS AN ELECTRICAL CONDUCTOR OF SOUND

The reason is simple. Sound waves that are emitted from the body (visual impressions, too) are nowhere near strong enough to be heard without special preparation; Subvocalized

words, perhaps, but not thought-sounds (which are equivalent to radio signals before they reach your radio). A radio has condensers and other equipment to strengthen the weak radio waves it receives in the air and make them discernible.

By sensitizing the skin with Contact Telepathy, you get a similar effect. The surface area of your body (which also has millions of nerve ends or antennae) becomes extremely sensitive to the surrounding atmosphere, and to electrical impulses within this atmosphere.

RECEIVING THOUGHTS THROUGH TOUCH

It begins with muscle reading, and is the process whereby tiny muscle movements—and eventually actual thoughts—are detected by touching another person.

Contact Telepathy is basically quite easy. One system is for the demonstrator to grip the subject s wrist, right upon left, or vice versa. Another is for the demonstrator and the subject to lock arms, rather loosely, either left to right or vice versa. Still another way is for the mind reader to have contact with ***two*** subjects, each concentrating on the same thought, whose minds he will read. After some practice, it will no longer be necessary for you to follow these instructions exactly. Nor will it be necessary for you to have a willing subject on whom to practice.

You should eventually reach the point where the instant you touch someone on the shoulder, for example, you will receive his thoughts. Contact Telepathy is a fascinating pastime. One simple way for you to appreciate it is to try it yourself. Proceed as follows:

NUMBER ONE: FINDING HIDDEN OBJECTS

Ask a good friend to blindfold you with a handkerchief, or turn away from him. Then request him to hide something, such

as a knife, a paper weight or a pencil, in a well-concealed place within the room.

Now, after he has concealed-the thing, tell him: "One thing that is necessary for a successful demonstration is that you must first lend me your hand. The second is that you must keep your whole attention fixed upon the place where the knife is hidden, then upon the knife itself. I should be able to discover where it is hidden."

Then take hold of his right hand with your left hand and completely relax. Loosen all the muscles of your hand and be ready to observe even the least motion or vibration of his hand. In case you do not notice any such movements of his hand, suggest to him firmly: "Think! Keep your mind only on where the knife lies." Immediately, move a step forward. You do this to make the guide impart a vibratory motion unconsciously to your hand, which is a sure and sufficient clue to allow yourself to move along that direction. If you get no vibration, step back and move in an opposite direction, one step. The vibrations or muscular movements you will start to receive should be of two types. Either a pull back, which clearly indicates to you that the direction in which you were moving is wrong, or a noticeable 'leading on" of your hand—completely unconscious on the part of the other person. In either case, the muscular movement of your friend s hand is your key and leading instrument to the place where the knife is. Bear in mind that the more intense the concentration of *his* mind is on the knife, the more you are sure to succeed in finding it.

Now you will try to find a concealed pin. To make the experiment easier, it is better to have two guides instead of one. Request them to encircle your neck with their four hands so that the thumbs of the hands of each guide touch each other, and the little fingers of each hand touch each other. This way

you have the benefit of two concentrating minds, so you can receive plenty of impulses and nerve indications for a move.

Step by step, move as you are guided by the unconscious action of the guides. To help you relax, it is best to keep your eyes closed as much as possible. As you near the place where the object is hidden, you will receive a distinct impulse directing you to stop. It may then be possible for you to notice, by feeling a gentle downward pressure on your shoulders, whether you should stoop down to pick up the object. Your friends will be baffled and amazed. They will also be greatly impressed and will unconsciously aid you in further experiments.

> The real purpose of these experiments, however, is not to entertain—although it is entertaining—but rather to train your mind to pick up the tiniest sensations possible. In the tests just given, it was muscle movement—ever so slight. But it is a short jump from the perception of tiny muscle movement to receiving actual thoughts.

The tests for finding a concealed object (Number One) must be tried a number of times with various articles until you become a master at it, before proceeding to the following exercises.

NUMBER TWO: PICK THE BOOK

This is an advanced version of "finding a concealed object." In this case, no blindfold is needed, and the object is known in advance. It is a book, but the question is, which book? The test is worked in a room with a large or fair-sized bookcase. One volume is taken out and replaced during your absence by a friend (or while several friends look on).

When you come back into the room, ask your friend or friends to concentrate firmly on the book that has been chosen. Then take the hand of the one who picked the book in your absence.

Standing near the bookcase with this person, gently swing his hand back and forth, while running your free hand back and forth along a row of books. If you receive no impulse from your friend's hand, try the row of books above or below, until you are certain that you feel an impulse or vibration from his hand. (If you have touched the wrong shelf, you may even feel **a** slight upward or downward movement of your friend's hand —completely unconscious on his part, telling you which shelf to go to.)

When you receive a definite twitch or squeezing sensation from this persons hand, you will know that you are very close to touching the right book. Stop your hand as soon as you feel this "vibration." Now move your hand back and forth slightly along the books, right in the area where you receive a "muscle" impulse from your friend's hand (it is no longer necessary to move his hand back and forth; just hold it). Proceed very cautiously to do this, waiting for a slight impulse from his hand. When you receive this signal, stop. Your hand should be on the exact book he picked.

Another version of this experiment, slightly more difficult, is to ask your friend or friends to pick an actual page from the book—the first page of a chapter. Then, holding one persons hand, run your free hand down the list of chapters in the book's Table of Contents, pausing on each, until you get an impulse.

NOTE: Later, when you begin receiving actual thoughts, you will be able to have a friend select any word on any page in the entire book, and you will know it

NUMBER THREE: HOW TO "READ" A WORD ON SOMEONE'S MIND

Provide yourself with a blackboard or any blank writing surface. Take hold of your friends's right hand with your left, and tell him to think of a word or name. He must concentrate hard on this word or name.

Now, with the chalk, crayon or pencil in your right hand, mark down lines according to the movement of your friend's hand. These scribblings, after a while, should start to take on recognizable form. If you carefully feel for the slight movement of your friend's hand—and draw the shape of what you feel with your hand, you are sure to reproduce your friend's mental image or thought. Your friend, whose thought you are reading, will assist you without knowing he is doing so.

NUMBER FOUR: RECEIVING A COMPLETE THOUGHT

You should definitely wait before trying this, until you have become an absolute master at detecting slight muscle movement. When you had success with each of the steps just given —proceed to this one, test Number Four.

> This is the key step, the one where you begin to bridge the gap between receiving tiny muscle movement to receiving an actual thought. It is an extension of the first test—picking the object. It does not stop at that point, however. Instead, you must *do* something with the object—whatever the person whose mind you are reading decides for you to do.

For example, he might "will" you to pick up a box of candy, open it, and offer some to specific persons present.

You proceed as before, by making actual contact with the person whose mind you are reading. However, this time, *both of you* must be absolutely calm and relaxed. If you have any doubts about your friend, instruct him in how to relax, or find someone who has a naturally relaxed personality. (A tense, nervous or jittery mind does not radiate thought well, except for fractions of a second. If your friend is tense, you, as a beginner, may miss the message.)

Now close your eyes and request your friend to hold your hand and think of what he wants you to do. Make your mind a

blank and relax completely. Your friend, meanwhile, should be thinking of the first action he wants you to perform (for example: "Pick up the box of candy"). When you have received the thought, open your eyes and carry out the instruction. Then close your eyes and proceed as before, step by step, until you have completed each step.

As in earlier steps, you will sense a feeling of restraint in his hand if you start to do the wrong action; and you will get the "go-ahead" if you are right. *However, you should also start to get actual thought impressions (the words themselves that he is thinking, or a mental image of yourself doing such and such an action) quite independent of what you feel from your friends hand.*

This experiment should be tried many times, on many different occasions. Always remember: both you and your friend must relax completely. When the feeling or thought impression comes over you, endeavor to *prolong* it, not by concentrating on it, but by becoming more relaxed. You will be rewarded for your patience by the welcome flow of thoughts—actual thoughts—from your friend's mind.

Try to master this before going on to the next section, "Receiving Thoughts Through Space." Meanwhile, here is another interesting experiment you can try.

NUMBER FIVE: THE BLINDFOLD DRIVE

This was a favorite of Washington Irving Bishop, the famous mind reader of the 1880's. He would drive through the streets blindfolded, with a horse and carriage, to some destination known only to a subject—or transmitter—who was riding with him. In recent years, people have done the same with automobiles.

However, you can try this test for yourself in a perfectly safe manner. Suppose that you are taking a person somewhere in your car, and he knows the way but you don't. Instead of having

him tell you where to turn, how many blocks to go, and so on, have him rest his hand on your shoulder or arm and keep thinking ahead, step by step. Often you can pick up the impressions so perfectly that you can pull up in front of the exact house he has in mind.

This can be worked the other way around. With someone else driving the car and thinking of the route, you can sit beside him, resting your hand on his arm, and call the turns before he comes to them.

THE FIRST HINT THAT YOU HAVE BEEN SUCCESSFUL

Incredible as it may seem, soon you will be able to actually feel the pressure of a sound wave against your opened hands. To quote Frank R. Young: "When a sound wave of a frequency beyond that which you can hear easily, reaches (you), it will be felt by the skin of your hands and conveyed to your Sensations Recording Center. From there it will be automatically relayed to your cortex (your conscious and subconscious minds), and your cortex will instinctively command the muscles of your hands to react to the pressure against them by withdrawing suddenly, such as by jerking ever so slightly. . . . "

To test this, he recommends that you He awake at night and listen for the faintest sounds you can. He recommends that you relax and lie as quietly as possible. If you have been successful in developing your hyperacuity through Contact Telepathy and other methods recommended here, *then you will be able to "hear* sound with your muscles before there is a perceptible sound in your ear.*

"You will not hear the sound with your hand," he says, "but you will feel 'something coming on.' Your muscles will flex the slightest and thereby warn you of the sound even before your ears respond to the slightest inkling of it. You have given your

muscles 'ears/ The blind man develops this ability to an abnormal degree."

MENTAL EARPHONE REVEALS WOMAN'S SECRET THOUGHTS

In the preceding experiment, in the case of human thought, even if the impulse proves too faint to be heard by ear, and too weak to be heard with the Mental Earphone, it is still registered in that portion of your cortex known as the subconscious mind. This can be proven by what I call the Tele-Pen method —placing a pencil in your hand at the precise moment when you feel that "something coming on." It will record what you have unconsciously heard.

If you wish to read someone's mind, for example, you have merely to "tune in" by thinking of this person. Some years ago, an English journalist had an unusual experience of this nature.

One day, after a hectic day at work, he sat down to relax and began to think about a woman friend with whom he wished to dine. Wondering what her plans might be (these were the days before telephones were in common use) he decided to write her a note. Taking a pen and placing it on a sheet of paper, suddenly—to his utter disbelief—his hand began writing of its own accord! This was the message:

> I love you, my dear, from the first time I set eyes on you. Even though I've never said so, in as many words, and may have led you to believe, at times, that I was standoffish, you are always on my mind. You have a certain way about you . . . I think of you constantly. . . . Why don't you call me? Why can't you *hear* me? I'm at my sisters house in Brighton . . . *Brighton.* Please try to remember.

He was flabbergasted at what he had just written. What could have come over him? Was it fanciful thinking or a true psychic experience of some sort? He wrote his friend a hasty

note, asking if she had been thinking of him as lie had of he* that particular evening and would she care to dine with him.

Her reply, arriving in record time, expressed amazement at the coincidence, and said that yes, she had been thinking of him and recalling how pleasant their previous date had been . . . although she gave no hint of her true thoughts. She accepted the invitation, stating that she might be free the following Saturday.

RECEIVING THOUGHTS THROUGH SPACE

As was mentioned earlier, sounds can be uttered in the form of subvocalization; that is, murmured under the breath, often without opening the mouth, but simply by moving the teeth and the tongue inside and pretending, with air that passes up and out through the nose, to be speaking. As a matter of fact, many physiologists insist that this is the way most people think most of the time, even when they dont realize it

Strange as it may seem, the murmured speech behind closed lips can be understood. But before this can happen, the actual hearing faculty must be sharpened. One method is to proceed as follows:

Exercise 1. Strain your ears to detect the individual sounds creeping through the chaos of jabber from a group of people. At first, you will catch only a syllable or two, or a word now and then. Distinctness will precede magnification. Slowly the individual sounds from the group will grow steadily more intense to you, as well as more distinct

Exercise 2. Turn your radio or television set very low and listen to every word coming from it Half a minute later turn it still lower and listen to it again. Continue until you can hardly hear it and concentrate on the faint words.

Exercise 3. When you are in bed, try to hear the faint breathing of someone asleep in another room, the rumble of a vehicle several blocks away, a distant bird, insect or animal.

Exercise 4. Listen to a clock or a wrist watch. Then move farther and farther away until you can hardly hear it. Now force yourself to hear it just as loudly as you did before.

Exercise 5. Plug your ears with hard-packed pellets of cotton a little bigger than the opening of vour ear, and repeat each of the preceding exercises.

Remember, receiving thoughts is something that anyone can do, who is willing to try. However, it is only practice that makes perfect. You must not hurry over the practice in an effort to become a master of both time and space within a day. Easy tests should be tried at first, then gradually more difficult ones. The secret of success is always enthusiasm and earnest expectation. If you fail in the beginning, do not be discouraged, but keep at it until you get good results.

POWERFUL SECRETS OF MIND READING REVEALED!

Now, from the perception of subvocalized sound, you may proceed to the actual reception of thought from another mind, with no physical contact. Thought will pass direcdy from this person s mind into your own.

To begin with, observe these rules:

1. Remember that a calm, not-too-anxious mind functions best. Use Deep Relaxation for this purpose. Do not clench your fists or grind your teeth. Relax, completely and deeply, make your mind a blank, ready to receive any impression.
2. Enlist the aid of a friend or friends who are likewise relaxed and patient. It would be advantageous if these are the friends with whom you practiced Contact Telepathy.

Now I shall give you some powerful secrets of Mind Reading. Use them and you will succeed beyond your wildest dreams.

First of all, as a general rule, when reading the mind of a good

acquaintance, try to think of all the qualities which he or she possesses. If you are standing face to face with the person, look at this person intently, from time to time, without making him feel uncomfortable. Try to get the "feel" of this person s personality, how he walks, talks and moves, his likes and dislikes, his temperament, how he reacts to different situations, what he's likely to be thinking about at this moment. Finally, when you are completely "attuned" to this person, relax, and you will find to your amazement *that the thoughts come*. To test the accuracy of the thoughts you receive, simply repeat them and your friend will exclaim: "That's right! That's exactly what I was thinking! Why, you must be telepathic!" Even a beginner can get such results.

Secondly, when attempting to read anyone's mind, always wait for those times when he or she seems most relaxed and "at ease with the world." If the person is smiling or humming to himself, *that* is a good time to start mind reading. If you happen to be speaking to this person and he seems contented or in a good mood, that, too, is a good time to read his thoughts. Similarly, you will find that the thoughts of others come to you with greatest clarity at those times when both you and the other person are in a good mood.

If possible, try to avoid reading the mind of someone who is troubled or upset, until your Telecult power has strengthened considerably from great use.

BEADING YOUR FRIEND'S MIND AT A DISTANCE

There are also some tricks you can use when practicing long-distance telepathy with a friend. If you are a beginner (assuming you want things as easy as possible), plan to practice in the early morning, late afternoon, or at night.

The atmosphere around you is clearest at these times, free of radio waves that might interfere, as well as sunspot ions. You should especially practice receiving at dawn or earlier,

since everyone's mind, including your own, is most relaxed at that time.

To practice, have your friend send you a brief message at this time (he may even be in another city). The message should be brief, but ask your friend to concentrate on it for at least a half-hour, without letup, willing that you will understand what it is. A good idea would be for your friend to have the message written out (printed) and to concentrate on it

In order to tune in on this person, however, it will be necessary—in the beginning—to have a good idea of his or her physical surroundings. If possible, visit the place where he will be, and show this person your surroundings. Exchange photographs or pencil sketches of the rooms you will use. Memorize these pictures. Tell your friend to trace the two points between your homes with his finger on a map, and you do likewise. This process is somewhat like directing an antenna onto the right beam. Indeed, physiologists picture the brain as bearing near its outer surface billions of tiny nerve ends aimed as if they were aerials for directional radio.

A "HOMEMADE" ANTENNA THAT PICKS UP THOUGHTS

At the appointed hour, you should be holding—in your hand or elsewhere against bare skin—some bit of material which has been in close contact with the other party. (In the Polynesian Islands, those who wish to send or receive a telepathic message often try to obtain clippings of the person's hair or fingernails.)

> Such a "homemade" antenna constitutes an actual link between minds across space, since all objects and creatures in existence emit radiations—tiny electrical currents that vibrate at the same rate as the object from which they arise. When you hold such an object, belonging to another person, against your body, you become more strongly attuned to his radiation—or "radio"—frequency.

At the De La Wait Laboratories, Oxford, England, scientists have discovered, for example, that if a photograph is taken of an object, the photographic emulsion—or film—will be saturated with the same radiations as the object, and will continue to give off these radiations for some time afterwards. More startling still, these radiations seem to constitute an invisible channel between the object and the photograph, *linking* the two. For when the vibrations of various foods, such as water and minerals, are reproduced in an oscillator and beamed *at the photograph in the laboratory,* the plant is nourished without food!

This secret, called "psychometry," may be used also in *sending* messages, since it helps constitute an actual telephone link between two people. But for now we are concerned with *receiving* other people's thoughts.

For your experiments, any small objects will do, such as a ring, a pin, an earring, or some trinket, a watch, a hairpin, keys, pen or pencil, a glove, tie or handkerchief—anything, as long as it has been in frequent or prolonged contact with the owner's body, or is an object at which he gazes frequently (such as some bauble or knickknack on a desk). Try to select objects belonging to your friend which have not been touched by anyone else

While awaiting your friend's message, hold your hand against the object that belongs to him, or press your finger or palm against it. An object such as a watch, or a bracelet that fits snugly, may be fastened to your wrist. (It would be helpful, if you don't mind revealing this secret, if he were doing the same with an object belonging to you.) This will link your two personalities, by means of their radiation frequencies, across space. If, at any time, you should have trouble, ask yourself, "Am I trying too hard?" And if you are, try to forget the object of this experiment and relax.

Do not practice receiving while lying down or tired, lest you drowse. If you feel you may be tired at the appointed time,

allow yourself a few minutes beforehand to have a cup of coffee. (Research lias shown that the caffeine present in coffee and cola often helps in telepathic communication.) Keep your eyes closed most of the time, and put yourself in a relaxed and passive attitude. (In the course of your experiments, it would be helpful, too, if you experiment with various objects.)

HOW TO CONSTRUCT A MENTAL EARPHONE
(Or Tele-Receiver)

Here is another powerful secret which you may use if you wish to read your friend's mind at a distance. It is a Mental Earphone or Tele-Receiver that will help draw his thoughts to you. Hie main principle of the Tele-Receiver is that it helps your "inner ear" concentrate by removing all outside distractions.

There are several ways to make or use such an earphone, ranging from a simple use of your hand to an actual earphone (such as the kind used to monitor telephone conversations).

The first of these methods requires complete silence and involves the use of your hand. Cup your hand to your ear, resting the edge or base of your palm against your cheek or jaw. Keep your thumb away from you. Rest your fingers above your ear, against the side of your head. Arch the body of your hand so that it never touches your ear.

Tilt your head slightly in the direction in which you are listening. Now think of the person whose mind you are trying to read. Picture him as situated wherever he is likely to be. Try to get the "feel" of this person's personality, as mentioned before: how he walks and talks, his likes and dislikes, his temperament, how he reacts to different situations, what he's likely to be thinking about at this moment.

The purpose of your hand is to increase the flow of electricity to your brain. As was stated earlier, your body is filled with electricity, which may be channeled to and from the body, or

to any part of the body desired. Electricity, for example, is created by the friction of your blood running through arteries and veins. The electricity so generated can be channeled, through your fingers, to enter whatever is touched.

By concentrating on your friend's voice, for example, a thought current is set up in your brain. It is of exactly the same wave length and frequency as the thought in your friend's mind. By placing your hand to your ear, near the auditory nerve, you sensitize and increase the power of your "inner ear" to "hear" this wave frequency, which is then translated into the actual thoughts of the person whose mind you are reading.

The thought currents emanating from your friend's mind, wherever he is, might be compared to the ripple set off by a pebble thrown into water, making larger and larger circles. That is what radio waves look like, and it is no more remarkable that you should be able to pick up your friend's thought waves, out of thousand of others, than it is for your radio to pick up one station out of thousands and thousands that are sending radio signals into the atmosphere.

More important than anything I could say describing this technique is the simple fact that it works. But it requires *concentration*—the concentration of your "inner mind."

Another way to achieve such concentration is to "lull" your outer ear into a sort of slumber or light trance, walling out outside noises and distractions. This enables the inner ear to concentrate and attune itself to the thoughts of the person whose mind you wish to read. (The trance, by the way, can be broken at any time, simply by shifting your eyes or moving your body in someway.)

To do this, the outer ear is deliberately fixed on, or fascinated by some steady sound or beat, such as the sound of boiling water, steam, or a running faucet.

An actual Mental Earphone may be used for this purpose, any object or instrument that will make a steady droning or humming sound.

Any hollow object that you can hold to your ear will do, such as a seashell, a paper cup, an ordinary drinking glass, teacup, or round, bowl-shaped ashtray. A piece of hollow rubber tubing would be excellent A somewhat fainter sound may be obtained by holding one or both hands to your ears.

As you can see, no wires, batteries, or motors are necessary. To produce the steady "hollow" sound, the object should have some indentations (such as an ashtray) or ruffles (such as **a** seashell), or be held lightly to the ear (glass or cup). (The end of **a** tube that is open at both ends should be held as firmly as possible to the ear.)

If you wish, you may use a more sophisticated instrument that produces a droning sound. Some radios and TVs, as well as tape recorders and some walkie-talkies, purr or hum between stations or when the motor is just running. Many of these come equipped with earphones the size of a hearing aid or larger with which this sound may also be heard.

Other items that may be used to produce a droning sound are an electric shaver; a wall or table fan; a small hand-held battery-powered fan; a kitchen blender or mixer (with blades removed); a wristwatch that ticks steadily, or a kitchen wall clock whose electric motor may be heard humming.

When you find yourself comfortably concentrating on this sound, you will be able to shift your "inner mind" to the contemplation of your friend, as described before. His or her thoughts should soon come to you with unmistakable clarity.

OVERHEARS CONVERSATION WITH MENTAL EARPHONE

In his book, *Enigmas of Psychical Research* James Hyslop reports the following experience of a beginner with the Mental Earphone:

"Miss G. F. had been experimenting with a friend for telepathy. Some time after he had left, she picked up her shell and held it to her ear. The conversation which they had had at the experiments was repeated in an aural hallucination, and in the midst of it came the . . . words: 'Are you a vegetarian, then?' Miss G. F. at once wrote to her friend, stating the facts, and asked him if he was responsible for this (fragmentary message). He replied that about fifteen minutes after he had left her he met a friend who made some allusions to a vegetarian restaurant, and that he, Miss G. F.'s friend, had interrupted him with the question: 'Are you a vegetarian, then?'"

THE AMAZING POWER YOU NOW POSSESS

When you have followed the steps outlined for you in this book, you will be in a position of great advantage over others. With the Mental Earphone, for example, you will find that you can actually hear the unspoken thoughts of any person who happens to be standing near you, and that you can even tune in on these people at a distance of many miles, if you so choose.

> You may find yourself standing next to someone in the supermarket, for example, looking at his silent, smiling face—and *hear* him dunking about what a fine day it is, how he would like to go bowling, or any number of things. At first, you may catch just a word, or several words. But as your Telecult Power develops, you will find that you can easily "read" complete thoughts.

Used wisely, this power can aid you enormously. Ever wonder, for example, when making an important purchase, such as a house, a car, or expensive furnishings, whether you were being cheated, overcharged, or stuck with a lemon? Mind Reading can be your insurance against being taken advantage of.

The Mental Earphone has helped countless young people

find and marry their perfect mates. Young women find it a help in judging their boy friends (and the opposite is also true).

In one instance, the Mental Earphone revealed the culprits in an office plot to the man who was being victimized by their scheming. In another case, the Mental Earphone revealed the exact location of a child who was locked in a department store after closing time by accident, and who was pleading for help.

Your Mental Earphone can reveal business plans and opportunities long before they are announced. Many a low-paid worker has risen to wealth simply by "tuning in" on the minds of his bosses and superiors with Telecult Power. Taking an example from my own personal experience, I was able to double my salary and get rapid promotions with practically no effort at all, simply by tuning in on my bosses' minds, finding out what needed to be done—as well as ***how*** to do it—long before anything was mentioned. In this maimer, it ***seemed*** that I was smarter and harder working than those around me, when actually I was not. And so I was praised and rewarded.

HOW TO MAKE MONEY EASILY WITH YOUR MENTAL EARPHONE

I know real estate salesmen, department store clerks, gas station attendants, even Fuller-Brush men who have doubled, tripled and quadrupled their salaries—and in some instances, have even become partners with their bosses, or have eventually taken over the business—with this Mental Earphone.

I know many small shopkeepers, for example, who, by using this power to "tune in" on the minds of customers, have been able to stock up on fast-moving products and sell them at a great rate; who, by reading people's minds, have been able to find out what they like to talk about, what moods they are in, so that these people come back time after time—*and bring their friends*—simply because they like these shopkeepers, who always seem to know how to please them. As a result, what was

a small, hole-in-the-wall, shoestring operation, rapidly blossomed into a large, thriving business—in every single case.

YOUR POT OF GOLD

Even more startling, it is possible for anyone, using the Mental Earphone, to "tune in" on the Mass Mind (the minds of thousands of people at once), through Deep Relaxation, to discover gold-mine opportunities: single, small desires—such as a way of saving time or money when shopping, a desire for a new fad which is rising up in people's minds (like the comeback of an old style of clothing or entertainment, or a status symbol that is striking many people's fancy)—and many other desires which, if shared by enough people, need only be offered to them by *you* to make you a fortune.

To tap the Mass Mind for such information, all you need do is follow the procedure for Deep Relaxation given in this chapter, *witting* beforehand that your mind will be attuned to the general desires of the mass of humanity around you. The strongest impressions you receive, those that arise time and again during your Deep Relaxation sessions, are the ones that will be the news of tomorrow! Money-making ideas that you can cash in on *now* by planning your strategy, by finding a way to provide the product or service cheaply, by stocking up on an item (if it is already in existence) *now,* while you may still do so cheaply before there is a run on the market for it!

HOW TO MAKE MONEY WITHOUT WORKING

Fortunes have been made on the stock market with this technique. You might discover a mass desire, for example, like the "sudden" rush to buy compact cars a few years ago; then buy stock in a car company while the price is low. I know a man who regularly makes thousands of dollars a week this way, without lifting a finger! Another who built a retirement fund

of $500,000 in just a few years. And still another, a man in his sixties, who made $9,000 in three months, using this technique. Yet every one of these people—and many more, including housewives, retirees and pthers who have made money by leaps and bounds with Telecult Power—swears that he does not know a single thing about "high finance"!

But that's the least of it! For by tapping the Mass Mind, as shown in this chapter, the *entire plan* for a fabulous new money-making idea may be layed out before you!

A striking example of this is the early automobile. Did Henry Ford actually conceive of the notion of a cheap, horseless carriage and a way to mass produce it all by himself? Or did he, in fact, simply tap the Mass Mind through Telecult Power? Many think he did, for at the time several prominent inventors were working on the same idea in strictest secrecy.

HOW THE MENTAL EABPHONE CAN HELP SMOOTH OVER PERSONAL PROBLEMS

What else can Mind Reading do for you? Last but not least, it can help you in your personal life. For example, say you have a troubled friend or neighbor: by reading his mind, you will know the nature of his problems and be able to exercise sympathy and understanding. What might otherwise have appeared to be rudeness or thoughtlessness on this person's part, you will then understand to be deep thought. You will understand why, perhaps, he forgot to say good morning, was curt or grufE with you, and you will not be offended.

The Mental Earphone can also help you understand a wife, a husband, a son or daughter better. Teenagers, especially, will benefit by your understanding at a time in their lives when they are apt to feel lonely and confused and have a hard time expressing themselves openly. It can help you mend a troubled marriage, strengthen and unite all family ties.

With the passage of time, your Mental Earphone will cease to be a novelty and become a very handy tool that you can use to good advantage, one that you can "turn on or off" at will. But in order to keep this power, it is necessary to use it.

Keep practicing, every chance you get: at the supermarket, the gas station, at work, or during lunchtime. Use it without shame, for it is a God-given power that was meant to help us, not hurt us—to help us live more easily. And it is a power that money cannot buy, simply because you already possess it.

SUMMARY:

1. Thoughts do not need to be spoken in order to be heard.
2. Sound can be sent out in the form of subvocalization (slight vibrations of the throat, altered by movements of the tongue), which can be picked up by a psychic or sensitive person.
3. Sound can also be produced by the human mind itself—sound in its embryo stage—and transmitted via the auditory nerve to the atmosphere around us.
4 You can prove that the human mind can produce sound, merely by listening to your own thoughts. In this case, your ear receives sound from inside rather than outside.
5. Scientists have proven that the human mind can produce sound. They have found that spoken words and other sounds are *faithfully reproduced* when electrodes are placed upon the auditory nerve and connected with a telephone receiver or loud speaker.
6. Your cerebral equipment is amazingly like that of early radio sets. The entire surface of the brain is covered with hairy filaments called dendrites—which seem to have evolved purposely to furnish fine conducting filaments like those of early radio sets. The end point of each of these "hairs" is as susceptible as a lightning rod to all electrical charges near it

7. The sound issuing from the sender does not have to be audible. It can be many decibels above human hearing, like radio waves before they reach your radio set.
8. Genuine mind-reading demonstrations can be duplicated by anyone who knows how. Since this book shows you how, it is, in a sense, a kind of stage course in mind reading.
9. In a sense, the power which you and I and everyone possess to "hear" what other people are thinking may be described as or compared with an earphone—a Mental Earphone which you can carry around with you. Once you have learned how to use this Earphone, you may use it to great personal advantage.
10. To use your Mental Earphone, it is necessary to practice Deep Relaxation. In Deep Relaxation, it's not that your thinking is different—it's that it practically ceases. Being completely relaxed and detached, you become like a hollow tube through which the message flows.
11. To practice Deep Relaxation, follow the three steps given in this chapter.
12. Having learned how to keep the body subdued and the mind as free of thoughts as possible, it is necessary to sensitize the mind and body, to practice recognizing mental and physical impressions other than your own. One of the ways to develop this heightened sensitivity is through Contact Telepathy.
13. Another method is to practice the perception of subvocalized sound, explained in the section on "Receiving Thoughts Through Space."
14. In reading the mind of a friend, as a general rule, try to think of all the qualities which he or she possesses.
15. If you are standing face to face with the person, look at this person intently, from time to time, without making him feel uncomfortable. Try to get the "feel" of this person's personality, how he walks, talks and moves, his likes and dislikes, his temperament. Finally, when you are completely

"attuned" to this person, relax, and you will find, to your amazement *that the thoughts come.*

16. Secondly, when attempting to read anyone's mind, always wait for those times when he or she seems most relaxed and "at ease with the world." (You will find that the thoughts of others come to you with greatest clarity at those times when both you and the other person are in a good mood.)
17. When practicing long-distance telepathy, if you are a beginner, plan to practice in the early morning, late afternoon, or at night. The atmosphere around you is clearest at these times, free of radio waves and sunspot ions that might interfere.
18. You should especially practice receiving thoughts at dawn or earlier, since everyone's mind, including your own, is most relaxed at that time.
19. If you can manage, obtain some bit of material which has been in close contact with the person whose mind you wish to read. Such an object constitutes an actual link between minds across space, like a "homemade" antenna that picks up thoughts.
20. Do not practice receiving while lying down or tired, lest you drowse. If you feel you may be tired at the appointed time, allow yourself a few minutes beforehand to have a cup of coffee. (Research has shown that the caffeine present in coffee and cola often helps in telepathic communication.)
21. When you have followed the steps outlined for you in this chapter, you will be in a position of great advantage in dealings with others. Mind Reading and the Mental Earphone will be your insurance against being taken advantage of. It can reveal business plans and opportunities long before they are announced, giving you an opportunity to "get in on the ground floor." And it can help you smooth over personal affairs.

YOUR PSYCHIC TELE-VIEWER!

How to See Beyond Walls

and to Great Distances

1 looked in my crystal and saw Mr. B. . . . hunting for a paper in the drawers of a writing table. He used a particular pen, which I described, and with his hands ruffled his hair till it stood up in a land of halo. A lady came in and pointed to his hair and laughed. All this was found to be correct He had been looking for a paper which he wanted to send by post And his sister (whom I had never seen, and did not know she lived with him) had entered the room and pointed, laughing, to his hair, just as I had seen."—Mrs. Goodrich-Freer, in *Enigmas of Psychical Research,* by James Hyslop (Herbert B. Turner & Co., Boston, Mass., 1906).

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This is Telecult Vision. It includes all psychic visual experiences beyond the range of normal sight, including clairvoyance (the power to see over great distances), x ray vision (the power to see through barriers, such as locked steel boxes, solid brick walls, and sealed envelopes), and thought transference (the power to see what another person is thinking or seeing).

It may surprise you to learn that you have already covered some of the steps necessary to enjoy this power, if you have read (and practiced) the steps in the preceding section on Telecult Hearing. The main feature that both of these techniques have in common is that a mental impression (in this case, visual) is received.

For example, one of the techniques of Telecult Hearing—receiving thoughts through touch—can also transmit visual impressions. As an illustration of this, Peter Hurkos says: "When I shake hands with a stranger, I know immediately his character, his private life, even the house in which he lives. I receive a series of images like those thrown on a screen by a film projector."

THE HIDDEN ANTENNAE THAT YOU WERE BORN WITH AND THE HUMAN TELEVISION SCREEN

la normally sighted people (whether they wear glasses or not) it is the optic nerves that contribute in large measure to the phenomenon of Telecult Vision.

Each optic nerve is not just a nerve, but rather like a horn or antenna that extends from your brain to your eyes. (See Figure A.) It consists of gathered nerve fibers from different parts of your brain. And your retina (back of the eye) to which your optic nerve leads, is unlike any other sense organ. According to the best known anatomists, it is almost exactly like a television screen. (See Figure B.)

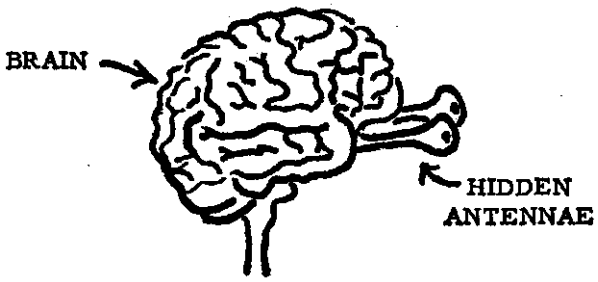

Figure A.

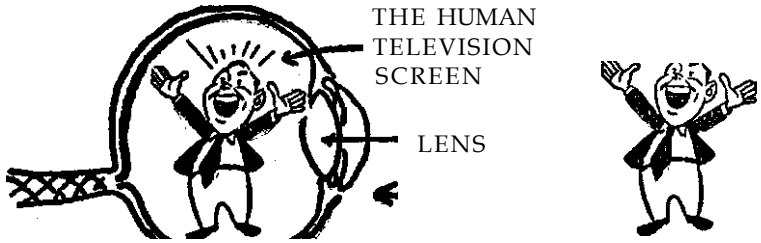

Figure B.

HOW VISUAL IMPRESSIONS ARE RECEIVED ASTRALLY

Some of the fibers of your optic nerves lead from your eyes directly into your brain. This enables you to see. But *some* of these fibers lead from your brain to your eyes, permitting you to *project* thought-forms or mental pictures to your eyes, as in dreaming or daydreaming.

In thought transference, these pictures leave your eyes in the form of nerve electricity, which is nothing but heat. These heat waves are then projected (like a thousand pictures on a strip of film) into the electron atmosphere around us.

They are received by another person in the very form in which they were created; that is, in the form of heat waves. As these heat waves touch the retina (the back of the eye), they are converted into nerve electricity and sent to the visual center of your brain, where they are seen.

THE AMAZING PSYCHIC TELE-VIEWER

With thought transference, actual sights and sounds may be picked up (Telecult Vision and Telecult Hearing) if the person happens to be concentrating on them. In this case, his eyes and ears act somewhat like a television camera that picks up and transmits sight and sound to your television set—your mental television set, or Psychic Tele-Viewer.

And when you "tune in" on someone, you see what he sees, hear what he hears—be it a letter, a picture, some physical object or scene before him (as in a game of cards). It is best to exercise great discretion, if you should find yourself receiving such transmissions, as they may be of a personal nature. When this happens, it is best to "tune off," merely by thinking of something else, directing your attention elsewhere. If you do not, then the next time you meet him you are apt to "slip" and mention something you have "seen" or "heard." This may greatly annoy him, and may even cost you his friendship. But, as I say, if you do not abuse this power, you will not be abused by it.

HOW TO TUNE THE PICTURE ON YOUR PSYCHIC TELE-VIEWER

In Telecult Vision, the actual mental picture of what another person is thinking is received by you. Since most people think in a combination of words and pictures, often the mental picture you receive will include initials, written words, or numerals, like captions on a television picture.

These "psychic" picture captions usually include such infor-

mation as names of people and places, birth dates, and ages of people involved. These are written, generally, in no particular order across the screen of your mind.

Figure C.

To practice tuning in on people's thoughts, proceed as follows:

STEP ONE

Look up, close your eyes, and stare at the patterns you see (called *hypnogogic images,* or "pictures" on the back of the eyelids). If you see nothing, shut your eyes as tightly as you can for as long as possible and study the patterns before you. Like a child watching a cloud formation, use your imagination to decide what it is and what it may mean. Form your thoughts into words, preferably spoken aloud, and as you

vocalize them, your image will tend to focus itself and confirm the accuracy of your speculation.

STEP TWO

Soon you will find yourself sliding into a kind of dream-like reverie, during which the mind may be focused on any person, place or event desired. This is light self-hypnosis that can be shaken off quite easily with any sudden movement of the body.

In this state, you are vaguely aware of such things as street sounds, a dripping faucet perhaps, the ticking of a clock, but they do not bother you. Afterwards, you will feel more completely relaxed and invigorated than if you had just had eight hours of sleep (which is why some people call it "Quick-sleep"). What you are really doing, however, is awakening Telecult Vision.

STEP THREE

It is now that your Third Eye—or mind's eye—may be focused on that which you wish to see. When this happens, think of the person whose mind you wish to read. Picture him as situated wherever he is likely to be—seated at his desk at the office, or at home in his living room watching television, or doing some chore. Focus your attention on him or her.

It is now possible to determine your friend's thinking on any given matter. Relax deeply, with your eyes closed, allowing your mind to fix—if you feel the need of focusing your attention on something—on the mental image of your friend in his surroundings.

STEP FOUR

If it is possible for you to obtain a fresh or recent photograph of your friend in home or office, it is permissible to refresh your

memory every now and then by glancing at it, and then closing your eyes.

In view of the radiation qualities of such a photograph (see preceding chapter), it is best to hold it in your hand at all times during the experiment. The fresher and more recent the photograph, the better, which is why I recommend that you take or use a Polaroid shot.

If you have no such photograph, but still wish to enhance your chances of contact, use some other simple object that has been in close contact with your friend's body (and preferably no one else's), or some object that he or she looks at frequently.

STEP FIVE

Perhaps most important of all, make every effort to pick a time when you feel your friend is probably most relaxed or in a good mood. From a distance, of course, it is not always possible for you to be absolutely certain of this. Nevertheless, there are many ways for you to determine his or her probable mood; a telephone conversation at some point during the day, perhaps, or the mood of the person when last you saw him (at work, for example).

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The purpose of this technique is to attune you to another person's mind at a distance. Frequent practice will reveal many facts about this person to you. Once you have succeeded in actually "reading" someone's mind, it will be much easier for you to pick up his or her thoughts in the future, no matter where you are, no matter how great the distance that separates you—though it be across a room, a city, or a continent—even through walls and actual physical barriers.

NOTE: If you should receive a hearing impression instead of

a mental picture, this is good too, although it is not exactly what we are looking for at this stage. Ideally, you should receive both sight and sound. One should never strive too hard, however. If you receive one kind of impression consistently, accept it gratefully and leave it at that.

HE READS MINDS WITH A PSYCHIC TELE-VIEWER

As an example of how the Psychic Tele-Viewier works in actual practice, Arthur H., a carpenter by trade, who uses it as a hobby, recently reported how he used it to read the mind of a complete stranger. With this method, he "saw" that the man had certain photographs concealed in his wallet, which he was able to describe in complete detail. He "read" a letter which was tucked inside the strangers pocket, tastefully omitting some intimate details, to the genuine amusement of interested onlookers.

And he described many other names, places, dates and events —in exact detail—all of which proved to be true.

HOW TO MAKE AND USE A PSYCHIC TELE-VIEWER (Tele-Photo Transmitter)

Here is a method recommended by L. W. de Laurence, in his book, *India's Hood Unveiled* to increase the power of Telecult Vision.

Get a small quantity of printing ink—say five drops—mix it well with two drops of turpentine; then put the paste on a piece of glass (a mirror will do), or on a green leaf (maple leaf preferred), making a circle about one-eighth of an inch wide.

Take this device into a quiet room; light a single lamp of low voltage; keep it on a raised level on the northern side of your seat, so that the reflection may come from the north.

Keep the leaf with the circle of paste in its middle in your left palm and hold it within a distance of one to two feet from the lamp, so that a distinct ray of light may fall on the paste. Hien attain a state of passivity by relaxing your mind and body and gaze intently at the reflection created on the paste.

After a short time, small luminous circles will appear and gradually develop into bigger ones; some shape or figure will burst in. If you continue to look at it, these forms will take a definite course. By continuous practice, past and present events will be clearly depicted and enacted before you. When you attain this state at will, command any scene or scenes which might have occurred in the past or may occur in the future to appear. "By the aid of this (method) hidden treasure, lost property, murders, crimes, robberies, etc., can be easily discovered," says Dr. de Laurence.

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It should be noted, by the way, that in all the steps given thus far, mental impressions ("sights" and "sounds") were received from another person's mind. In many of the steps that follow, the same will be true. Indeed, most of the Extra Sensory Perception that is employed by those who know how to use it makes use of other people's minds—even people who are not known to the receiver, since the higher mind eventually develops to the point where it is sensitized to all minds, everywhere (the Mass Mind, mentioned in the preceding chapter).

Thus, if you are able to "see" something in someone's pocket —called x ray vision—what you may really be doing is reading the mind of the person, who obviously knows what's in his pocket Similarly, if you are able to see or hear clearly (clairvoyance) what is going on in another room or another city, what you may really be doing is using the minds of those pres-

ent as though they were television cameras (or microphones) transmitting to you.

But it is important for you to realize that Telecult Power need not stop with the use of other people's minds. You have a third or inner eye, capable of perceiving visual impressions , directly. No one need send these pictures to you for the simple reason that all objects constantly send out radiations (vibrating, electromagnetically charged particles) in their exact shape. (See Figure D.)

Figure D.

These vibrating particles are actually electrons (the tiniest element known). Everything that exists consists of electrons, which tend to group together with varying density. The denser (or thicker) they get, the more visible they become. For example, everyone knows that a rock or a door appears to be solid, but scientists know that they are just masses of vibrating electrons. These electrons set other particles nearby in motion, and an electrical image of the rock is formed—in fact, many images of the rock are formed, radiating in all directions. (These images remain in the air after the original object is destroyed, which is why Ted Serios can record on film his perception of buildings he has never seen which were torn down long ago.)

PSYCHIC TELE-VIEWER LOCATES LARGE SUM OF MONEY

In his book *Modern Spiritualism* Frank Podmore narrates **a** well-supported ease in which Telecult Vision was used like a compass to find the sum of "650 pounds of money" that had disappeared. An empty envelope which had contained the money was put into the clairvoyant's hand. (As you'll recall, in Telecult Power #1, such an object acts as a kind of invisible link between itself and anything that has been near it.) The clairvoyant soon saw that the two bank notes and a bill of exchange had been handed in at a bank and that they would be found in an envelope with other papers, in an inner room at the bank. These documents *were* subsequently found amongst some old papers on the mantelpiece in the manager's private room!

PSYCHIC TELE-VIEWER FINDS JEWELED BROOCH

In his book, *My Occult Diary,* Cornelius Tabori tells how Telecult Vision was used, again like a compass, to find a jewel which had been lost by a Mrs. Kalman. Since Telecult Vision is a power that can be used by anyone who *believes* absolutely and completely in its existence, and since hypnotism is a state ©f heightened suggestibility, a young man was hypnotized for the purpose of finding this jewel. He was "sent back" to the time and place where Mrs. Kalman had been shortly before her loss. In this state, the young man described how Mrs. Kalman had inadvertently knocked the brooch off while brushing away a fly, how it had been picked up by a dachshund and buried in the garden of the house where it had been lost. By means of this information, the jewel was recovered three days later.

PSYCHIC TELE-VIEWER REVEALS DANGER

The literature is full of cases of hypnotically induced mental powers. In the famous Janet-Gibert experiments, a subject, Madame B., was hypnotized and sent on a "travelling clairvoyance" from Le Havre to Prof. Richet s house in Paris. (Her physical body, of course, remained in Le Havre.) When she claimed to be there she cried out in great agitation: "It is burning! It is burning!" The next day it was found that Prof. Richet's laboratory had in fact been damaged by fire.

PSYCHIC TELE-VIEWER REVEALS WHAT HER FATHER IS READING—SEVERAL HUNDRED MILES AWAY

The well-known Swedish psychotherapist and psychic researcher, John Bjorkhem made similar experiments. In one of them, he "sent" a Lapp girl to describe the scene in her home several hundred miles away. She was able to tell Bjorkhem exactly what her parents were doing, and even what paragraph in the paper her father was reading. This was verified immediately by telephone.

PSYCHIC TELE-VIEWER REVEALS DIPLOMATS SECRET

In A *Hypnotist's Case Book* Alexander Erskine describes how the hypnotized son of a diplomat was able to tell him exactly where his (the boy's) father was, to whom he was speaking, and what their conversation was about. The young man's father bound Erskine never to repeat the experiment.

EVEN THE BLIND CAN ENJOY TELECULT VISION

Since all visual impressions must be transmitted to the visual center of the brain, it is quite possible for blind people to see, provided that there is no brain damage. If, for example, every other means of transmitting visual images to the brain were destroyed, it could still receive them through its visual control center. The brain itself, as we have seen in Telecult Power #1, has billions of microscopic "hair" cells (called fibrils or fibrillae). These cells are extremely sensitive to any and all electrical impressions around them. And they are in constant waving motion, exactly like directional antennae.*

Thus, we have numerous cases on record of people who have been able to see out of the back or top of their heads. The famous German researcher, Dr. Albert von Schrenck-Notzing reported in 1887 how a subject named Lina was able under hypnosis to read books through the top of her head while effectively blindfolded. Perhaps the most famous case of this nature is that of Mollie Fancher.

THE "PEEPING TOM" WHO NEVER LEFT HOME

Mollie Fancher was born in 1848 and lived in the same house for fifty years, some thirty of which were spent in bed after two serious accidents that left her permanently blind and crippled. And yet she could see as clearly as any normal person—clearer, in fact

Mollie's case was studied by Judge Abram H. Daily, who published a book in 1894 f recounting the many experiences he had had with the woman. A reviewer of the book for the Society for Psychical Research said that Judge Daily had "recorded the

narratives of many witnesses whose truthfulness no one would question."

In Judge Daily's book, Mollie's doctor, Dr. Speir makes the following statement: "We have caused a careful and critical examination (of her eyes) to be made by a competent expert —an oculist—and agree with him that she cannot see by the use of her eyes."

Yet she had the power of seeing with a great deal of distinctness, as she put it, out of the top of her head. At one time she did all her work, crocheting, etc. in this manner. She was able to distinguish colors, even to the most delicate shades, not only when absolutely concealed from her normal sights but while in the pocket of someone who did not know the color of the article to be described. She could read letters placed upon her forehead, or merely by touching them. She could read with many times the rapidity of one reading by eyesight, by running her fingers over the printed pages *in light or darkness.*

She invariably knew what was going on in the room around her and could describe the minutest movements of her guests.

Besides immediate cognition of her surroundings, Mollie's "vision" was able to go beyond the bounds of the room in which she happened to be lying. In this maimer, she could "see" the location of lost objects around the house. She was able to look" around the city and find out what was going on To Judge Dailey, she once described a man whom she had never met, but whom she had "seen" at the Judge's house a few days before.

Miss Fancher's case of clairvoyance is one of the most thoroughly documented in the history of psychic research (Hundreds of witnesses saw the feats which she could perform.) But there are numerous cases just like it.

EYELESS SIGHT

Scientists have long known that the entire epidermis or outer skin covering of the body contains photoelectric cells that can transmit actual seeing impressions to the brain. The process of

stimulating the skin to the point where it becomes light-sensitive is none other than the basic process of skin sensitization cited in Telecult Power #1 (Contact Telepathy).

Cesare Lombroso, the world-famous psychologist, recorded that he had as a patient an Italian girl who was quite blind but saw as clearly as before, with the tip of her nose and the lobe of her left ear.

Another case is reported by Professor Carmagnola in the Italian *Journal of Medical Science* f of a young girl, also fourteen as in the Lombroso case, who though blind could see easily with the palms of her hands. In both the aforementioned cases, the subjects could read any printed matter, selected at random.

THE COMPLETE HOME COURSE IN CRYSTAL GAZING

Crystal gazing is another form of Telecult Vision, and the crystal ball a kind of Tele-Viewer, Mirrorscope, or Telephoto Transmitter that helps you concentrate. To quote Frank R. Young, "A crystal ball itself is not necessary, so long as its substitute possesses a shiny surface to stare at. An intensely shiny surface reflects so much light that it temporarily stuns the nerve endings of the optic nerve in your retina so that your eyes perceive only the brightest surfaces within the field of vision and overlook the rest that are darker. The effect partially hypnotizes your conscious and subconscious minds, and your [Inner Eye] then assumes control.

Crystal gazing is an ancient and widely practiced art. Through its use many strange things have happened. Crimes have been solved, lost articles have been found, hidden facts in the lives of people have been uncovered, and unrealized aspects of one's relationships with others have been revealed.

Though crystal gazing has been used with some remarkable success in piecing together the facts of the past, its chief use both by professional seers and others is to look into the future and discover what is about to happen or what may happen unless precautions are taken.

HOW THE CRYSTAL BALL—OR MIRRORSCOPE—WORKS!

"I have tried various objects in crystal gazing, writes Mrs. Verrall, in *Enigmas of Psychical Research* * such as cut crystal, a globular crystal, a glass paper-weight, and a glass full of water, and I find no difference in their efficacy. I have also tried under varying conditions of light, with the conclusion that a dim light is the most likely to result in the seeing of a picture.

1 have sometimes seen pictures in quite bright light, but never in absolute darkness. Often I see nothing at all but the bright points of light in the crystal, and often I see nothing in the crystal, but get a mental picture suggesting something I have forgotten to do. Indeed, I find crystal gazing a very convenient way of recalling things forgotten, but in that case I see nothing in the crystal. The difference between a picture in the crystal and a mental picture is quite marked, but difficult to describe; it will perhaps help to show what I mean if I say that the recalled image of what I have seen in the crystal differs as much from the actual image as the mental image of a person differs from the actual person. I believe that with me the crystal picture is built up from bright points in the crystal, as they sometimes enter into it; but the picture, when once produced, has a *reality* which I have never been able to obtain when . . . trying to call up an imaginary scene with my eyes shut.

It has occasionally happened that I have been able to see more on closer investigation than on the first glance, but if I try to interpose a magnifying glass between my eye and the

crystal the picture instantly goes and only recollection remains. The following case is . . . where I have seen a real person, and . . . the picture grew distinct as I looked.

1 saw a black object which defined itself into the head of a man; then I saw that it was my husband's head turned nearly profile toward my left. Behind it was a square-backed chair of brown leather. He was reading, his eyes being on a book, which I could not see. I tried to see the whole figure, in order to know what the book was, and shut my eyes. On opening them I saw the whole figure for a moment, but it was too small for me to distinguish anything."

CRYSTAL GAZING HELPS RECALL FORGOTTEN FACTS

There is an extraordinary phenomenon in psychology called peripheral vision. It means that we see things out of the corners of our eyes without realizing it (The same thing happens with hearing.) These impressions escape us merely because we were concentrating on something else at the time, but they enter our minds just the same—our subconscious minds—and can be recalled, either accidentally or on purpose. Crystal gazing enables you to do this at will.

Miss Goodrich-Freer gives us some clear examples of this in *Enigmas of Psychical Research.* "I had carelessly destroyed a letter," she writes, "without preserving the address of my Correspondent . . . A very short inspection (of the crystal) supplied me with *H. House' in grey letters on a white background." She posted her letter to this address and it turned out to be correct

In another instance she writes: 1 saw in the crystal a young girl, an intimate friend, waving to me from her carriage. I observed that her hair, which had hung down her back when I last saw her, was now put up in young lady fashion, the lode

of which I knew very well. But next day I called on my friend, was reproached by her for not observing her as she passed, and perceived that she had altered her hair in the way which the crystal had shown."

HOW TO MAKE THE CRYSTAL BALL WORK FOR YOU

The first requirement for successful crystal gazing is to relax so thoroughly that your mind becomes a complete blank. Follow the steps for Deep Relaxation given for Telecult Power #1. Without Deep Relaxation one cannot see in the crystal

The second prerequisite is not to stare at the crystal without blinking. Instead, merely gaze at it calmly and easily. Do not worry about whether you will see anything. Try to think, instead, of what you wish to see. Think about it steadily for a while. Then let your mind go blank. This will seem hard at first, but practice will help you, and practice makes perfect.

Never sit in total darkness, but rather in a dimly-lit room, with the light coming from a window or a low-voltage bulb. The light should be coming from in back of you, never in front. It is best to rest the crystal on a table in a suitable cup or stand. It is also good to cover the table with black cloth beneath the crystal. This helps in concentrating.

There should be no noise in the room. The slightest moving of a chair or loud breathing can distract you and make complete concentration impossible.

Crystal gazing requires much practice. At first you may not succeed. In time, however, you will succeed in visualizing that which you wish to see.

To visualize a specific person, place or thing, picture it as you last remember it, or as you imagine it to be. When you have this mental picture as clear as you can get it, relax completely and deeply. Cease trying to visualize anything and let your mind go blank, like a white screen before the movie starts.

As you gaze in the crystal and your concentration becomes

complete, after a time you will see the crystal becoming cloudy. It will be as if a milky cloud were forming and filling it. This is the sign that the spell is operating.

The final stage is when this cloud-like formation gives way to what you are looking for. Often the picture will be startlingly clear. You will find in the crystal scenes which are meaningful to you. You may see people, houses, places where you have never been, words or sentences, symbols or other objects which have a meaning for you.

If you are giving a reading for someone other than yourself, you should tell only what you see—even if it means nothing to you. Just be a reporter who is perfectly honest. In this way you will build up skill in seeing and describing and very often the other person will supply the missing information or meaning. Do not tell all you see in the crystal if what you see is bad. Practice in crystal gazing will give you a talent which can help in your personal life, and bring a great deal of entertainment to any group (possibly even some extra income).

VISIONS AND "CRYSTAL BALL" PREDICTIONS

There is one class of Telecult Vision for which there are many _ explanations. And that is *precognition* ("seeing" the future). Is it possible in dreams and visions to "see" the future? Amazingly enough, some persons apparently can do this and, under favor able conditions, it is possible that most people can do it—indeed *do* do it without being conscious of it.

What you may be seeing with Telecult Vision are past events in your own life, or in the lives of others (in which case, you may have read about it somewhere) which were similar in scope and nature to a present situation. Telecult Vision helps bring such forgotten memories to the surface of your mind, as in peripheral vision, mentioned above. Then again your vision may be telepathic.

What you see may actually be future plans in people's minds, received by you telepathically. And finally, your visions of the future may, indeed, be brought on by spirits capable of sensing the shaping up of things and transmitting this knowledge to you.

There is one additional possibility, which is not really prophecy. It is based on a mild form of deception, self-deception really. It is when the prophet doesn't really see the future but thinks he does, or pretends. A suggestion is then planted in the mind of the other person (whose fortune is being told). In other words, it is the power of suggestion working in the individual that makes the fortune come true. Many wonderful deeds have been accomplished—as well as some bad—with this mild form of deception.

DREAM WINNERS AT THE TRACK

One man who used this technique, Michael V., 52, "saw" a horse race at Hialeah. According to the vision, a certain jockey would be riding winners in two races the following Saturday. The vision also told who would place and show. On the day of the races, all horses came in exactly as predicted. The winner of the first race payed $8,601 The next two horses placed and showed at $3.90 and $5,201 In the second race, the winner, a 15-to-l shot, came in to pay $24.10 at the mutuel window! All this is a matter of record. And Michael V. continued to have similar experiences.

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In another case, an English jockey named Fletcher discovered that he had a tendency to doze off and "*see*" things. One Sunday, for example, as he waited in a restaurant for lunch, he went into a half doze for a few seconds. What he "saw" was himself

wearing the colors of a certain stable, mounted on a black filly, answering the bugle for the fifth race. He "saw" himself pulling up fast on the inside to finish first

Just then a waiter called him to the phone. It was the owner of this stable, who wanted to know if he would ride a filly named Queen Beauty, a horse rated last in an eight-horse field, at 30-to-l. Fletcher agreed, and bet his full savings, about $400, on Queen Beauty to win. The horse turned out to be the horse of the dream, and Fletcher actually did come in first!

Fletcher's dreams and visions continued. He found that he could deliberately induce a light doze (or trance) merely by closing his eyes and relaxing. In this state he could "see" not only races but other events in the past or future.

SUMMARY:

1. Telecult Vision includes all psychic visual experiences beyond the range of normal sight, including clairvoyance (the power to see over great distances), x ray vision (the power to see through barriers, such as locked steel boxes, solid brick walls, and sealed envelopes), and thought transference (the power to see what another person is thinking or seeing).
2. The techniques of Telecult Hearing also prepare you for Telecult Vision.
3. Most human beings are actually born with hidden antennae, somewhat like the story book drawings of Martians, only these are very real. They are your optic nerves. Each optic nerve is not just a nerve, but rather like a horn or antenna that extends from your brain to your eye.

4 Your Mental Television consists of the retina, or back, of each eye, to which your optic nerves lead. According to the best known anatomists, each retina is almost exactly like a television screen.

5. Some of the fibers of your optic nerves lead from your eyes

directly to your brain. This enables you to see. But *some* of these fibers lead from your brain to your eyes, permitting you to *project* thought-forms or mental pictures to your eyes, as in dreaming or daydreaming. In thought transference, these pictures leave your eyes in the form of nerve electricity, which is nothing but heat. These "heat" pictures are imprinted in the atmosphere, like a thousand pictures on a strip of film, where they are seen by psychically sensitive people.

6. When you are "reading" someone's mind, his eyes and ears act like a television camera that picks up and transmits sight and sound to your television set—your mental television, or Psychic Tele-Viewer.
7. Telecult Power need not stop with the use of other people's minds. All objects constantly send out radiations (vibrating, electromagnetically charged particles) in their exact shape, which can be seen by a psychically sensitive person.
8. Crystal gazing is another form of Telecult Vision, and the crystal ball a kind of Tele-Viewer or Telephoto Transmitter that helps you concentrate. A crystal ball itself isn't necessary, so long as its substitute has a shiny surface to stare at. The light refractions temporarily stun the nerve endings of your optic nerves, so that your eyes perceive only the brightest surfaces within the field of vision and overlook the rest which are darker. The effect partially hypnotizes you and puts you in a state of deep relaxation and receptiveness to psychic impressions.

HOW TO BROADCAST SILENT COMMANDS— HYPNOSPELLS—THAT MUST BE OBEYED

You have undoubtedly heard of hypnosis and the strange, almost unbelievable power it gives the operator over his subject. Hypno-Telepathy gives you the same power, with this difference: you influence the person silently, by unobserved means.

> Hypno-Telepathy is based on the proven fact that the human brain can broadcast thoughts to the minds of others—and that, unless you inform the person of what you are doing, he will think your thoughts are his own.

This phenomenon was discovered as early as 1784 by the Marquis de Puysegur, a pioneer in the field of hypnotism. He wrote of one of the subjects whom he had hypnotized: "There is no need of my speaking to him: I simply think in his presence, and he hears and answers me." Since then it has frequently been found that the hypnotist can communicate with his subject telepathically.

One of the difficulties of hypnotism, however, is that your subject must be convinced of your power, either by your reputation or from what you can demonstrate to him at the time. Also, this person must cooperate with you. Hypno-Telepathy overcomes these difficulties easily.

What's more, this is a power that you can prove to yourself you possess right now.

HOW TO HYPNOTIZE IN 10 SECONDS FLAT!

Before you can hypnotize someone face to face, in 10 seconds flat, you must realize what hypnotism is. Hypnotism is simply suggestion, or the power of suggestion upon the human mind. It is what a person *thinks* is happening to him or around him—apart from, or regardless of, reality.

Any suggestion that you might make to someone else that ***he believes***, is a form of hypnotism. If you say something funny, and another person laughs, ***that*** is a form of hypnotism. In so doing, you suggest or bring a laughable situation to his mind —an idea that ***he believes*** is funny.

Suggestion need not even be verbal. That is, you need not even speak to make the power of suggestion work for you. Merely by making faces, or groaning, you can suggest laughter, sadness, a pleasant or unpleasant situation. If you do so, and the person who sees you ***believes*** you, he is in a state of hypnosis. The suggestion may or may not be true, but you have made him think as you wish.

All this can take place in a matter of seconds. Furthermore, emotions—such as anger, grief, suspicion, happiness, or fear—accomplish this much faster. They enable you to force a person to believe what you want him to believe because they cloud the mind to reality. In other words, they enable you to turn his thoughts *inward,* toward himself, so that he cannot see reality.

For example, tell any normal person that he is bright, or handsome, or witty, and he will be greatly taken with this image

of himself. In most instances, he will be so busy admiring himself—and thinking that you are admiring him, too—that his mind will be clouded to reality, much as when a person who is busy talking drives his car through a red light; or walks into a telephone pole. He will absent-mindedly agree to things he would not normally agree to—the more so because he is pleased with you for admiring him, and anxious to please you in return. The entire hypnotic process can take place in as little as 10 seconds flat The aftereffect—that is, the effect of this flattery-lasts much longer.

YOU HAVE FAR GREATER POWERS THAN YOU REALIZE

Returning now to the matter of broadcasting actual complete thoughts, chances are you have already done so many times, without realizing it For most of us have had brief and often commonplace experiences which can only be explained on the basis of some land of psychic communication.

For example, you utter a remark at the same time that your companion utters the same remark. You decide to phone a friend whom you have not called in weeks and just as you reach the phone it rings—your friend is calling you. You think of an aunt and wonder why she hasn't written to you for months, so you sit down and write to her; as you are going out to mail your letter the postman hands you a letter from your aunt.

Your dog is lying before the fireplace, apparently asleep, and you think about calling him to come over to your chair. But before you can utter his name he raises his head alertly and obeys your unspoken command.

Or you are suddenly smitten with a vague uneasiness about the welfare of the baby, who is asleep upstairs in a crib. You don't know why, but you just feel that you had better go up and look at the baby. So, feeling a little foolish, you do. Good thing, too—the baby has thrown off all the covers and is lying damply in a draft that blows through the open window.

AS this is by way of saying that many of us, perhaps most of us, are far more "psychic" than we realize. Professor William James used to say that we employ only about one-half of our actual powers and capacities in the business of living. This chapter will show you how to control this power and make it work for you all the time. Here are some examples that will show you the power of Hypno-Telepathy.

HE WILLED HER TO DO WHATEVER HE WANTED!

On October 31,1877, F. W. H. Meyers, of the Committee on Mind Reading of the Society for Psychical Research in London, filed this report on an experiment in mental telepathy:

"I put my hands on M.'s shoulders (Contact Telepathy). I thought of what I wished her to do, and told nobody. . . . I wished her to take a very small ornament from the chimney-piece—a little china cat an inch high. As soon as my hands were off her shoulders she rushed to the chimney-piece . . . and instantly picked up the cat, which was inconspicuously placed among many ornaments.

"I wished her to go to a book of photographs—one of several in the room—open it, and pause at a certain photograph. She rushed quickly to the book (and did so). . . .

"I put my hands on R.'s shoulder (M.'s sister) and willed her to pick up and eat a biscuit from a plate in corner of room. (She did so.)

"I willed her to shake hands with her mother. She rushed to her mother and stroked her hands.

"I willed her to pick up grape from bunch. She rushed to grapes and picked up a few.

"I willed her to pick up a hat in distant part of room. The instant my hands touched her she turned sharply round, rushed to the hat, and picked it up.

I willed her to nod. She stood still and bent her head.

1 willed her to clap her hands, play a note on the piano write her name, all of which she did."

HOW YOU MAY MAKE YOURSELF TRANSPARENT AND INVISIBLE, BEFORE ASTONISHED ONLOOKERS!

I once had an opportunity to chat with a gentleman who knew a great deal about this sort of power. We were talking about a science-fiction character you may have heard of, who was supposed to be able to make himself invisible, and in this manner solve many mysteries—because he could watch people, without being seen, and likewise listen in on their conversations.

> I asked him whether such a thing were possible, and when—to my surprise—he answered yes, I asked him if he possessed such power. His only reply was a smile. Pointing to an easy chair in back of me, he asked me to take a seat, so we could chat more comfortably. As I turned to sit down, he was doing like* wise. But when I looked up a second later, he had suddenly vanished!

I instantly jumped up and searched for him, calling out, "Where are you?" I investigated every inch of the room, the patio, the adjoining rooms. There was no trace of him.

Exhausted, I slumped back down on the big leather easy chair, staring blankly at the floor. Suddenly I perceived that my friend was seated in his easy chair, smiling, hands clasped in a contemplative manner.

Had he actually vanished? Not really; but he had, by the exercise of Hypno-Telepathy, obliterated his form so that I could not see him. By directing his thought at me, he had imperceptibly hypnotized me into believing that he would vanish. Following an interval of several minutes, he again directed his thought at me, suggested that I would see him again.

By following the methods outlined for you in this chapter and the next, you ought to be able to do the same! Once you have learned the technique of "silent hypnosis," you may try this vanishing technique yourself!

SHE COULD NOT SEE THE MAN WHO WAS WATCHING HEW

In 1887, the noted German scientist, Dr. Albert von Schrenk-Notzing, tried the following experiment—which you may duplicate—with a subject described only as Lina. It was suggested to Lina that when she awoke from the hypnotic trance she would be unable to see one of the persons present in the room till the word "palm" was spoken.

On awakening Lina repeatedly asked where "Dr. Sch." had gone, though he several times walked past her. Once she actually touched him, and was thoroughly confused by what appeared to be a sensory hallucination. Schrenck passed a full cup of tea to Dr. Scbu, and Lina rushed to support it when, as it seemd to her, it was left hanging in the air."

HOW YOUR THOUGHTS CAN BE RECEIVED BY ANOTHER PERSON

In the chapter on Telecult Vision, in the section that revealed the hidden antennae and television screen that you were born with, you observed that these antennae are, in reality, the two optic nerves that extend from your brain to your eyes.

It is for this reason that your optic nerves can transfer, through your eyes, commands direct from your brain—actually project them outside your body to the hidden antennae (the optic nerves behind the eyes) of another person.

Is this possible, or is it pure speculation? Here are some more facts for you to judge for yourself. It has been determined by the Bell Laboratories that all bodily functions, even the slightest

degree of thinking, are inevitably accompanied by electric current

That this current can be transmitted through your eyes to the mind of another person may be proven easily. Just direct your gaze at someone's back, and watch how fast he (or she) turns to you. It's uncanny, but it happens tune after time.

If you should have any trouble whatever, this can be easily remedied by focusing at the back of the person's neck; just at the base of the brain. Firmly "will" that he (or she) shall turn and look around, and it will happen!

In the first instance, it was only electric current that reached the other person. This person only "felt" your eyes upon him.

In the second instance, it was something more: *emotions* seem to be able to travel along the electric current that every human being projects, and actually seem to strengthen that current

But why is it that your thoughts are not more easily received by another person? Because outgoing thoughts—either words or visual images—do have a barrier to overcome, and that is the resistance which they meet at the nerve gaps on their way up and out of the brain.

When your message or command reaches the end of a nerve segment it stops. But the ending of the segment then releases a certain fluid called acetylcholine, which enables the message or command to transfer itself from one nerve segment to the other. (See Figure E.)

This explains why, under ordinary circumstances, the brain emits only very faint electrical waves that are not nearly strong enough to affect another brain, even if only a few feet away.

The reason is that the nerve segment ending has to produce acetylcholine first, before the message or command can be conveyed across the Nerve Gap.

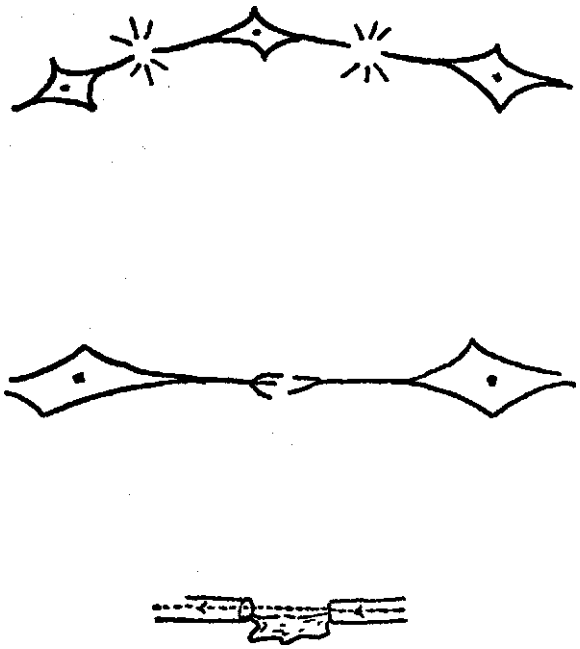

Figure E.

HYPNO-VISION: How to Hypnotize Someone Without His Knowledge

The resistance at the Nerve Gaps can be reduced markedly by giving your brain several consecutive high stimulations. After several such stimulations the Nerve Gaps retain such a large quantity of undissolved acetylcholine that their resistance to the very next message is virtually nil, and the message gets across quite easily. This may be accomplished in either of two ways—through Hypno-Vision, a form of Telecult Vision.

THE FIRST METHOD—Deep Emotion

In many instances of thought reception, an emotional experience of some sort is involved. That is to say, one of the parties

concerned is having a frightening, or exciting, or emotionally disturbing experience when his (or her) thought is picked up by another person.

There are innumerable cases on record to support this. In one, for example, a husband claims that three times in his life, he was able to hear—Telepathically—at great distances, his wife's call for help. In every instance, the impression was correct.

The explanation, apparently, is that the receiver somehow tunes in on the emotionalized charge in the other person's mind.

To project thoughts at will, therefore, one method is to produce artificially an emotional buildup before sending. This is a method of thought projection, recommended by Frank R. Young in his book, *Secrets of Personal Psychic Power*

1. Think of a very pleasant situation, something you like to do, some rare treat—and think of this until your whole mind is filled with the pleasure of it.
2. Think of an even more pleasant situation. Let the thought of it fill your whole mind and dwell on this thought until your entire body glows with the feeling of pleasure and satisfaction you get from this thought.
3. Now, very briefly—for perhaps a few seconds—let your mind dwell on an ordinary, everyday situation; some household chore that must be performed, some tedious not-too-interesting situation.
4. Now, suddenly, just as suddenly as you can, plunge your mind back into that most pleasant of thoughts, and dwell on it again until your whole mind is filled with the pleasure of it.
5. When you have achieved this feeling of intense, sublime pleasure, frame in your mind (either in words or as a mental picture) the situation you wish to bring about involving this person.

It would be helpful If, in this final step, you were looking directly at this person, or in his or her general direction, but this is not absolutely necessary. You may also hold near your body something that belongs to this person, as a means of strengthening contact.

However, these are just additional aids. If you have followed the five steps just given, your thoughts should flow automatically and swiftly to the other person s mind. I tried this method sixteen times one morning, and it worked every time!

THE SECOND METHOD—Deep Concentration

Here's an incredibly simple method that blasts your thought to the mind of the other person with all the power of a lightning bolt. It is called Deep Concentration.

In Deep Concentration, the mind is made to dwell closely, steadily on one thing and one alone. This is not as easy as it sounds. For, left to itself, the human mind tends to flit from subject to subject at a great rate. Try thinking of one single thought for a period of 30 seconds and see what happens.

Here is a method which you may use to improve your powers of Deep Concentration.

HOW TO DIRECT THOUGHTS TO AND FROM YOUR BODY

Direct your attention to the fingers of your right hand. Let the thought of these fingers fill your whole mind. Become aware of every muscle twitch, every throb of blood in these fingers. Concentrate on them. Command them to feel heavy . . . heavy . . . tired. They are the heaviest part of your body, these fingers.

When you have got the feeling, start reversing the process. Draw your thought away from your fingers. Don't look at them, don't think about them. Direct your attention elsewhere. Make

believe they don't exist. Think about nothing now, relax. After several minutes, when you pause to check the effectiveness of this technique, you will realize that you have ceased to be aware of the fingers of your right hand.

Now flex the fingers of your hand, and direct your attention to another part of your body. Your nose, for example. You feel the end of your nose quickly enough when a fly lands on it. Mal% yourself feel it without the fly. Then reverse the process -be aware of no feature of your body at all.

If you've ever felt your ear burning, and remarked, "Someone must be talking about me" (which, incidentally, is probably rue), try consciously to make your ear tingle or "burn." Conentrate with all your will power on your ear, until you have achieved the desired result. Then, without rubbing or touching your ear, strive for the opposite effect—no awareness of this part of your body at all.

Now seat yourself in a comfortable position (preferably on the floor, legs crossed) and look steadily at an object directly in your line of vision. Gaze at it naturally, not in an unblinking stare, as this would only prove distracting. Now close your eyes and try to visualize the object in your mind. If the object fades from your mind, open your eyes, refresh your memory, and try again.

• • •

The purpose of these exercises is to help you concentrate on something without being distracted by anything else, such as sights, sounds, memories, even the feel of the clothes on your body. With practice, it becomes easier and easier. Soon you will be able to shut out all unbidden noises and distractions and ignore them completely.

For the sake of simplicity in the pages that follow, I will as-

sume that you have practiced and mastered the second of these two methods, Deep Concentration. As a matter of fact, situations involving Hypno-Telepathy seem to lend themselves more easily to Deep Concentration because, once mastered, it is simpler to use and faster—whereas the first method, Deep Emotion, with its great bolt of power, seems to work better at a distance. (I recommend method #1 in cases at close range when all else has been tried.)

HOW TO BROADCAST SILENT COMMANDS -OR HYPNOSPELLS

Great personal and business success can be obtained through suggestions made to others with Hypno-Telepathy. Suggestions made to others with this method are more powerful than those made through ordinary hypnotism, since there is no need to convince your subject that you, the Hypno-Telepathist, have any special powers. Though preferable, it is not even necessary for you to look at your subject (remember, thoughts project waves like a pebble in the water). And since your thought is transferred directly to his or her mind, you may perform Hypno-Telfepathy without uttering a sound.

> No one can escape the power of suggestion through Hyno-Telepathy. The law is absolute. Everybody, high or low, rich or poor, ignorant or wise, all are subject to its spelL

In selling, for example, with Hypno-Telepathy, the salesman can actually ***make*** the customer purchase the article he wants him to. He can actually do the customer s thinking for him, and he will do as the salesman desires. I'm sure that at some time in the past, you have purchased something that you had no use for. This is the principle that was at work, causing you to make the purchase.

HYPNOSPELL #1—HOW TO IMPEL A CUSTOMER TO BUY

For example, say there is a customer in a television and appliance store who wishes to purchase a television set. In front of him is one for $125 and one for $250. A hundred and a quarter is as high as he wishes to go, but there is a salesman standing there, and he is using Hypno-Telepathy on him. Here is what happens.

The customer looks at the more expensive TV and says, "Too bad. It's just what I want but I did not expect to go that high." He looks at the set, admires it, and is undecided about what to do. His mind is passive and is therefore receptive.

The salesman starts by standing in front of the customer and begins to repeat the following words, mentally: "Well, IH take it anyhow. It's what I want." The customer is passive. The salesman keeps repeating this over and over mentally, while the customer is admiring the set and is undecided.

In a few moments, the customer will blurt out the very words the salesman has been repeating mentally: "Well, 111 take it anyhow." What has happened here is that the salesman has placed himself, so to speak, in the customer's shoes, and made up his mind for him.

You should always use the word I when transferring or projecting your thoughts to another person. Never say, "You will do this." That is compulsion or force. The person may sense it and resent it. Instead, always place yourself in the other person's shoes, and think the thought as he would think it. Always use the word I instead of *you.* No matter what it is you want the other person to do, look directly at him—if at all possible—and silently affirm it as though you were the other person.

HYPNOSPELL #2—HOW TO DOUBLE YOUR FRIENDS AND DOUBLE YOUR MONEY

If you have a small business, and you want to increase your customers, say to each customer, mentally: "I am going to bring you another customer," and visualize it. In a short time, your customers should multiply and keep multiplying. Try it. It works.

HYPNOSPELL #3—HOW TO COMMAND SOMEONE TO SLEEP

In a train, bus, or any public place, select two or three people for this experiment. Gaze at one of them to picture him in your mind. (If you can, without being conspicuous, look directly at him.) Now visualize him doing what you want him to do, and keep repeating mentally, "Deep, deep, asleep." Concentrate all your will power, and believe that this person is going to sleep. Continue to repeat the suggestions mentally. In the beginning of your first few experiments, only one or two of the handful of people you have selected will, indeed, fall asleep. Their eyelids will begin to close, and they will sometimes fight to keep awake, but it is at this time that you must continue to pound the suggestions strongly. If you have followed these instructions carefully, your subject should close his eyes and sleep. Do no more at this time. Your subject will awaken quite naturally in a few minutes. If you wish, you may issue the order to awake ("Wake up!") several times. Rest assured, there is nothing to worry about. This is a good practice exercise.

HYPNOSPELL #4—HOW TO MAKE SOMEONE GET UP AND COME TO YOU

At first, try this with someone who knows your name. Let's assume your name is Tim. Without being conspicuous, look

at this person or fix his form in your mind. Then begin the mental suggestions as follows: "Go to Tim (meaning you) . . . Go to Tim . . . Tim . . . Go to Tim." Picture this person getting up and coming over to you (picture it as though this person were looking at you first, thinking about getting up and coming over to you). Say your own name frequently. "Tim . . . Tim . . . Go over and talk with Tim." (Continue to repeat this suggestion mentally, and usually, in a few minutes, the subject begins to make an effort to get out of the chair. At this point, put all the force you can into the suggestion. Finally, the subject will get out of his chair and walk over to you.

If the person is a stranger, or only a slight acquaintance, vary the procedure as follows. Without being conspicuous, look at the person or fix his or her face in your mind. Having done so, you are now mentally attuned. Now begin constantly and continually visualizing yourself as the center of attention with this person looking at you. Imagine this person as thinking that you are handsome and desirable, or beautiful and alluring. Remark on this trait or any other trait you wish this person to notice or imagine about you, saying mentally, for example: "He (meaning you) looks friendly. I11 bet he's an interesting person to talk to."

Remember that this is a stranger you are dealing with, or at best a slight acquaintance. He (or she) may be too shy to strike up a conversation first. If the person does not respond by striking up a conversation with you, the slightest gesture on your part may be all that is necessary—a word, a smile, or a nod.

HYPNOSPELL #5-HOW TO BRING YOUR MATE TO YOU WITHOUT ASKING

In this maimer you may also induce your wife or husband or some long admired person of the opposite sex to come to you without asking, be affectionate to you, and voluntarily do the things you have longed for. Simply affirm your desires, begin-

ning with the words, "I want to . . or "Let's . . ."as though you were in the other person's shoes, and visualize him or her doing it. The better you know the person, the less time it takes.

HYPNOSPELL #6—HOW TO MAKE SOMEONE TURN RIGHT OR LEFT

While walking down the street, turn your eyes toward any person, whether he is approaching you or walking in front of you, and will firmly that he either turn to the right or left—and you will find that he unconsciously acts according to your orders. This is a good practice exercise.

HYPNOSPELL #7—HOW TO MAKE A FRIEND OR RELATIVE CONTACT YOU

Suppose you wish to contact your friend at a distance. Write out your thought or message on a piece of paper. The message should be a very simple one. Messages easily focused upon include:

Telephone (your name).
Visit (your name).
Write to (your name).

Repeat mentally what you wish this person to do. (Having it written down helps increase your concentration.)

HYPNOSPELL #8—HOW TO INTEREST A TOTAL STRANGER IN YOUR WELL-BEING

Suppose you wish to have an interview with a stranger in order to interest him in your plans or enterprises. To do this it will be necessary to concentrate intensely. Use the method of Deep Concentration given earlier in this chapter. Blank out all thoughts from your mind but one: concentrate intently on the person whom you wish to influence. You may get a mental image

of the person. If you have never seen him before, make the mental image without any distinct features. (If you have a letter from this person—even a form-letter from his office—make sure you are holding it at this time.) Repeat mentally what you wish this person to do, and imagine him doing as you wish.

Claude Bristol gives us an example of how this technique is used. In his book, *The Magic of Believing* he writes of a famous lawyer: "When he dictated he always paced the floor, and his concentration was intense. Once I asked him why he stood while dictating and how it happened that his letters always accomplished the end intended. His reply was:

" 'In the first place, I think better on my feet. Then before I start dictating and during the whole period that I talk, I actually visualize before me the person to whom I write the letter. If I do not know him, I try to picture him as I think he may look. In both cases, I direct my thought and words to him in person as though he were actually before me in the flesh and tell him mentally that my premises are right and should be followed by him."*

HYPNOSPELL #9—HOW TO COMMAND YOURSELF TO HEAL

Your power to influence *yourself*—through suggestion or belief—is called self-hypnotism or autosuggestion. Autosuggestion is, in feet, the basis of all Telecult Power. For without belief in the ability of the human mind to project psychic energy, no psychic, telepathic, or occult phenomena are possible. The very purpose of the true case histories in this book is to help you believe.

For example, if you mentally direct all your attention to some part of your body, that part will soon respond by feeling in-

tensely warm or tingly or both. If you have directed all your thought, all your feeling, all your mental energy to that part of your body, your body energy in that area will be increased—and you will *feel* that increased energy.

With this increased energy comes more of everything the afflicted area needs. More blood rushes into and out of the area to carry off poisonous wastes. More antibodies come in with the blood to devour and carry off germs, and eliminate them in the natural way. More of the oxygen, iron, calcium, vitamins, minerals, enzymes and a host of other elements that living tissue needs is brought in to nourish the weakened area.

I am not a doctor, nor do I claim that any of the theories I offer here are palliatives or cure-alls. But they are based on much study and research, the sum and substance of which is this: mental energy directs physical energy. It is a proven fact, for example, that all bodily functions which are not controlled by the conscious mind—such as breathing, heartbeat, eye blinking, and other reflex actions—are controlled by the automatic (also called the autonomic) nervous system. This system runs parallel to and is part of the central nervous system in your spine—*which is an extension and therefore part of your cerebral or mental equipment.*

It is my theory, therefore—and incidentally, a theory shared by many—that since mental energy directs physical energy, cures by mind power ought to be possible. Theoretically, there is only one way to achieve the kind of mind power that brings a healing, and that is through concentration on the desired result.

For those who cannot concentrate sufficiently, there is an easy alternate road, and that is the power of suggestion. For it is a proven fact that repeated suggestion leads to consciousness of a fact, if not belief.

Now, I do not claim that hypnotism or self-hypnotism heals. Not even a physician can claim to do that. He cannot heal the

smallest cut on your finger, but the body itself does the healing. All you and I, or a physician, can do, is provide conditions that will assist, or induce, or help the body to heal itself.

But what I do claim, and state flatly here and now is this: mental healing—or Telecult Healing, as I call it—has helped me, my family and others to regain our health. It may do the same for you.

First, see that you are absolutely alone and unobserved. The best time for autosuggestion is early in the morning, when the mind is rested, clear and refreshed. Seat yourself in a comfortable position in an easy chair or prop yourself up with pillows on your bed. Sit quietly and relax all muscles until they are free from nervous tension.

Take the Hypnoscope, a healing symbol, and hold it at **a** convenient distance (from 8 to 15 inches) from your eyes; relax, think of nothing. Make your mind as far as possible **a** complete blank. Do not distract your mind to examine any of the effects you will experience. Keep your eyes fixed steadily on the central white spot of the Hypnoscope.

Now take up the quality you wish to achieve. It does not have to be health. It can be the power to communicate telepathically, to impress a thought on someone. I use health only as an example. Begin your suggestions as follows: "I am perfectly healthy. I can feel as good as I ever did. I am every moment getting stronger and healthier by natural forces. I can and will enjoy absolute health. I have a superabundance of health and vitality in me that will ward off all sickness. I will be healthy." It is not necessary to confine yourself to these words. You may frame your suggestions in any words you wish, but they must all be directed toward your single goal.

I wish to state clearly that I do not recommend this method in place of regular medical checkups, especially at the slightest sign of discomfort, but rather as an aid to general mental and physical well-being.

When you have learned to focus your attention, practice thinking along the nerves to a sore throat, sour stomach, or ordinary headache, commanding it to heal and disappear. I have many times repeated to myself dozens of times in a row: "Relax and heal . . . Relax and heal." If you try this, my theory is you supercharge the area with positive energy. The result may come instantly, or even after a few days of accumulated effect

I have used this method successfully to heal a painful hemorrhoid, an inflamed gallbladder that was causing me a good deal of trouble, and to reduce 50 pounds. In the latter case, using this method, I commanded my mind and body to follow a certain eating schedule—with nothing before or in between meals, although the meals themselves were satisfying, and every lunch and supper contained chocolates, pie or cake. Between September 1, 1962 and Christmas, I shed a total of 40 pounds. By January 1963,1 had gone from a hefty 185 to a slim and trim 135. And—rather than gaining back—I retained the weight loss.

Another interesting aside is that, at one point in his life, **a** friend of mine, a very young man, had tension headaches that were so severe they were literally squeezing the hair out of his head. With this method, his headaches vanished and his hair resumed a luxuriant growthl

In *Reader's Digest* some years ago, it was reported that "Personal worry is one of the principal causes of physical ailments which send people to hospitals. It is literally possible to worry yourself sick. . . ."

In this article, it is stated that "Dr. Loring Swaim, director of a famous clinic in Massachusetts, has under observation 270 cases of arthritis which were cured when they became free from worry, fear, and resentment. He has come to the conclusion after some years that no less than 60% of his cases are caused by emotional conflict." *

The cases are seemingly endless. Telecult Healing can even bring back new youth! Charles Fillmore was nearing the age of fifty, when he wrote: "About three years ago, the belief in old age began to take hold of me. . . . I began to get wrinkled and gray , my knees tottered, and a great weakness came over me. I did not discern the cause at once, but I found in my dreams I was associating with old people. . . .

"I spent hours and hours silently affirming my unity with the infinite energy . . . I went deep down within my body and talked to the inner life centers. I told them with firmness and decision that I would never submit to the old age devil, that I was determined never to give in. Gradually I felt a new life current coming up from the life center. It was a faint little stream at first, and moments went by before I got it to the surface. Now it is growing by leaps and bounds. My cheeks have filled out, the wrinkles and crow's feet are gone, and I actually feel like the boy that I am."

Later, in 1919, at the age of sixty-five, Mr. Fillmore went

through an illness so serious that those close to him did not see how he could survive. Yet he came out of it with renewed vigor, and lived another thirty years.*

History abounds with many well-authenticated cases of men and women who retained their youth and health in the manner described above, for incredible lengths of time. Among these was Ninon de Lenclos who, when she was 90 years old, was so like a beautiful woman of thirty that a young man barely twenty years of age fell hopelessly in love with her.

And in Pathankot, India, scientific investigators have recently verified the age of Baba Narain Singh as 176, although he gave the appearance of a man in his late thirties or early forties.

HYPNOSPELL #10—HOW TO CONVERT AN ENEMY INTO A LOYAL FRIEND (making someone trust you)

Either look in this person's direction, or fix his image in your mind with your eyes closed, facing his direction if possible. Using the method of placing yourself in the other person's shoes, repeat the following: "I like (your name) . . . (name) is a nice person . . . (name) looks honest . . and repeat as often as possible.

Follow it up with many proofs of your sincerity—small favors, honest advice, opinions. Do not overdo it, but try in general to be friendly and dependable. Above all, avoid practical jokes. To test the strength of your telepathic contact, from time to time use Hypnospell #4 ("How to Make Someone Get Up and Come to You").

Other simple ways to test his suggestibility, from time to time, are: hum a tune softly and see if he begins humming. Cough every now and then and see if he starts to do likewise, or clear

his throat. See how enthusiastic he becomes when you describe vividly and in great detail some activity that he enjoys, like baseball or eating delicious food.

HELPING YOURSELF AND OTHERS WITH HYPNO-TELEPATHY

The uses to which Hypno-Telepathy may be put are seemingly endless. It may be used to help both yourself and others. With this psychic instrument, it should be possible for you to help either yourself or a friend . . .

* Get along better with others
* Sleep restfully every night
* Overcome fears
* Lose weight without dieting
* Develop a more powerful memory
* Banish tension and worry
* Improve speaking habits
* Achieve new sexual harmony
* Cut down on smoking and drinking
* Banish unwanted habits
* Increase your powers of concentration

. . . and much more!

Simply apply the same technique outlined so far in this chapter. Remember, when attempting to influence others, always use the first person *I* instead of the word "you" (placing yourself in the other person's shoes)—or use the simple command form, leaving out the word "you." Above all, visualize the situation you wish to occur.

SUMMARY:

1. Hypno-Telepathy enables you to influence others by silent; unobserved means.

2. Hypno-Telepathy is based on the proven fact that the human mind can broadcast thoughts to the minds of others.
3. Hypno-Telepathy overcomes the difficulties of ordinary hypnotism, since your subject does not have to be convinced of your power by what you can demonstrate to him at the time.
4. This book shows you how you can hypnotize in 10 seconds flat!
5. It is not a question of whether you *can* broadcast silent commands—you have already done so many times, without realizing it. This chapter shows you how to control this power and make it work for you all the time.
6. One of the simple ways that you can prove to yourself that you can transfer a command directly from your mind to the mind of another is revealed in the section "How Your Thoughts Can Be Received by Another Person."
7. Another name for this method of broadcasting silent commands—or Hypnospells—is Hypno-Vision.
8. No one can escape the power of suggestion through Hypno-Telepathy. The law is absolute. Everybody, high or low, rich or poor, ignorant or wise, all are subject to its spell.
9. This method may be used to impel a customer to buy; to double your friends and double your money; to command someone to sleep; to make someone get up and come to you; to bring your mate to you without asking; to make a friend or relative contact you; to influence a total stranger and interest him in your well-being; to convert an enemy into a loyal friend; and much more.
10. Hypno-Telepathy may be used for much more than personal profit. It may be used to help others. With this method, it should be possible for you to help a friend: get along better with others, sleep restfully every night, overcome fears, banish tension and worry, improve his or her speech, achieve new sexual harmony, cut down on smoking and drinking, banish unwanted habits, increase his or her powers of concentration.

HOW TO HYPNOTIZE AT A DISTANCE WITH THE AMAZING HYPNO-PHONE

As a special aid for contact in Long-Distance Hypnotism, I recommend an amazing hypnotic device—which you can easily make—called a Hypno-Phone. This device, like a magnifying glass, concentrates your thoughts and sends them like a burning streak of lightning to their destination. It is really a *Psychic Tele-Viewer,* one that you hold in your hand, but I prefer to call it a Hypno-Phone, since it is almost like a real one that you talk into mentally!

It is obtained and used in the following manner. Take a large sheet of paper—the dust jacket of this book will do—and roll it in the form of a funnel or cone, big enough to look through the wide end with both your eyes. The inside surface of this funnel should be blank. Any writing or markings should be en the outside. It is a scientific fact that such a device will direct your eyes to the other (narrow) end and restrict your vision to a very small area.

This Psychic Tele-Viewer may now be used as an aid to concentration in the steps for Telecult Vision (see "Crystal Gaz-

fog"). Used In this manner, it can help you see and hear beyond barriers such as walls, floors, ceilings and doors . . . locate hidden treasures and large sums of money . . . or actually hear the thoughts of others, since hearing impressions may be received in Psychic Tele-Viewing.

Used in Long-Distance Hypnosis, in 10 seconds the amazing Hypno-Phone should enable you to start broadcasting silent commands (hypnospells) that must be obeyed!

To use it for this purpose, write your message on a piece of white paper. Write or print neatly (not too large) or use a typewriter. Keep the messages short and clear. The one you chose for Hypnospell #7 will do. (As you gain experience, the messages can get longer.) Place the paper with the message before you on a table. Sit near it on a chair and hold the funnel, broad end to your eyes. (See Fig. G.) The whole purpose of the funnel is to shut from your view the surrounding objects and to assist you in the concentration of your vision upon the message. By looking at it constantly you will see the message growing dim and indistinct. But do not allow such a thing to take place; by moving the pupils of the eye to and fro within the range of the paper you can avoid the blurring. In this experiment, the eye should not be allowed to grow fatigued. In case it shows any such fatigue, you should wink your eyes as often as possible. If you practice this exercise daily, your friend will certainly receive your message.

TELEPATHICALLY INDUCED HYPNOSIS

In the annals of clinical psychology at least one case is cited by Gibert and Janet of a subject who could be hypnotized at a distance—*telepathicaUy.* At times she would feel the influence and ward it off by washing her hands in cold water, but in the majority of cases she went into trance without being aware of it. The experiment was carried out by Dr. Pierre Janet and M. Gibert, under the observation of F. W. H. Meyers of the Society for Psychical Research.

Figure G. PSYCHIC TELE-VIEWER or HYPNO-PHONE. Write message on sheet of paper. Then concentrate on message with another sheet of paper, rolled into the shape of a cone, as shown above. This cone-shaped viewer is called a Psychic Tele-Viewer or Hypno-Phone

The results of these experiments are summarized in a table. There were twenty-five experiments in all, of which nineteen (75%) were successes. In one of these experiments, Dr. Gibert actually succeeded in hypnotizing the subject from a distance of three-quarters of a mile, and made her walk through the streets of Le Havre to his house.

GETS RID OF BAD EMPLOYEE THROUGH LONG-DISTANCE HYPNOSIS

"The president of a company that I had been helping was dissatisfied with his sales manager," writes Claude Bristol, in *The Magic of Believing** "but because of many years of service did not wish to discharge him. 'I was at my wit's end,' he told me, when I suddenly got the idea that I could suggest to him

mentally that he ought to resign his job and become a salesman instead of remaining as manager. I thought about it for hours one night, but I nearly fell off my chair when the first thing next morning he came into my office, saying that he would like to resign as manager as he felt that he could make more money by getting out on the street as a salesman. I don't know whether I was guilty of using some sort of magic, but my conscience is clear, because the man today is making twice as much money as he did when he was sales manager, and he's much happier. . .

SALESPEOPLE USE HYPNOSPELLS

Mr. Bristol continues: "A successful book saleswoman told me that if she was satisfied that a customer had the money and really wanted to purchase a book, but was hesitating between two choices, she would keep repeating to herself, but directing her thought to the customer, the title of the one best suited to that customer. She added that many of her sales were made by thought-directive power.

"An automobile executive told me that when he had a prospect who had the money to purchase, he (would always broadcast a silent message to buy) and the prospect did."

TELEPHONE TELEPATHY AND YOUR MENTAL WALKIE-TALKIE"

In a sense, there are two kinds of telepathy: telephone telepathy, in which the other party is aware that you are sending him a message; and hypnotic telepathy, in which you are sending to an unsuspecting person. Awareness makes all the difference—for without this knowledge, another person will think your thoughts are his own. In both circumstances, the modes of transmission are the same.

If you happen to know someone who can also send and re-

ceive thoughts, or if you are willing to teach someone how to do it, then Telecult Power may be used instead of the telephone to communicate with this person.

One easy way to train both your friend and yourself in Telephone Telepathy is with the Hypno-Phone, which becomes a kind of Mental "Walkie-Talkie." After a while, when each of you has acquired the power of concentration necessary to project thoughts without this instrument, you may discard it and send messages to each other in the presence of others without uttering a sound, without anyone being the wiser.

Turn back to the section on "How to Broadcast Silent Commands" and practice Hypnospells #4, 6, and 7 with a friend, taking turns as sender, with the Hypno-Phone.

When you reach the point where you can both send thoughts clearly, without this instrument, it will be possible for you to hold an actual conversation in the presence of others, without uttering a sound. You may be sitting at your desk in the office, working a machine in a factory, or driving a bus, for example—and be in actual "telephone" contact with a friend or loved one many miles away.

I have used this technique to "speak" to someone in another car, while driving on the highway, instead of a "walkie-talkie." And at work, I am able to speak to someone in another office, without leaving my desk or uttering a sound, and likewise receive answers. I am also able to "tune in" on conversations, although it is a power I use with great discretion.

I know a man who makes a long-distance "call" to his wife * every afternoon, telepathically, to tell her he's on his way home so she can get supper ready. And I know a woman who uses telepathy to keep tabs on her children. The point is, there is

* The members of the Psychodrama Institute of Los Angeles, California, believe that an invisible wire of thought waves connects people who know each other. They believe that when the climate of thinking and feeling in one changes with conscious direction, it also changes in the other person.

nothing difficult about it. You can easily do the same. If you are of average intelligence and no more than average ability, you can send and receive thoughts easily. I have not met one single person who, after a little practice, did not exclaim with surprise and delight: "It works! It really works!"

SPECIAL SECRETS OF LONG-DISTANCE HYPNOSIS

At first, it is a good idea—although not absolutely necessary—to experiment in sending thoughts at only a short distance, perhaps a few feet or less. Experience has shown that the shorter the distance, the greater are the chances of success for a beginner.

Success at a short distance will build your confidence (mainly because you can see the results faster), and confidence is perhaps the most important factor in sending thoughts (the greater your confidence, the greater your ability to concentrate without conflicting thoughts).

In addition, it is wise to follow these basic rules:

1. Never attempt to telepathize to anyone who is in a bad mood; always wait for his or her mood to brighten. Telepathize to anyone who seems calm and contented.
2. Do not telepathize to any person who is engaged in deep thought or heavy mental effort (for example, someone who is engrossed in figuring out his income tax). If you do, your thoughts will never get through. Someone who is engaged in light, routine work, however, is susceptible (for example, someone who performs the same job with a machine all day, a typist or assembly line worker). The more boring, tedious, and obviously uninteresting the work is that the person is engaged in, the more susceptible he is to Hypno-Telepathy (Long-Distance Hypnosis).
3. Beware of involving third parties in uncomplimentary thoughts; they might be brought in tune and receive

more or less accurate impressions with a feeling that you are hostile (the more potent a transmitter you become, the more danger there will be).

When you want anything done, don't just ask; *command!* This very state of mind, commanding, is stronger even than words in getting what you want. To command, mentally, requires such strong faith in one's self that the brain power is intensified. To command telepathically, imagine that you are the other person and that you are *ordering* yourself to do something. Mentally shout, "*Go over and chat with Pete* (yourself)" or whatever other command you wish to transmit.

5. Visualize the situation you want to bring about. This means, try to "see it in your mind's eye"; form the most vivid mental picture you can, while commanding the situation to come about. You may keep your eyes closed for this, if you wish.
6. If at all possible, try to face in the general direction of the person or object you wish to influence. Even if that person is on the opposite side of a wall or glass partition. In distance telepathy, and only if you are alone, use the Hypno-Phone.
7. Be as discreet as possible in practicing mental telepathy on others, lest you arouse scoffers. Never let it be known to people around you that you are trying to influence them to do your bidding. Resentment and contrariness would be the natural response you could expect
8. Do not for one moment doubt that you can send (or receive) thoughts. You *can.* Every human being on the face of the earth who wants to, and is willing to follow these simple instructions, can do it. Faith or confidence is probably the most important factor in sending thoughts.

Yes, in Telecult Power as in everything else, the doubting Thomas is at a disadvantage. "Belief creates its own verification in fact," William James once said. "Only believe, and you shall see," go the words of an old hymn. "Faith can move mountains," says the Bible.

"The doubter will not be able to discover or use his untapped psychic resources until he gives up his doubt," writes Alson J. Smith, "for doubt is the acid that eats away at the foundation of the life of mind and spirit."

Telepathy, and other Telecult phenomena, seem to be based on a positive-negative force of some kind—like electricity—operating on wave lengths yet to be identified. And like electricity, telepathy needs a completed circuit to operate. For example, it has been observed that one skeptical person can frequently interrupt or block a stance. His antagonism acts as a kind of short circuit in the circle of joined hands.

HOW TO PROTECT YOURSELF FROM PSYCHIC ATTACK

Any psychic attacker who wishes you evil can use Telecult Power to make your suffer. You are especially vulnerable if you are the sensitive type. If you are, you cannot help but suffer from slights and insults and unfriendly thought messages from people who dislike you.

When you sense that you are under psychic attack, there is only one thing to do. You must develop an immediate psychic block or "shield" to prevent the other person s thoughts from implanting themselves in your mind.

How does one know when one is under psychic attack? Ask yourself these questions:

* Are you having trouble with your marriage, or are you having other romantic difficulties?

* Did your rival get the promotion you deserved and ex-

pected? Does your boss Have a good reason for not giving you a raise?

* Have you recently been plagued by nervousness, fidgeting, or poor healtb for which your doctor can find no cause?
* Has insomnia replaced eight hours nightly restful sleep?
* Are other people forcing you to pay homage to them, agree with them, do things for them against your will—or making you 'look silly" in front of others?

These are a few signs that you may be under psychic attack from a spiteful husband or wife, an exploiting boss, an unfriendly neighbor, a bossy friend, pushy co-workers, or a hidden enemy—perhaps even non-human—all of whom are capable of perpetrating a psychic attack against you.

When you find yourself unconsciously doing something the wrong way, making double work for yourself, purchasing items you don't need, blurting out offensive remarks in public without meaning it, etc., you may reasonably suspect that you are under psychic attack.

HOW TO CREATE A PSYCHIC SHIELD

Among the questions you should ask yourself at this time is, has anybody you know recently said that he hoped you would do any of the things you have done? Suggestion can be a powerful weapon when used against you.

Whether or not the culprit is revealed in this manner, your next step would be to affirm over and over again—as many times as necessary—"I will not receive this person's thoughts." In this way, you create what amounts to a psychic shield that effectively blocks this person's influence from your mind.

Then, using your Hypno-Phone, you immediately begin using Hypnospell #10, "How to Convert a Dreaded Enemy into a Loyal Friend."

When you are confronted face-to-face with an obvious psychic attack, as for example when a fast-talking salesman bom-

bards you with reasons why you should buy his product, or when a belligerent enemy engages in name-calling or sarcasm, you must create what is known as an auditory psychic shield—that is, a shield against hearing his voice.

This is done by immediately thinking of something else—anything—as long as it takes your mind off the attacker's voice. It's easy to do. You can do it right now, to prove it to yourself. Turn on your television set and then go out of the room, so you can still hear it, but not see it. Now take this book and start reading from the beginning of this section, "How to Create a Psychic Shield" to this point. If you have effectively been concentrating on what you are reading, you will suddenly realize that you have not heard one word that was being said on TV.

Another way to avoid psychic attack is to tune in on your friends, from time to time, with any of the thought-receiving techniques mentioned in the first two chapters of this book. If you should discover a hidden enemy this way, repeat over and over, "I will not receive this person's thoughts."

PSYCHIC BACKLASH: WHAT IT IS AND HOW TO AVOID IT

It is a scientific fact that evil has a tendency to backfire, and that the evil you do tends to come back to you. This is the psychic phenomenon of "backlash."

In other words, if you use Telecult Power with evil intent, you may run up against another person who knows how to use it, enabling him to detect you for certain and to retaliate against you.

Another way that any evil schemes you may find yourself contemplating could backfire against you is psychologically. A simple guilt complex may take hold in your mind and grow, causing you to hurt yourself (unconscious punishment) at least as much as the person you wish to hurt. For example, you might find yourself thinking about it so much that your work suffers

at the office or factory, and you are reprimanded or even fired.

It is a bad idea, therefore, to use any telecult power with evil intent. Besides the fact that you risk psychic backlash against yourself, there is no need for it. Telecult Power, as normally used in the course of everyday living, provides all the knowledge, all the power, all the safety and ease of living that anyone could possibly desire.

SUMMARY OF TELECULT POWER #4

1. As a special aid for contact in Long-Distance Hypnotism, you can make and use the amazing Hypno-Phone.
2. This device concentrates your thoughts and sends them like a streak of lightning to their destination.
3. Since it is really a Psychic Tele-Viewer, one that you hold in your hand, you may use it as an aid to concentration in Telecult Vision. Used in this manner, it can help you see and hear beyond barriers such as walls, floors, ceilings and doors.
4. Used in Long-Distance Hypnosis, in 10 seconds the amazing Hypno-Phone should enable you to start broadcasting silent commands (hypnospells) that must be obeyed!
5. In a sense, there are two kinds of telepathy: telephone telepathy, in which the other party is aware that you are sending him a message; and hypnotic telepathy, in which you are sending to an unsuspecting person. Awareness makes all the difference, for without this knowledge, another person thinks your thoughts are his own.
6. Telephone telepathy enables you to speak to someone, in the presence of others, without uttering a sound. If you are of average intelligence, and no more than average ability, you can said and receive thoughts easily.
7. To use your Hypno-Phone, it is a good idea at first to send simple messages at a short distance.

8. Never attempt to telepathize to anyone who is In a bad mood. Always wait for his mood to brighten.
9. Do not telepathize to any person who is engaged in deep thought or heavy mental effort. Someone who is engaged in light, routine work, however, is susceptible. (The more boring, tedious, and obviously uninteresting the work is that the person is engaged in, the more susceptible he is to Hypno-Telepathy.)
10. Beware of involving third parties in uncomplimentary thoughts; they might be brought in tune and receive more or less accurate impressions of what you really think of them.
11. When you want anything done, don't just ask, command! To command telepathically, imagine that you are the other person and that you are ordering yourself to do something. Mentally shout, "Go over and chat with Pete (yourself)" or whatever.
12. Visualize the situation you want to bring about.
13. If at all possible, try to face in the general direction of the person you wish to influence.
14. Use the Hypno-Phone only if you are alone.
15. Be as discreet as possible in practicing mental telepathy on others. Never let it be known to people around you that you are trying to influence them to do your bidding. Resentment and contrariness would be the only response you could expect.
16. Do not doubt for one moment that you can send (or receive) thoughts. Every human being on the face of the earth can.
17. Any person who wishes you evil can use Telecult Power to make you suffer.
18. When you sense that you are under psychic attack, there is only one thing to do. You must develop an immediate psychic block or "shield" to prevent the other person's thoughts from implanting themselves in your mind. Follow the in-

structfons In the section of this chapter titled, How to Create a Psychic Shield."

19. It is a scientific fact that evil has a tendency to backfire, and that the evil you do tends to come back to you. This is the phenomenon of "backlash." In other words, if you use Telecult Power with evil intent, you may run up against another person who knows how to use it, or you may develop a simple guilt complex.
20. It is a bad idea, therefore, to use any telecult power with evil intent. Besides the fact that you risk backlash against yourself, there is no need for it. Telecult Power provides all the knowledge, power, safety and ease of living that anyone could possibly desire.

HOW TO JOIN THE HIDDEN BROTHERHOOD AND ENJOY A WONDERFUL NEW LIFE OF MONEY, FRIENDS, AND POWER

In its ability to make things happen, your mind is like a Psychic Generator or Duplicating Machine that turns dreams into solid reality. It is a process that extends all the way from a conceived notion within your mind, to the formation of that idea—out of nothingness—into a solid, tangible fact. And this even applies to material objects, which can be brought into being through mind power alone.

At the De La Warr Laboratories, Oxford, England, radionic cameras have been devised which can even photograph a materializing thought. In the December 1954 issue of *The Ark* it is stated that when a scientist concentrated on picturing mentally a half-opened penknife, the camera reproduced the concept faithfully. A photograph of tap water in Oxford which had been blessed by a priest showed a white cross superimposed

on the picture of the water, whereas a matching photograph of unblessed water showed no cross.

Now moving into the realm of actual materialization, we have documented evidence of the ability of the human mind to control body electricity, to use it to affect molecules in the air, to slow down the rate of vibrations of these molecules so that they become visible in the exact replica of an object

This phenomenon has been seen and photographed many times, and lends credence to the theory of the divinity in man. (This is the theory that your mind is like the Master's Mind in miniature—that you actually carry a small part of God around with you all day.)

SHE CREATED A MAN OF SEEMINGLY SOLID FLESH AND BONE OUT OF THIN AIR!

Some mystics, like Madame Alexandra David-Neel, have actually succeeded in conjuring imaginary beings (thought or Photo Forms) out of thin air. As part of her training to become a Jetsumna, or female lama in Tibet, Mrs. Neel had to meditate in solitude somewhere in the Tibetan mountains for almost a year.

During this time she attempted a strange experiment. For six months, she concentrated on the image of a jolly, fat monk. At the end of that period, *her thought form assumed an existence of its own,* and was seen quite clearly by others who chanced upon her hideout. They, moreover, took the monk to be real! This was no transparent phantom, but a creature of seemingly solid flesh!

THE LAW OF MENTAL ATTRACTION (Your Mental Money Magnet)

There is a law of Mental Attraction that acts along lines very similar to the action of a giant magnet. That law may be stated as follows:

Not only do you attract thought-vibrations, thought-waves, thought-currents, thought-atmosphere or forms of a harmonious character with your own; you also attract (and are attracted by) the people who send them, people whose interests run along the same general lines as your own.

You draw to yourself the persons who may be needed for the successful carrying out of your plans and purposes. In a similar manner, you are drawn toward those into whose plans and purposes you are suited to play an important part In a nutshell, each person tends to attract toward himself whomever he needs in order to materialize his ideals and to express his desires.

These facts, as well as many others cited in this book, show that man can bring into materialization anything he can conceive mentally. Now I am prepared to show you a method that can increase the actual materialization power of your mind to bring you anything you desire through mind power alone! I call it . . .

THE HIDDEN BROTHERHOOD FOR TELECULT POWER

Nearly 2,000 years before Christ, it was said in the Upanishads, the sacred Vedic books of India, that if two people would unite their psychic forces, they could conquer the world, though singly they might be weak and uncertain of their power.

Then came Jesus, Who said, "Again I say unto you, that if two of you shall agree on earth as touching anything that they shall ask for, it shall be done for them of my Father which is in Heaven."

Why did Jesus send out His Disciples "two by two"? Why was it that on the one occasion when He visited His home town of Nazareth—*alone* among enemies—Jesus worked no mighty miracles? Why? Because, before a miracle could be wrought, there had to be faith—not only on Jesus' part, but on the part

of one or more of those around Him. Bead how often He told those He cured, "Thy faith hath made thee whole.

> The simple fact is that if you add your prayers to mine, you get—not merely twice the power, but a hundred or a thousand times as much! Power that can literally move mountains!

This is your Hidden Brotherhood for Telecult Power—any group of two or more persons that you can manage to get together to unite your psychic forces.

SECRET CEREMONIES OF THE HIDDEN BROTHERHOOD

Even if it's just you and one other friend, it's a Hidden Brotherhood. If you can manage to get together with this friend once a week, and actually agree on what you shall ask for and how you shall ask for it, youll be amazed at the results!

Get together with each other, either in person, by letter or by phone. By phone, it's like an *Insta-Matic Dial-A-Wish Service* that actually works!

Confer with each other, talk over your difficulties and decide whose problem seems more pressing at the moment. Then agree on a specified time each day when—no matter where you are or what you're doing—you will each concentrate on the *same* prayer or request or command, to remedy this specific problem or difficulty.

Mind you, it is not enough to pray for the same thing. You must pray for the same thing *in the same way*. You may be praying for water, and I may be thinking about relieving my thirst You may be praying for a car, and I may be thinking about my aching feet. You may be praying for money, and I may be thinking about the poverty and deprivation the lack of it is causing me. This is not the correct way to unite your psychic forces.

To make your Hidden Brotherhood work, all members must ask for the same thing, at the same time, in the same way. You may visualize this goal, as though you were looking at a picture of it, mentally. Or you may think about it in words. Or you may do both. With your friend, decide how beforehand. Furthermore, you must concentrate on the desired goal, not on the present circumstances.

Agree on a specific time each day (perhaps even two or three times a day) when—no matter where you are or what you're doing—you will each concentrate on the same prayer or request or command, to remedy the problem.

SPECIAL SECRETS OF THE HIDDEN BROTHERHOOD

If you decide to concentrate on a picture, you can use a picture of what you want, from a newspaper or magazine. It can be money, jewels, a new home or luxury such as a new car or a swimming pool. You will all need a copy of this same picture.

On the other hand, if you decide to use words, you must all use the exact same words. Once you have decided on the exact words (see the List that follows), and the time—or times—of day when you will both say them, you must realize that it is not necessary for you to say them aloud. You can memorize them, and repeat them to yourself at the appointed time—or you can read them silently from a piece of paper, on which you have written them.

In this manner, it is possible for you to broadcast silent messages to someone—in the presence of others—without uttering a single sound, to unite your psychic forces with this person, though the distance between you may be great, no matter where you happen to be, in an office or on a crowded bus or train.

But one thing of which you must make certain is that you will not be interrupted—that you will be able to concentrate—

at the appointed time. For nothing is more certain to break the invisible line of communication—and power—that exists between you and your Brothers (or Sisters) in spirit than an interruption.

If your group consists of two people, and you both can manage to be alone at the appointed times, a good way is to write your wish down on two pieces of paper, one for each of you. At the appointed time, each of you then concentrates on this paper—which is a kind of Cosmic Letter to the Master Mind of the Universe—with the Psychic Tele-Viewer described in Telecult Power #4.

In addition, even if a distance separates you, if you are in a place where no one will hear you, it is desirable to make your request aloud, in a chanting tone—for then these special words produce powerful thought currents that help you concentrate

LIST OF SECRET GROUP CHANTS

Here is a list of Secret Group Chants that you may say aloud, with your group, or read silently at the appointed times. YouTl find one for any specific desire you may have. They are called Secret, because it must remain a secret known only to members of the group, that you are using this method. If it became known to outsiders, their skepticism might weaken your faith.

These Secret Group Chants are exactly like Hypnospells, re vealed in Telecult Power #3, without the special preparation, since—merely by uniting your psychic power with someone else's—you get thousands of times the power you get if you try it alone.

In the following examples, a dash indicates the name of the person for whom the request is being made. "Spell #" indicates its number in the continuing list of Hypnospells. In addition, some of these chants are labeled Photo-Form, for a reason that will be made obvious in the next chapter.

THE MAGIC MONEY CHANT
(Spell #11, also for use In games of chance)

Please bless_____with new prosperity and a sudden increase in abundance. Starting now, and continuing for the rest of his days, let a golden river of glittering money pour into his life, filling it with sunshine, happiness and contentment Let everything he touches turn to gold, and every enterprise or endeavor in which he is involved bring him the maximum rewards, without risk or loss of any kind. Shower him with his every want—for as long as he remains worthy. Let life make known unto him its joys, its happiness. Let life reveal to him the fruits of our faith, the ripe, rich, succulent fruits of good fortune. Let it proffer to him these offerings, for him to pluck to his heart's delight—to taste and savor endlessly for the rest of his days. For he is a good person, and will conduct himself in a manner worthy of the good fortune with which he is blessed—sharing and helping others along the way. Let him therefore know, now, any and all luxuries which he envisions for he is a true believer in the maxim, "If there is any good I can do my fellow man, let me do it now, for I shall pass this way but once."

—Photo-Form, #1

THE MAGIC HEALTH CHANT (Spell #12)
FOR RELIEF OF PAIN

Let_____regain his health. Let all his bodily functions become normal once again. Let that part of his body which is afflicted be bathed and soothed by the healing forces of nature. We are directing all our attention to . . . (mention the area), which will soon respond by feeling warm or tingjy or both. We are directing all our thought; all our feeling, all our mental energy to this area and will feel that increased energy.

With this increased energy will come more of everything the afflicted area needs. More blood rushes into and

out of the area to carry off poisonous wastes. More antibodies come in with the blood to devour and carry off germs and viruses, and eliminate them in the natural way. More of the oxygen, iron, calcium, vitamins, minerals, enzymes and a host of other elements that living tissue needs is being brought in to nourish and revitalize this body.

All pain and discomfort will gradually fade away, as if by magic, and_____will look better, feel better right now than he has in years, better in fact than most people do in their prima Soon_____will feel every muscle, gland and organ growing young and healthy again. And, what is more_____will enjoy this new-found strength and youth to the fullest, regaining all the deep, strong confidence that only robust physical health can bring.

-Photo-Form #5

THE MAGIC CHANT TO MAKE YOU LOOK AND STAY YOUNG (Spell #13)

_____

Let_____become young again. Let experience a remarkable rejuvenation. For age is but a state of mind, and not a matter of years. And_____can be young if he (she) so chooses.

Mental energy directs physical energy. Let this new energy bestir youthful circulation to every inch of the body. Let this wonderful new supply of liquid refreshment surround each tiny cell with all the life-giving elements it needs—lymph, plasma and blood nutrients—to help_____win back 10,20, even up to 30 years of new youth, almost overnight!

We are going down deep within the body, speaking directly to the inner life centers, commanding them to grow young and strong again. For in many cases, those who have used this method claim that it has darkened silvery hair, helped relieve stomach trouble and wipe out painful backaches and stiff joints, that it has awakened new life in their glands and put a feeling of new youthfulness in their bodies.

Soon _____ will actually feel the years roll bade as every tiny cell in his (her) body fills out, grows young and firm again. And when this happens,_____will look fresher, younger, far more attractive!

-Photo-Form #6

THE MAGIC CHANT TO FIND A LOST OR MISPLACED ARTICLE (Spell #14)

Let this item (mention name of item) make its presence known to _____ as in a vision. Let the vibrations from this item (mention name of item) radiate strongly, impressing its image, and the image of its surroundings, upon the electron atmosphere around us. Let_____receive these impressions on the screen of his mind, clearly and effortlessly, very soon now, when he least suspects it Make his mental receiving equipment (the hidden antennae behind the eyes) as sensitive as a lightning rod to any impressions of a psychic nature. These impressions can be transmitted—and received—across a room, a city, or a continent, through solid walls, floors, ceilings and doors, for they are psychic energy, and psychic energy defies the laws of gravitational physics. By all the power behind the miracle of Life, we command this article to appear!

—Photo-Form #7

THE MAGIC CHANT OF POWER, SAFETY AND PROTECTION (Spell #15)

By these words, give_____the mighty power to put down all foes, fend off all enemies. By these words, give —.— 's words the power of a mighty iron fist Give his arms, hands and legs the superhuman strength to serve him in times of crisis. Make his (her) body tough, strong and immune to all injury.

By these words, give_____the mighty power to fend off all enemies with the aura of his body, which surrounds him like a psychic shield, and repells all evil influences.

By these words, which we now say, let this psychic shield appear and reappear—on command—whenever he (she) desires it. And let all evil influence bounce off this shield, like tiny beads off glass.

THE MAGIC CHANT TO WORK MIRACLES (Spell #16)

Let these words work their mighty miracles, just as they did for the sons of the children of Israel and the Disciples. If a miracle is needed, let that miracle happen. For the impossible is *possible* through psychic power. "What man *believes,* he can *receive,*" is a truth that can be taken literally. Let these words work a mighty miracle for_____, the miracle of (mention your desire) for they are true words, and true words are alive with power!

THE MAGIC CHANT FOR FINDING A PERFECT MATE (Spell #17) (bring your mate to you without asking)

Let__find his (her) perfect mate, soon. Let them be drawn to each other as the tide cleaves unto the shore. For this is a time for love. This is the time for desire. The single person who utters these words, alone or apart in spirit, desires a mate to satisfy the needs and fill the emptiness of his (her) life.

By these special words, let the perfect mate come rushing into____'s life. Let this parson possess all the qualities that_____desires (mention what you want of him or her). And let_____possess all the qualities that this person desires.

Let them be drawn to each other—though strangers they be now—by the invisible attractions of their strengths and weaknesses, and by the powerful desires which we express here now. Let each be the perfect mate in the other s eyes. And draw them to each other quickly.

—Photo-Form #8

THE MAGIC CHANT TO MAKE A CHILD OR SPOUSE OBEDIENT (Spell #18)

Make these children (or child) suddenly realize that they have but one mother (father, uncle, or aunt) and that they will be sorry if they do not take the feelings of this person—who has always loved them—into consideration, *and obey* for the sake of obeying, and because it is right to obey your elders.

Fill these children (or child) who are mindless even of their own good, who know not, and know not they know not, fill them with concern about the direction they are taking and what mistakes they are making, and what pitfalls they may avoid by heeding the advice of their parents.

Bring to them a sudden realization of what their lives would have been without their parents, and that even now they must not, they cannot take their parents for granted. Make them heed and obey.

• * •

For Husband or Wife, Use the Following Wordings

Make_____'s husband (wife) suddenly realize that he (she) has but one wife (husband), and that he (she) will be sorry if they do not take the feelings of this person —who has always loved them—into consideration, for the sake of love, and because it is right.

Fill (the person's name) with concern about the direction he (she) is taking and what mistakes he (she) is making, and what pitfalls he (she) may avoid by heeding the wife (husband).

Bring him (her) to a sudden realization of what his (her) life would have been without this person, and that even now they must not, they cannot take this person for granted. Make him (her) heed (or obey).

THE MAGIC CHANT TO BELIEVE INSOMNIA
(Spell #19) (Use in evenings only)

You are beginning to relax. Your legs are relaxed. . . . Your aims are relaxed. . . . Your entire body is relaxed. . . . Now you are enjoying complete relaxation. . . . Your legs are growing heavy . . . very heavy. . .. Your body is growing heavy . . . very heavy . . . your arms are growing heavy . . . very heavy .. . vary heavy . . . your entire body is growing heavy . . . heavy . . . heavier . . . you feel as though you were deep, deep asleep . . . deeper and deeper . . . deeper and more relaxed . . . relaxing by stages . . . relaxing your entire body . . . arms relaxing . . . relaxing and heavy . . . heavy like lead . . . heavier and heavier . . . limp, heavy arms . . . heavier and heavier . . . every muscle, bone and tendon in your arm is relaxed and heavy . . . your hands are like lead . . . heavier and heavier . . . heavy like two lumps of lead . . . your left hand is heavy . . . heavier and heavier . . . the feeling is leaving your fingers, wrists and arms . . . heavy and relaxed . . . heavier and deeper . . . deeper and more relaxed . . . now your right hand . . . heavy and limp . . . limp and relaxed . . . limp and heavy . . . heavier and heavier . . . your right hand is almost numb . . . numb and heavy . . . heavier and heavier . . . both arms like lead . . . heavy like lead . . . heavy and deeper . . . deeper and more relaxed . . . deeper and heavier . . . heavier and heavier . . . your shoulders and your neck . . . relaxed and limp . . . relax your shoulders . . . let your shoulders relax . . . relaxed and comfortable . . . relax your neck . . . relaxed and comfortable . . . heavier and deeper . . . deeper and more relaxed . . . do not mind your body . . . your body feels heavy . . . heavy like a lump of lead . . . all the weight of your body is settling down . . . down . . . heavy like a lump of lead . . . heavier and heavier . . . relaxed and comfortable . . . your legs are growing heavy . . . heavier and heavier . . . all the weight of

your body is settling down . . . down your legs . . . heavier and heavier . . . heavier and more relaxed . . . relaxed and losing all feeling . . . feeling heavy and relaxed . . . every muscle, bone and tendon in your legs is relaxed and heavy . . . your legs feel limp and heavy . . . heavier and heavier . . . heavy like a lump of lead . . . your left leg is heavy . . . your left leg is heavy and relaxed . . . your left leg is so heavy and relaxed that the feeling is draining out of it . . . leaving it relaxed and heavy . . . your left foot is so heavy and relaxed that it is plastered to the floor like a lump of clay . . . flat on the floor . . . flat on the floor . . . heavy and relaxed . . . your right foot is heavy . . . heavy like a lump of clay . . . heavy and relaxed . . . plastered to the floor . . . you cannot move your legs . . . you do not want to move your legs . . . relaxed and heavy . . . heavier and heavier . . . deep, deep . . . relaxing all over . . . relaxing completely . . . heavier and heavier . . . heavier and heavier . . . very heavy . . . very heavy . . . heavier and heavier . . . deep, deep . . . deep asleep . . . deep, deep asleep . . . now you are so deeply relaxed that you cannot open your eyes . . . you do not want to open your eyes because they feel heavy . . . very heavy . . . heavier and heavier . . . thousand-pound weights on your eyelids . . . dry and heavy . . . heavy and tired . . . tired and deep . . , deep, deep . . . deep asleep . . . try to open your eyes but you cannot Sleep.

HOW EACH MEMBER OF TOUR TELECULT GROUP CAN GET ANYTHING HE WANTS!

Here is a typical example of how one such group got together to solve all sorts of difficulties for each other. They met at the house of one member of the group, and decided that each week the whole group would unite their thoughts—at a specified time each day—for one member of the group.

The first one chosen was Abe W., the owner of a small hard-

ware store. He owed a great deal of money, and had no means of paying his debts. So that evening it was agreed that at noontime every day until the next meeting, each member would stop whatever he or she was doing, and spend a minute or two repeating the *Magic Money Chant,* silently or aloud, so that this man might receive the money he needed.

That week, for the first time in years, things really started happening for the store owner. A larger company, that operated a chain of such stores, and which was interested in developing new retail outlets in as yet undeveloped areas, approached him with a deal. In a letter which he received, they offered to renovate, enlarge, and completely restock his store—and retain him as manager and part-owner—if he would sell them an interest in his lease. This he agreed to, for a cash settlement of $20,000 plus a percentage of the weekly sales, which would amount to a very comfortable income. In addition, his son received news later that week, that he had been awarded a tuition-free scholarship to the school of his choice. And as if that were not enough, the largest of his creditors suddenly informed him that, due to an accounting error, he had been billed for a sizable amount more than a particular line of merchandise was worth—and that he was actually due for a refund, going back 5 years, and amounting to several thousand dollars.

The little store owner hurried to the next meeting of his Telecult Group, and excitedly informed them of what was happening. All the members were so elated over their success in helping the store owner that they chose the most difficult case of all as the next.

It was the wife of one of the members, Mrs. Julia K., who had lain immobile, in a spinal cast, for fifteen years. Sitting in silence, all the members of the group mentally pictured Mrs. K. strong and well, going about her work in a happy way. Then it was agreed that promptly at 12 noon each day until the next meeting, every member of the group would stop whatever he or

she was doing and spend five minutes, silently willing that the woman would be free from pain, with the *Magic Chant for Health and Relief of Pain*.

All this, of course, was unknown to Mrs. K., who—on the second day of distance "treatment" by the Hidden Brotherhood—said that she thought, perhaps, she could sleep without sedation that night On the third day, she asked if she could have the body cast removed. And on the fourth day, miraculously, she was able to sit up. On the sixth day, Mrs. K. was able to stand up for the first time since her illness. On the seventh day—her whole body quite flexible, and full of energy—she was able to walk about, completely unassisted.

A widow, Mrs. B., whose home was to be sold soon for failure to meet payments, was next. True to the law, just a day before the week was up, a well-to-do lady in town called and asked Mrs. B. if she would take care of her invalid aunt The sum she offered would take care of the back payments on the home and give the widow a steady, lucrative income.

Mrs. D., the fourth member of the group, was having a quarrel with her husband. She was, in fact, living with her parents to avoid the difficulties she was encountering at home. Two days after the group began silently uniting their thoughts with the *Magic Chant to Make a Child or Spouse Obedient,* she began receiving letters from her husband, filled with the spirit of love, begging her to return.

The fifth member of the group was Richard G., a door-to-door toy salesman. It may have been lack of confidence, or even a bad line of toys, but Richard G. complained that he was just wearing out shoe leather, and having more doors slammed in his face than ever before. He turned his problem over to the Group.

Within days after the group began applying the *Magic Money Chant,* Richard G. began to hit a lucky winning streak that netted him 40 orders. Inside of one week, he sold 200 items.

Within a month, he sold 14,000 toys, many of them to toy stores. Two months later, he had a couple of salesmen working for him! Within a year, Richard G. was driving around in an air-conditioned Cadillac, and living in a $359,000 house, complete with swimming pool and all the modern conveniences. He had a business that practically ran itself.

> Each and every member of that group got whatever he or she wanted!

* • •

Recently, at the Psychodrama Institute, in California, it was reported that a group of ten people got together to see what problems they could solve for individual members of the group.

According to the Institute, this dramatic new method of helping people, long distance, really produces the desired results. During a two-year period, these group sessions have been nearly 100% successful. They have brought estranged family members together, performed seeming miracles in helping the sick, and even assisted in making financial gains possible. Somehow, the message that the group sends out always manages to help the intended subject

INSTANTLY YOUR LIFE IS CHANGED

Do not wait for tomorrow, next week, or next month to use this method. There isn't any reason in the world why you shouldn't enjoy the riches, the happiness, the radiant health and peace of mind God meant for you to enjoy. And you can begin enjoying them today with Telecult Power.

The result may come instantly, or after a few days or weeks of accumulated effect. But results will definitely come—this I promise you—in the direction of your desired goal.

SUMMARY:

1. In its ability to make things happen, your mind is like a Psychic Generator or Duplicating Machine that turns dreams into solid reality.
2. Radionic cameras have been devised which can photograph even a materializing thought.
3. There is a law of Mental Attraction that acts along lines very similar to the action of a giant magnet. That law may be stated as follows: each person tends to attract toward himself whomever or whatever he needs in order to materialize his ideals and to express his desires.
4. Man can bring into materialization anything he can conceive mentally.
5. A powerful way to increase the actual materialization power of your mind is to unite your prayers with someone else's. This gives you not merely twice the power, but thousands of times as much. Power that can literally move mountains!
6. Any group of two or more persons who unite for this purpose is called a Hidden Brotherhood.
7. To make your Hidden Brotherhood work, all members must ask for the same thing, at the same time, in the same way.
8. You can unite your psychic forces with another person no matter how great the distance between you, across a room, a city, or a continent, through solid walls, floors, ceilings or doors.
9. Once you have decided on the exact words you are going to use, you must realize that it is not necessary for you to say them aloud. You can repeat them to yourself at the appointed time—or you can read them silently from a piece of paper, on which you have written them.
10. One thing of which you must make certain is that you will not be interrupted at the appointed time. For nothing is

more certain to break the power that exists between you and your Brothers (or Sisters) than an interruption.

11. If you can manage to be alone at the appointed time, a good way is to concentrate on your wish with the Psychic Tele-Viewer described in Telecult Power #4.
12. If you are in a place where no one will hear you, it is desirable to make your request aloud in a chanting tone—for then these special words produce powerful thought currents that help you concentrate.
13. This chapter contains a list of Secret Group Chants that you may say aloud, with your group, or read silently at the appointed times. Youll find one for any specific desire you may have.
14. They are called secret because your using this method must remain a secret known only to members of the group.

THE TELE-PHOTO TRANSMITTER:

How to Use Photo-Forms to Turn Your Dreams Into Solid Reality

It has happened! Science has finally *proven* the existence of another world! An invisible world which seems to be the framework around which our own world is built!

I want to tell you all about it, because, right now, everything you need is in this invisible world—money, jewels, servants, fine possessions—everything, waiting for you to call upon it, waiting for you to teleport it into existence in this world, to materialize into solid reality that you can see and touch.

All you need to do this is an amazing psychic tool—already revealed to you earlier in this book—the amazing Hypno-Fhone, which now becomes a Tele-Photo Transmitter. With it, you can teleport the object of your desire to you, from the invisible world!

This object—or person—whatever you desire, is in its transparent state, called a Photo-Form. The Tele-Photo Transmitter brings this object into focus, and photographs it psychically.

Once this happens, it slowly materializes and becomes visible for you to see, feel, touch and possess.

But before I tell you how to use your Tele-Photo Transmitter for this purpose, perhaps you are wondering: "What proof is there that an invisible world exists?" There is very definite proof —not only of an invisible world inhabited by objects and living beings—but that the mental energy which exists within us and directs and animates our bodies *survives.* And that the mind of man continues to think, plan and function. I call this new science of contact with the invisible world Spiritography.

SPIRITS SPEAK FOR THE RECORD

It has been reported that Friedrich Jergenson, a Russian-born Swedish artist, has made 80 tape recordings of voices purporting to be those of the spirit world. One of Sweden's foremost sound experts, Kjell Stensson, of the State Radio, says the vioces could not be faked.

One of the recordings which Stensson says it would be impossible to fake is of voices interrupting a BBC broadcast of music to say, "We are not dead. We five. The contact. The contact." A total of 139 voices have been identified, some belonging to friends or historical figures.

THE VOICE WITHOUT A BODY

Among the most outstanding evidence we have of survival is the "Margery Mediumship." It began when Margery Crandon, a skeptical young woman, was suddenly able to receive messages from her brother, Walter.

The unusual part of it was that Walter s voice came from nowhere! It could speak from any part of a room. It was clear,

sharp and distinct. Nor was it in any way dependent upon a human voice.

Psychical research societies in many countries seized upon this opportunity to pursue their studies, and Margery Crandon s home was visited by hundreds of psychologists, scientists, and scholars from more than thirty countries, under conditions that made trickery impossible.

Once, one member of a group asked Walter to explain his voice. "How can I talk to you?" he laughed. "Simple. I take ectoplasm from Margery while she is in trance. I make a voice box out of it and use it to create sound vibrations." * (Ectoplasm is a filmy, plastic material which emerges at times from the mouth, nose, ears, or other orifices of a medium in trance and is able to take form and to exert physical pressure. It has been photographed many times as a solid substance, and at other times as a vapor.)

WHAT CONVINCED THE SCIENTISTS

In the Margery mediumship, Walter used an ectoplasmic hand for many of his demonstrations. With this hand he could make a pair of scalepans move up and down, carry objects—such as a coin—through thin air, and even make fingerprints. Extended investigations by the research officer of the American Society for Psychical Research established evidence that these prints were identical with the lifetime right thumbprint of Walter Stinson. A few of the prints could not be identified, and Walter said they were impressions from colleague spirits who aided him in the experiments. This phenomenon was actually photographed at one session. Two flash pictures were taken in a dimly lit room. In one, the film exposed through an ordinary glass lens showed only what the naked eye could see at the time —nothing. The other picture, taken with a quartz lens, revealed a tiny hand resting on the lower of two scalepans.

The time required by Walter to build up psychic power (it took several sittings, each with little results, each taking about 45 minutes), his need of the traditional mediumship setup (a circle of people, in the dark, touching hands), all seem to bear out the theory that an *electrical* intelligence survives the body—one which needs only *additional* electrical power to communicate with us. The members of a stance, sitting in a circle touching hands, form a good electrical circuit.

Since psychic power is electrical—at least *human* psychic power—it makes sense that a stance should be held in the dark, If you'll recall Telecult Powers #1 and #3, it was suggested that you practice receiving and sending in the early morning or late at night when the atmosphere is relatively free of interference, such as sunspot ions.

On a rare occasion when Walter did agree to carry messages from a departed friend to a member of the stance group (he disliked being what he called a "messenger boy"), he said: "Bates can't talk to you himself. He doesn't have the power to communicate." Then there was a faint whisper: "Hello, Ralph."

"Well," Walter said, "he does have some juice." There was silence, and Walter said, "But I guess it's all gone. I'll relay for you."

All of this seems to lend credence to an opinion expressed many years ago by Dr. Cesare Lombroso, the physiologist and criminologist, who said: "There is a great probability now given us through psychical and spiritualistic researches that there is a continued existence of the soul after death, preserving a weak identity, to which the persistent soul can add new life and growth from the surrounding media."

fe.

"Weak" only to us, however, because from all the evidence we have, departed spirits seem to be able to see each other quite clearly. For example, on the occasion just mentioned, when a member of the stance asked Walter to contact a friend, Walter soon replied that he saw the place where the friend now resided, and then described this person.

ASTRAL PROJECTION

There is one persistent claim, among the *living,* that would seem to substantiate an afterlife. And that is the phenomenon of astral projection. The thought of a person leaving his body and wandering about as an amorphous mass of mobile intelligence is a startling concept. Yet despite accusations of everything from fraud to out-and-out insanity, those who insist that they have experienced astral projection steadfastly maintain that they are telling the absolute truth. Among these people are several eminent scientists!

LISTENS TO THE "HEARTBEAT OF A SPIRIT

Dr. Hans Gerloff, in his book *Die Phantome von Koperihagen,* shows many photographs of apparently otherwise invisible beings, taken by Gerloff himself with infrared rays. He also claims that he has listened to what seemed to be the heartbeats of several "materializations" through a stethoscope, has had these beings breathe through a tube into a bottle of limewater (which turns white when air is introduced), and, in one instance, was kissed on the forehead by a departed friend.

It is difficult to doubt the sincerity of Dr. Gerloff, and of the many distinguished scientists who assisted him in his investigations. As a possible explanation, he offers the theory of "ideoplasty," or thought-forms, which is the subject of this chapter.

NEW EVIDENCE OF LIFE IN AN INVISIBLE WORLD

At the Delwarr Laboratories, Oxford, England, radionic instruments have been devised which, by tuning in on radiations, can photograph the *future, matured form of a flower from an ungerminated seed!*

These and many other new discoveries seem to have brought to light a new world! An invisible world which seems to be the framework around which our own world is built! A world that may very well be inhabited by unseen dwellers; a world in which invisible animals exist, perhaps, that can guard your house, protect your family, carry messages; a world in which poltergeists exist that can make furniture move, cups and saucers fly about, stones to fall from mid-air; as well as elemental and little people[9]—tiny beings that have been called by many names over the centuries, elves, gnomes, fairies, leprechauns.

Do they really exist? Nandor Fodor tells us of photos taken of them in modern times. They may lead you to a buried "pot of gold," although it may be different from what you expect, grant your wishes, and much more.

If visual images can survive as vibrations in the electron atmosphere around us, if sound can do the same (as in the case of echoes), if, indeed, each and every one of us is part of a Super-intelligence that created all matter, is it not reasonable that we ourselves survive in some form, as intelligent beings?

Is it not possible, for example, that the electrical circuitry of the brain could survive independently of its physical housing in the same manner that sights and sound survive?

In experiments such as those with Ted Serios, for example, it has been shown that photographs of buildings which have long since been torn down can still be taken. Why? Because all mat-

ter consists of atoms which are always in motion, constantly circling each other. In electricity, every initial impulse sets up a wave vibration in the electron sea which lasts forever. Why not the brain—and even the body?

An interesting, though unscientific, bit of evidence in support of the theory that some form of electrical intelligence survives the body is an item that appeared in the May 1966 issue of *Fate* Magazine by Phyllis R. Haag, whose brother appeared to her in a dream to bring her news of something that was happening hundreds of miles away.

"As my brother turned to go I asked how he could visit me when he was dead," she reports. "He reached out and touched my hand, imploring me not to be afraid. As our hands touched . . . an electrifying shock raced up my arm, instantly awakening me . . . with such a start that at first I thought my hand had come in contact with a live electrical circuit."

HOW TO USE PHOTO-FORMS TO TURN YOUR DREAMS INTO REALITY!

Your Hypno-Phone or Tele-Photo Transmitter, becomes a kind of magic or psychic camera when used to teleport the object of your desire to you, from the invisible world. When you dial the Photo-Form you desire, this camera photographs its invisible, protoplasmic form, which then slowly becomes visible!

You may recall that Telecult Power #6 gave several group chants or hypnospells. All of these are really Photo-Forms. A Photo-Form is a word picture or word description that refers to a definite person or object, a form. To put it another way, a Photo-Form is a desire, expressed in special words which produce powerful thought currents.

The Tele-Photo Transmitter is a kind of powerful psychic

camera, whose photo-glass—like a magnifying glass—sends your thoughts like a burning streak of lightning to their destination in the invisible world.

When you concentrate on any of the Photo-Forms on the next few pages with your Tele-Photo Transmitter, you bring your desire into sharp, clear focus. You *photograph* it psychically, at which point it *must* materialize. (For this is the actual Law of Creation of the Universal Mind.)

Figure H. Hypno-Phone becomes a Tele-Photo Transmitter.

TELEPORTS OBJECT 300 MILES WITH A PHOTO-FORM

As an example of how a Photo-Form or Tele-Command works, Catherine Ponder in her book *The Dynamic Laws of Healing* reports how one of her students who had lost a small golden jewelry box, used such a group of words to recover a lost object. This woman had left the box while visiting at the home of some friends, 300 miles away. When she came home and discovered

the loss, she was overwnelmed with grief. She sat before an empty dressing table, and spoke these words:

"Lord, a dear and treasured object has been taken from me—one that cannot be replaced and means a great deal to me. I *know* that you will help me in this matter because you are kind and just. And so, in advance, I am thanking you for this help."

Then she turned from the empty table and rose to finish unpacking. For several minutes she was completely absorbed in this work. Suddenly she inadvertently turned toward the table—and, lo and behold, there sat the jewelry boxl A true case of teleportationl

LIST OF PHOTO-FORMS

Here is a list of Photo-Forms you can dial with your Tele-Photo Transmitter, as revealed in Telecult Power #6, "Special Secrets of the Hidden Brotherhood"—the difference being that if you decide to use your Tele-Viewer, you do not need another person to concentrate and join his psychic forces with yours:

Photo-Form #1—Money (revealed in Telecult Power **#6)**

Photo-Form #2—Jewels

Bring me jewels beyond description. Bring me rich, glittering diamonds, emeralds, rubies and pearls. Coming into view, speeding toward me from the invisible world. This Psychic Tele-Viewer will bring me all these things and more—shiny rings, bracelets, pin-holders, cuff-links, and baubles, made of thick, genuine gold, platinum, silver and other precious metals. In the name of the Law of Creation, I direct the invisible forces to bring these things to me, for in the beginning there was the Word!

Photo-Form #3—A New Home

Bring me a lovely new home, in a beautiful country or suburban setting, that I will be proud to own. Make this

home the pride of myself, my family, my loved ones. Give it large, lovely, clean, comfortable rooms, with beautiful picture windows, ample closet space, and all the latest conveniences. Make this structure sturdy and well-built, complete with finished basement and a two-car garage. Give it a new, modern kitchen with all automatic appliances. Give it the exact number of bedrooms I need, completely furnished, each with its own bath facilities. Give it a living area and recreation room, complete with a library, billiard table, large-screen color television set, comfortable carpeting and easy chairs. Make this home cool in the summer and warm in winter, with its own outdoor recreational facilities—a garden, a patio (complete with tables and chairs), and a swimming pool Make it the perfect home in every way.

Photo-Form #4—A New Automobile

Bring me a new automobile, all shiny and clean. Give it a well-built, precision-crafted motor that will run endlessly, free of repairs. Equip this car with power brakes, power steering, power windows, automatic speed control, and all safety devices. Give it beautiful new upholstery and carpeting, plus its own radio-telephone equipment Give it brand-new tires of the thickest, safest type, and make it ride as smooth as velvet

Photo-Form #5—-To Heal and Relieve Pain (see in previous chapter, "The Magic Health Chant for Relief of Pain.")

Photo-Form #6—To Look and Stay Young (see in previous chapter, "The Magic Chant to Make You Look and Stay Young.")

Photo-Form #7—To Find A Lost Article (see in previous chapter, The Magic Chant to Find A Lost or Misplaced Article")

Photo-Form #8—To Find the Perfect Mate (see in previous chapter, "The Magic Chant for Finding a Perfect Mate")

AMAZING USE OF PHOTO-FORM #1—MONEY

Lillian P., a widow, says she felt silly using it but thought it was worth a try, since she had a family to support. She happened to be holding her checkbook in her hand—she was always paying bills—when she dialed Photo-Form #1, with her Tele-Photo Transmitter.

When she looked around and saw nothing, she thought, "Well, it serves me right." A short time later, however, when her monthly bank statement arrived, she happened to notice a balance $100 higher than her checkbook showed.

Was it luck or coincidence? Apparently, in the normal routine of checking, the bank had corrected a simple arithmetical error that she had made.

• • •

In an amazing case history revealed in Chapter 9, youll see how a little girl, who probably used the Photo-Form for Money without realizing it, received a shower of money—which came, seemingly, out of thin air!

PHOTO-FORM BRINGS DIAMONDS

A woman of my acquaintance, a very good friend whose opinions I respect, stubbornly insisted that the whole science of Photo-Forms was a lot of nonsense. I pointed out to her that scientists have actually succeeded in crystallizing diamonds out of thin air.

I said, "Is it no more reasonable that Photo-Forms should work than that heavy machines can fly as well as can birds, or that a picture can travel across the ocean and wind up in a TV tube?"

She jokingly replied that if a Photo-Form could work, it ought

to be able to bring her jewels beyond description. I accepted her challenge and told her to dial Photo-Form #2, with a Tele-Photo Transmitter.

This she did, while I watched. Then she looked up at me, smiling, as if to say, 1 told you so. Look, there's nothing on the desk." Then she heard a tiny tinkle, like metal hitting the floor. She looked under the desk, and there was a nickle, a dime and a quarter. Her jaw dropped open, and then she laughed. "It's just some change. It must've dropped accidentally." The spell was operating.

That morning, on the way to lunch, she found two tiny gold earrings on the staircase. I was there, and saw it. The next day, at the office, I saw her wearing a pearl necklace, and a pair of thin silver bracelets. She covered her mouth and giggled, saying her husband had surprised her with these presents the night before.

A few days later, she came to my office, and sat down. 1 got some presents in the mail," she said. "A set of gold cuff-links, and a beautiful gold pin-holder, from my daughter. I found this on the front lawn this morning," she said. It was a platinum ring set with emeralds and diamonds. 1 don't know who it belongs to. IH ask around and put an ad in the papers." Several answers came, but no one gave the right description. So it was hers to keepl

HOW YOUR SERVANTS IN THE INVISIBLE WORLD RESPOND TO TELE-COMMANDS

As was mentioned before, there are roughly two types of beings in the invisible world: departed spirits, and servants.

These servants or little people ("litde men" as they have sometimes been called) can be quite useful to you if you know how to use them. For they are neophyte spirits, still earning the right to become human, and they must obey.

They respond, however, only to certain words known as Tele-Commands. A Tele-Command is anything from a specific request, such as the Hypnospells, Group Chants, and Photo-Forms, to single words or Solo-Words. To increase the power of your contact with the invisible world, you may continue to use your Psychic Tele-Viewer, which now becomes a Tele-Communicator, over which you can broadcast these commands.

An example of a Tele-Command is the following incantation, used by certain country folk in the heart of South Carolina to bring about a healing:

> Angels three that never fail,
> Michael, Gabriel, Azreal,
> Azreal dark, Gabriel light,
> Michael altogether bright!
> Thou, (the name of the person)
> Born the (day, month, and year)
> . . . When I passed by thee
> And saw thee suffering, I said, "Heal and Be Well";
> Yes, I said unto thee, "Heal and Be Well"
> Thus say I unto thee.
> Haste, ye blessed angels three!
> Haste, thou blessed trinity!

Bible students will recognize the main part of the incantation as coming from the 16th Chapter of Ezekiel. It is said that all the incantations of this sort, derive from Holy Scripture, or call upon the angels or God.

HOW THE "LITTLE PEOPLE" RESPOND TO SOLO-WORDS AND LUCKY NUMBERS

The little people" of the invisible world also respond to single words of command, called Solo-Words. Here is the only complete listing of Solo-Words that I have been able to uncover, together with the Lucky Numbers that actually stand for Solo-Words, and are a kind of secret code of communication:

> ro-ama (11) = new youth
> breemar (16) = good health

lola (12) = love
shoras (2) = romance
trinka (5) = money
ouma (7) = new friends
hora *(4)* = wisdom
oom-rama (9) = power (control)
owaye (22) = protection
swa-soon (8) = relief from pain
on-ra (3) = win an argument
car-dual (15) = marital harmony
yano (101) = find (object)
poindu (14) = remember (something forgotten)
zenda (77) = remember (memorize)
or-con-dorr (63) = power to understand
lanid (19) = decode distorted messages
ordway (20) = transportation
tone-a-tone (43) = new pep and energy
alon-alon (28) = help
swa-swasoon (39) = relax
lin-rama (71) = win respect
owlet (92) = dissolve grudge
hinch (49) = make time stand still
tavano (31) = win at games of chance
aron-aron-los (41) = escape

Solo-Words are generally used for what one might call small miracles. Although powerful in spurts, and excellent in times of crises, when help is needed fast, they are generally less powerful than the longer Tele-Commands. Moreover, they are not English words, but have been derived from the accidental discoveries of those who speak in "Tongues."

USES TELE-COMMAND FOR A POCKETFUL OF MONEY

Jerry D. reports that he was broke, a week before payday, and couldn't go anywhere or do anything because he had no cash. All he did, he says, was to say the Tele-Command (or Photo-Form) for Money. He had no idea where the money would come from—or if it would come at all. It was Saturday morn-

ing, so he decided to have a cup of coffee, and go out and get a haircut (on credit). He went to the closet, put on a jacket, reached in the pocket—without thinking—and lo and behold! His hand closed around a small billfold with several dollars that he had apparently left in the jacket last Spring.

FILLS EMPTY PURSE

Mrs. Emma G. reports she needed a few extra dollars for shopping, so she used the Tele-Command (or Photo-Form) for Money. Suddenly she remembered her husband's habit of stashing small amounts of money away around the house—but where? She had hunted for it before without success. This time, however, a hunch led her straight to the edge of the living room carpet. She reached under the carpet and, to her surprise, found an envelope containing about $20 in cash!

USES TELE-COMMAND FOR ROMANCE

Anne G., 48, was—in her own words—"a lonely old spinster." To make matters worse, she was slightly overweight. But she was still looking." Trouble was, the men she liked never seemed to like her. When she learned of this method of Tele-Commands, she decided to use it on one man, in particular, whom she had seen at church socials, but who never seemed to notice her. The very next time she caught his eye—to say hello—she used the Tele-Command for Love. He responded with a polite hello, started to turn away, then suddenly turned back and introduced himself to her, with a smile.

Just as they began talking, Anne noticed another gentleman she liked, who never seemed to notice her. And she used this Tele-Command again. Within a short space of time, a whole group of men were clustered about her, and she was the center of attention. She felt glamorous, attractive, and wanted—for the first time. In the days that followed, this and all the other

Tele-Commands never failed her—and she proceeded to make up for what she called her "lost youth."

TELE-COMMAND BRINGS MATE WITHOUT ASKING

Mrs. Conrad B. reports that she was tired of "pursuing" her husband, as she called it. She wanted him to voluntarily do the things she longed for—show affection, take her places, and enjoy life. But, she said, he hadn't looked at her in years! He would fall asleep immediately after supper, or watch the ball games, or read the papers. Sometimes, in fact, he would just disappear all day, without telling her where he was going! Finally one day at breakfast, Mrs. B. silently used the Tele-Command for Love and the Tele-Command to Win Respect.

Instantly, the expression on her husband's face changed, from boredom to interest. He began talking to her, and showing more interest than he had in years! He began making plans to take her places. And that evening he brought her a surprise gift. Together, now, they are enjoying life and their love is ten times stronger than it ever was!

HOW TO TALK TO BEINGS IN THE INVISIBLE WORLD!

In spirit contact, the Tele-Photo Transmitter or Hypno-Phone of Telecult Power #4 becomes a kind of telephone through which you may speak to the 'little people" of the invisible world. To use it, the same rules apply that apply to Telecult Hearing, Telecult Vision and Thought Projection. Your Hypno-Phone actually aids the natural "sending" and "receiving" equipment that you were born with.

SPIRIT TELEPHONE HELPS FIND MONEY

Spirit beings face the same problems in trying to make themselves "heard" by the living that the living have in trying to

receive thoughts from other living persons. The living mind is constantly having mental energy drawn off to regulate the body. Housed in its physical body, the mind is constantly besieged with earthly problems, which it must solve with earthly limitations. It is these factors which tend to block reception, but which may be overcome with the receiving techniques—especially Deep Relaxation—recommended for Telecult Hearing and Telecult Vision.

But spirits *can* contact you with the mental earphone that you possess. In fact, *aU* the methods in this section and the next are really spirit telephone techniques, although various kinds of equipment are used to help in this process. When yoil use these various devices, you help increase the power of your mental mechanism; and these methods are bound to work for you because, in using them, you are doing your share to meet the spirit world more than half way.

The spirits, too, have their methods for increasing their power to communicate with the living, and they are often able to do so without help.

There are innumerable instances on record, for example, of "spirit voices" telling people where to look, or what to do to find money, as when a "spirit voice" tells someone to bet on a certain horse. Many of the examples given in Telecult Power #9 are clear examples of voices of spirits being received in a telephone like manner.

DID EDISON DISCOVER THE SPIRIT TELEPHONE?

All his life, Thomas Edison was an agnostic. He would neither believe nor disbelieve in survival. Privately, he was inclined to disbelieve. But this was an opinion he seldom expressed, and then only to close friends.

It was not until five years before his own death in 1931 that Edison began to meditate more seriously about survival and discuss it at great length in his writings and among his close

associates. If the human personality survives death, he reasoned, there ought to be a way to contact spirits mechanically. A machine to talk to the dead. Or a mechanical device which spirits could use to contact the living. If this were possible, it would settle the question of survival once and for all

Edison proceeded to tackle the problem with all the vigor and persistence that had characterized his earlier efforts. Rumors about his work began to crop up every now and then, but because Edison would not comment about his work, these rumors died down. Suddenly, after months of research, Edison began talking, among friends and in scientific circles, as though he definitely believed in survival, and as though life in an invisible world were a certainty.

What had happened to make Edison change his mind?

To this day, no one is sure. If Edison did invent a machine to talk with the dead, it was never found or made public. And Edison took the secret to the grave with him.

More than likely Edison *did* discover a machine to communicate with the invisible world—the same that modern science has finally discovered. I refer to your own psychic machinery, the psychic equipment we are all born with—the Mental Earphone, the Psychic Tele-Viewer, the Spirit Teleplume or Tele-Communicator, and other powers.

SUMMARY:

1. Science has finally proven the existence of an invisible world, which seems to be the framework around which our own world is built
2. Right now, everything you need is in this invisible world—money, jewels, servants, fine possessions—everything, in its beginning or protoplasmic state, waiting to be materialized into solid reality.
3. There is definite proof of an invisible world, inhabited by

objects and lifelike beings—as well as proof that the mind of man survives.

4. All you need to materialize the object—or person—you desire from this invisible world is your Psychic Tele-Viewer.
5. Such an object—in its transparent state—is called a Photo-Form. Your Psychic Tele-Viewer brings it into focus, and photographs it psychically. Once this happens, it slowly materializes for you to see, feel, touch and possess.
6. You may dial any Photo-Form you desire, with your Psychic Tele-Viewer. The Photo-Forms in this chapter are really word-descriptions, or word pictures, of any desire you may have. When you concentrate on one with your Psychic Tele-Viewer, you photograph it psychically, at which point it must begin to materialize.
7. There are roughly two types of beings in the invisible world: departed spirits, and servants.
8. The servants or little people (Tittle men" as they have sometimes been called) can be quite useful to you if you know how to use them. For they are neophyte spirits, still earning the right to become human, and they must obey.
9. The Tittle people," or servants, of the invisible world respond only to certain words known as Tele-Commands, contained in this book.
10. To increase the power of your contact with the invisible world, you may use your Tele-Communicator, over which you can broadcast these commands.
11. The "little people" of the invisible world also respond to single words of command, called Solo-Words. This chapter contains a complete list of them.
12. Lucky Numbers actually stand for Solo-Words, and are a kind of secret code of communication with the invisible world. The Lucky Number for each word is given in this list.
13. You may use a kind of Spirit Telephone to contact the invisible world. This telephone consists of the same sending

and receiving equipment described in earlier chapters, such as the Mental Earphone.

14. All the methods in this section and the next are really spirit telephone techniques, although various kinds of equipment are used to help in this process. When you use these various devices, you help increase the power of your mental mechanism.

HOW YOU CAN RECEIVE HELP FROM THE INVISIBLE WORLD

Throughout the mass of occult literature, there runs the legend of the Invisible Masters. This is said to be an organization of members of the spirit world, headed by the Ascended Masters and staffed with many devoted workers whose last earth lives were spent in study and earnest spiritual service to mankind. The express purpose of this organization is the upliftmeni of mankind and the furthering of its progress or evolution along spiritual lines.

Contact with the Invisible Masters can be most beneficial along material as well as spiritual lines. They are like Robert Louis Stevenson's "little people"—your invisible helpers. When you have identified these friends and clearly established your contact, you can expect tangible help of any sort you need.

HOW BEINGS FROM THE NEXT DIMENSION CAN HELP YOU

How can beings from the next dimension help you? Any way you can imagine, and a few ways known only to the spirits.

There Is more truth than you might imagine to the old saying, "As you turn to God, God turns to you." What we are saying here is, "As you turn to the spirit world, it eagerly turns to you."

Beings from the next dimension have helped you many times in the past, although you were probably not aware of it.

A FLASH OF BLUE LIGHTNING SAVES HOLD-UP VICTIM!

In his book, *Helping Yourself with E.S.P.,* A. G. Manning tells about a middle-aged woman who was walking home from an evening church meeting. As she passed a tall hedge, she found herself looking right into the muzzle of a revolver. The voice said, "Let's have that purse," but it was interrupted by a flash of blue light like a tiny lightning bolt which knocked the gun to the pavement. The bandit fled in terror, and the woman hurried home in safety.

AN INVISIBLE HAND REACHED OUT AND SAVED HIM!

Mr. Manning relates how, in another instance, a young boy was swimming alone in a secluded bay. As often is the case for young boys, he overestimated his prowess and soon found himself over his head and sinking from panic and exhaustion. Suddenly a hand grabbed his trunks and lifted him just out of the water. He was transported in this fashion back to where the water came up only to his waist, and deposited back on his feet by the invisible hand..

SPIRIT HELP IN FINDING MONEY

In his book, *The Amazing Laws of Cosmic Mind Power*, Dr. Joseph Murphy tells how, some years ago, a girl named Anne, whom he had never met, phoned him, saying, "My father died. I know he has hidden a large sum of money in the house. I am panic-sticken, desperate, and full of fear; I need the money and I can't find it."

Dr. Murphy told her he would pray about it, and that night he had a dream in which a man said, "Get up and write this down." Dr. Murphy sleepily awoke, went to his desk, and rustled through the drawer for a sheet of paper. The voice of the man in the dream dictated to him as he wrote.

Dr. Murphy says, "I am sure that these instructions were not written by me alone—or even by my subconscious in the half-dream world in which I was. I definitely feel that it was the personality of the father of the girl, surviving so-called death, who gave me the instructions which explained in detail where a large sum of money was hidden, with explicit instructions to his daughter whom to contact, etc. All of this was subsequendy verified."

A VISION OF GOLD

People have visions of great wealth every day. But seldom are they so specific as to enable one to actually cash in! Nevertheless, that is exacdy what happened to Mrs. Helen W., of Phoenix, Arizona.

Mrs. W. dreamt of an abandoned house in her vicinity. In this dream, something whispered to her, "Go to this house. There is rich gold there."

Knowing the area quite well, she climbed up a hill to inspect

the abandoned dwelling. Carefully examining the walls in the places where the plaster had fallen off, Mrs. W. found solid gold. The walls were made with bricks of solid goldl

THE MAN WHO MADE A FORTUNE WITH TELECULT POWER

Years ago, a man named Armand V. Hasen used Telecult Power to actually "break the bank" at Monte Carlo. Using the power this book gives you, he could forecast the run of the bobbing roulette ball, the progress of a horse race, the sequence of a deck of cards. He could stand by a roulette wheel and tell roughly nine times out of ten whether the wheel would come up red or black, and about twice a night the exact number which would win flashed across his Psychic Tele-Viewer.

After a week, and with a fortune in his bank account, Armand V. Hasen called it quits, and has spent the rest of his life using this power to help others.

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If spirits can influence the movement of a pendulum or a divining rod, why not the fall of a pair of dice, or the number that comes up on a roulette wheel?

PENNIES FROM HEAVEN

Recently it was reported that near Bristol, England, a five-year-old girl was returning from school when some pennies rained out of the sky at her feet. As she stooped to pick them up another handful came showering down.

The girl, of course, had to tell her friends at school, and the

next day they all trooped to the "Pennies from Heaven Street." Pennies started to rain down within a few seconds of their arrival.

Today, children from every corner of the town converge upon Westfield Close every day, but there are always enough coins to go around, literally thousands of them being picked up, many of them in less than an hour!

HOW YOU MAY RECEIVE HELP FROM YOUR SPIRIT DOCTORS

Probably one of the most remarkable examples of how spirit doctors work, is the story of Edgar Cayce. Cayce was born in Kentucky in 1876, and had little education. When he was twenty-one, a hypnotist named Layne cured him of what seemed a permanent loss of voice.

While Cayce was under hypnosis, his frequent use of the word "we see" suggested he was receiving help from invisible beings of some sort *He* told the doctor what to do.

On awakening, Cayce found himself cured, and was then persuaded by Layne to let himself be hypnotized again so that he, or those behind him, could diagnose Layne's own stomach trouble. Cayce, in hypnosis, not only did so, but prescribed a treatment which completely cured him.

After that, rather reluctantly, Cayce consented to let himself be hypnotized so that he could diagnose and prescribe for other people. After a number of cures had been effected, the news reached a man named Dr. Hugo Munsterberg of Harvard University, an arch exposer of quacks and spiritualists. It took him exactly three days to admit that Cayce was no fraud.

From that time until his death in 1944, Cayce devoted his life to helping people through information received from his spirit teachers and doctors. He soon learned to hypnotize himself to make contact. He charged no fees, but accepted free-will offerings from those who wished to give.

At one point, when Cayce s wife was desperately ill with tuberculosis, a doctor assured him that he had better try his hand, for his wife was past human help. He also agreed to the drastic remedies which Cayce—or his voices—prescribed in sleep. Mrs. Cayce completely recovered.

On another occasion Cayce s son, Hugh Lynn Cayce, burned his eyes with some flash powder. The doctors were convinced that his sight was destroyed and wanted to remove one eye "to save the boy s life."

Cayce went into a trance and prescribed tannic acid to be added to the bandages. The doctors were certain that it would be too strong, but as they were equally sure the sight was gone they agreed. On the sixteenth morning the bandages were removed. Hugh Lynn could see as well as before the accident.

SUMMARY:

1. Throughout the mass of occult literature, there rims the legend of the Invisible Masters. This is said to be an organization of members of the spirit world devoted to helping the living.
2. Contact with the Invisible Masters can be most beneficial along material as well as spiritual lines. When you have identified these friends and clearly established your contact, you can expect tangible help of any sort you need.
3. These invisible helpers have helped you many times in the past, although you were probably not aware of it.
4. In times of emergency, your friends in the next dimension can act as invisible bodyguards.
5. These invisible beings can diagnose ailments and even prescribe miraculous remedies beyond the knowledge of human beings.
6. These invisible beings can lead you to hidden treasures, such as a will hidden in the lining of an old coat, money in cash,

stocks and bonds hidden under floor boards or buried under the ground; solid gold bricks sealed in a wall; as well as treasures in other places.

7. They can help you win money in games of chance by telling you in advance where a roulette ball will land, which horse will win a race, and much more.
8. They can even drop actual money from the sky.

BLACK MAGIC

(The Power of an Evil Thought)

Every single thing in the world has an opposite. Every Good has its possible Evil: every Positive has an opposite Negative: every good power may be turned to evil ends.

So it is with the powers of the mind. The great power of good which the thoughts of men can influence, have a sinister and opposite power of evil, and it is this evil power which we know in the East as Black Magic.

Black Magic signifies the destructive use of mental power. It is the misuse of spiritual development—for, contrary to popular ideas, spiritual things are by no means always good things.

This article states what Black Magic can do, and reveals the unseen powers that are spurring the world on to madness and evil—not only causing individuals to be evil, but also brewing collective evil out of the uncontrolled telepathic forces which individual evil releases.

Black Magic is a terrible blight, a ghastly curse, and the power of that curse is everywhere. Men sicken and die under the curse laid upon them: nations bleed and suffer beneath its spell.

Wake up! Peoples of the earth. Do not blame others for the sins that beset you! Look at your own hearts and minds! Therein lie the secret springs of all your troubles, and of the woes of this suffering world.

There are Black Magicians in the world who are deliberately carrying on their terrible work. But there are also millions and millions of ordinary people who are busy

laying grievous burdens upon the world and upon their fellow-men, by constantly holding thoughts of anger, hatred, lust and envy. These people need to know the devastating work they are so effectively doing.

He that hath ears to hear, let him hear!

THOSE who believe that we live in a universe of "solid matter" will find Black Magic difficult to believe. One sympathizes with them when one remembers that so great a man as the late Lord Kelvin once said that, "One half of hypnotism is fraud and the rest is bad observation." If great minds may be thus deluded, then we must not be too harsh in our condemnation of the populus who have no time to go deeply into such matters. But although one may sympathize with these unbelievers, one cannot, must not, dare not, desist from calling to them with all one's might and main to awaken and realize the evil that is in their midst; an evil that is creating sin, disease, war, and a host of evils whose source is little understood.

You men and women of common sense! You who think that the world is a good solid place where only comfortable things like money, pleasure, and personal safety are of any account: you must begin to open your eyes and understand that you live in a world

of spiritual forces; you must begin to be aware of the forces that are operating all around you, for you are (like one of those wireless-controlled battleships), guided by unseen forces. You must begin to see that your comfortable, solid world is not so solid as you thought. It is a reflection of God in the screen of *Maya*. It is a living vortex of telepathic forces which are aiding you or harming you according to your own reception or rejection of the powers of Good and Evil.

Don't shut your mind to the mental nature of the universe as the late Lord Kelvin shut his mind to the facts of hypnotism. What Lord Kelvin denied so strongly a generation ago, is now a fact of Western medical science, and what I am broadcasting to-day will likewise be known to EVERYONE in a few years' time—unless the evil thinking of men and women has destroyed civilization in the meantime.

Be open-minded! Jesus, the great Nazarene *Togi,* said, *Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.** Meaning that your mind must be as open as the mind of a child. Unless your minds are open to facts you will see what you want to see and no more; you will be biased and deceived. You will make yourself believe what it suits you to believe. You will miss the point of life, and stagger amid the contending forces of the invisible world, and so bring ruin

* Matthew, 18:3.

and pain upon yourself and upon others. Remember that a man who believes in a material world shuts his mind to anything contrary to that conception so that, in the end, he is not able to believe even the evidence of his own eyes.

I do not want to make you afraid of the powers of evil, because fear opens the mind to the thoughts of the evil worker as surely as faith closes up the mind against him: but I desire to prevent you from being blind to the reality of this power.

I do not wish you to pooh-pooh it and so remain all the time a prey to it: I want to show you that there is a real reason why you should keep your mind tuned-in to Good, and why you should not think evil. A thought in your mind is so powerful that it will telepathize itself again and again to your unconscious mind until it finds a permanent echo there and so begins to shape your life. Imagine, then, what terrific power is generated if your evil thinking, or slack thinking (the idle thought), is also being supplemented by the similar thoughts of others!—remember that like attracts like. Imagine the hatred piling up in the invisible world between the nations—hatred which unless it is dispersed must sooner or later burst into a ghastly mess of bloodshed and horror. It is just like watching a great thunder-storm being brewed in the upper atmosphere, unseen to human eyes, where the forces are

slowly piling up until they reach bursting-point.

In the visible world we see only how a man is *acting*, but in the invisible world there is growing up a thought-form associated with him, and it is this thought-form—this pattern in his unconscious mind—that will prove master in the end, and his real thoughts will be shown up, no matter how contrary to them his actions may be at present.

I have had shoals of letters on the subject of Black Magic. Here is an extract from a letter received from the wife of an ex-Consul General of Italy. She writes:

"In the East, my husband, the late Commander X, knew of facts regarding this evil: facts which he related to me, viz.—That if an envious person admired a child and caressed it, that child would either die or some evil would overtake it. So much were its parents or guardians persuaded of this fact that the child in question was immediately exorcized according to their rites and ceremonies. . . . Before concluding my letter I will just mention a fact that occurred to myself many years ago, when I was too young to have had either time or inclination to tackle deep subjects. I was in the Italian Maremma—between Tuscany and the Roman States, and this happened during the period of my first marriage with a then

conspicuous and powerful magnate in the Province. Without any apparent reason I gradually became weak and nervous. My colour, which was normally of a healthy pink hue, entirely disappeared. I became so thin that the fact was remarked upon by all. I had no illness whatsoever, and was not lacking in any luxury or comfort. One day a lady called upon me: I knew her only slightly but she asked me to listen to her and to take her advice. *You are gradually dying without any apparent reason,* she said: *Tou are the victim of envy. The women of this citadel and of the Province envy you and your position, your beauty and your accomplishments, and also the fact that you are English, whereas an Italian lady has more right to be in your place.* Then she proposed my going to my dressing-room where she shut the door and prepared a basin of water. She poured some oil on the water, saying prayers and gesticulating with signs. At last she said, *Now you are free from the effects of the evil eye—evil wishing and influence. Tou will see that you will soon be better and become yourself again.* I just tolerated the performance—in reality not taking part in it, but it so happened that my health and general state of being rapidly improved; also events happened favourably for me and I lived to enjoy peace and happiness. This lady's prayers, faith, and goodwill seemingly prevailed."

Now I am quite aware that there are several

possible reactions to such a letter. The most popular one in the West just now would be to dismiss it as what is conveniently called " primitive superstition." (Just how much that sort of attitude is worth is shown by my story of Lord Kelvin's dismissal of hypnotism.) Another possible reaction to this lady's letter would be to get into a state of fear. This would be dangerous as it would open the mind to the power of evil. The only balanced reaction, because it is the only one that recognizes all the facts, is to admit that Black Magic does exist, but to be unafraid of it. We should recognize the truth about this unseen evil influence which is the cause of ruined lives, collapsing civilizations, and bad trade. For sin, sickness, and suffering are the result of careless, idle or bad thinking. As stated in a previous lecture, you must either run your own unconscious mind, or someone else will manage it for you: you must keep your "wireless set" tuned-in to the vibrations of Life, otherwise evil will get in.

Apropos of the danger of fear, THE YORKSHIRE EVENING PRESS of October 3rd, 1933, contains an article which is less interesting for what it says than for what it omits to say. After reporting the secretary of the Egypt Exploration Society as saying that . . . *there is no fear among the Egyptologists* (of the 'Evil Eye' of old Egypt) *and no difficulty in finding men, and women, for the expeditions to the land of the tombs,* the article goes on to point out that the Hon.

Richard Bethell, Lord Carnarvon, Sir Archibald Douglas Reid, Mr. H. G. Evelyn White, and an American society woman, have *all died* after having been connected either directly or indirectly with the excavations among the tombs of Ancient Egypt. *Mr. Evelyn White, indeed, committed suicide, actually saying that the curse was on him.* What is so interesting about the article is the way in which it tacitly confirms the contentions I am making: to wit, that those who do not fear the curse, because their disbelief is so positive and downright, are those who escape it; whereas those who have in their minds the slightest seed of doubt (as Mr. White obviously had) are those who tune-in to the curse; and upon these unfortunate people it will work its ghastly power. It just needs a little chink in your armour. It will do the rest. Once again, I say unto you—I am not an alarmist because the evil is here in our midst. We must awaken to the fact.

In the last lecture I spoke of Mrs. Eddy the Christian Scientist and told you how terribly afraid she was of this "Malicious Animal Magnetism" as she incorrectly named it. Now let me tell you the story of one of her followers who was accused of using that same power for her own ends. This woman was Mrs. Augusta Stetson, and the story concerning her reads as follows:

"When a prominent member resigned from the church after openly expressing his own

hostility, his wife soon died. It was then whispered that Mrs. Stetson and her students had united to direct malicious animal magnetism against the unfortunate woman. Another woman in the church was firmly convinced, according to lurid accounts published in the New York Press, that Mrs. Stetson had filled her husband with malicious mental currents, but she went on attending the church regularly because she felt in fear for her own life. One member whose misfortune it was to enter into a dispute with Mrs. Stetson left the church, opened up an independent practitioner's office, and immediately went insane. He was carried to the asylum loudly declaring that Mrs. Stetson's malicious animal magnetism had broken him in mind and body. And eventually there were several suicides which some critics attributed to a fear of Mrs. Stetson's mental wrath.

"According to newspaper reports, these malicious mental treatments were carried on in much the same way that Mrs. Eddy had taught her students in the old College days. Mrs. Stetson would assemble her practitioners at noon of each day except Sunday. The lesson would be read aloud, and then the leader would announce the name of the person who was believed to be attempting to harm Mrs. Stetson and her work.

'"He does not want to harm the church,' the leader would announce aloud.

" Immediately all practitioners present would take up his thought and 'make it real,' picturing the subject as holding this state of mind.

"After a few moments of meditation the leader would again say aloud,' He cannot hurt the church: he has no power.'

"All would hold this sacred thought, concentrating and visualizing.

"The leader once more would continue: 'He is confused—he is confused.'

"Then all would picture the man in a state of mental confusion. If after such treatments, lasting sometimes half an hour a day for many months with the mental efforts of thirty people behind them, the victim did finally go insane, the outside world was allowed to understand that he was insane before he came into the church or he would never have defied Mrs. Stetson. Initiate members would be told that by the removal of the disobedient one God had protected his church.

"Actually, direct suggestion played a real and a large part in these 'treatments.' If the practitioners were treating a person with the object of 'confusing' him, giving him incapacitating disease, or rendering him unfit to conduct his business, word was allowed to reach the intended victim of the proceedings being followed. Those who already believed in the potency of mental power easily were impressed with the horror which was hanging over them.

It would not be strange if, in numerous instances after receiving such news of the practitioners' activities, members actually began to be sick and ailing.

"How the imagination of the more impressionable and hysterical members of the congregation was caught in a whirlpool of fear much like that in which Mrs. Eddy had engulfed herself may best be illustrated by the words of some of the sufferers. 'When I refused to yield my will to Mrs. Stetson,' one church member related, 'I aroused her enmity. One night as I lay in bed I felt that my hour had come, that mental forces which were almost irresistible were being directed against me. I called on God and for an hour I fought the fight. During that hour I developed such psychic faculties that I was able to make my body pass through the walls of my room. At last I conquered and have been safe since.'

"In cases where the practitioners thought themselves dealing with a particularly vicious enemy, the half-hour treatments were much extended: in the fashion Mrs. Eddy had established in years long past, a sort of guard mount was instituted, and the practitioners would take two-hour periods for the duty of holding it. One victim who had been told that he was being treated in this manner said that 'the strain of the malpractice on me was so great that to get peace of mind I rode in the noisiest cars and went into the noisiest parts of

the city. I could hug the noise for the relief it gave me.

My friends, there is ample evidence to show that Black Magic is not a matter to be treated lightly—"Fifty per cent, fraud and fifty per cent, bad observation," as our modern Kelvins might aver. No, it is a real influence, sometimes consciously and maliciously directed, but also, and for the main part, the result of fear, jealousy, lust, greed, and all the unpleasant emotions which the human heart can engender.

It is the fear of lack, and the greed for more than one's needs that has been the unseen Black Magic behind the slump, and the failure of the Economic Conference. What else could have caused a rich, self-supporting country like America to go into such depths of distress? America has enough of everything. People say, "Oh, but the system is wrong." Perhaps it is, but even when America was prosperous, her condition was alarming, because of gangsters and general immorality of all kinds. These things have a cause. They are not just an accident. A boy does not become a gangster without an unseen urge. The mental atmosphere becomes so thick with greedy thoughts, and with the vibrations of harsh money-getting, that receptive youths of a callow type, having no knowledge of "mind-tuning," simply get carried away. As with the gangster, so with the community: a vibration of thought, once

started in the wrong direction, can not only ruin a character, but, if it be taken up by others, can bring an Empire down.

As I write these words the newspapers are full of an alleged plot on London and Paris by a foreign power. Stories are also going the rounds that so many of London's tube stations are being rebuilt because they will be needed in case of air attack. Millions of Frenchmen, Germans, Russians, and others are allowing thoughts of hatred and suspicion to darken their minds; not realizing that the very act of holding such thoughts is like harbouring and breeding disease germs. These evil, resentful and fearful thoughts are boiling up slowly and surely. Songs are being sung that breed hate (useless, needless, ridiculous hate), and these songs are, *in their effect,* akin to the *mantrams* which we *Yogis* chant to attune ourselves to the universal vibrations of power. The *Yogis* chant good *mantrams,* but the peoples of the earth are chanting bad, war-ridden "mantrams" and are thereby putting themselves into tune with the Black Magic of hate and war.

The Bible, that great text-book of mental and spiritual power, contains some intriguing and interesting examples of the use of Black Magic. I am not presuming to judge the great characters of the Bible; but I think it is very noticeable that there was almost only one among them

who never used Black Magic: Jesus of Nazareth never used His power against others, but He once demonstrated its effect in the withering of a fig-tree. That He was tempted to do so, we are certain, for the story of the Temptation is undoubtedly the exoteric story of that great inner experience which comes to all men who tread *the Straight and Narrow Path*, and from that Temptation a man emerges either as a Black or a White Magician. Jesus, the greatest of all *Yogis,* conquered this temptation and He never allowed His power to be used wrongly or destructively. People sometimes say that the withering of the fig-tree, and the destruction of the Gadarene herd were examples of Black Magic; quite true, but these were merely demonstrations of its power.

Some of the Prophets whose histories are recorded in the Old Testament (and also St. Peter in the New Testament), used their power to destroy and to maim as well as to raise up and to heal. The slaying of the Egyptian first-born ; the overthrowing of the Egyptian armies in the Red Sea; the slaughter of the priests of Baal; the infliction of leprosy and blindness: and the slaying of Annanias and Sapphira, all make rather distressing but enlightening reading. It is difficult for an orthodox Christian to pour moral scorn upon Communists, or Fascists because they kill their opponents, when the first Father of their own Church used his higher powers to protect the early Christian "Communists" by slaying Annanias and Sap-

phira. In truth these methods were very different from those of the gentle *Yogi* of Nazareth, who brought only blessing and peace to others and Himself suffered all the pain and the rejection. And, indeed, the meekness and the gentleness which men so marvel at in the Lord Jesus, and which ha's been mocked by shallow materialists, is the very quality which alone can dispel the evil vibrations of Black Magic.

On the pinnacle upon which He lived, the Christ was so sensitive to the vibrations of good and evil that He had to eschew all force and anger except the most righteous indignation. We cannot count evil and hatred false if we ourselves employ them and return evil for evil, and hatred for hatred. If we do not believe in the truth of these things, surely we ought not to dabble in them for our own soul's sake.

A favourite trick of Caruso's was to sing into a wineglass and break it; the glass would break because the vibrations of Caruso's voice were "sympathetic" to the "vibratory period" of the glass. So it is with you! If you allow yourself to become angry, or jealous, you will make your own mind vibrate in sympathy with the angry and jealous thought-vibrations in the world, and these will echo and re-echo upon your mind and claim you as their prey.

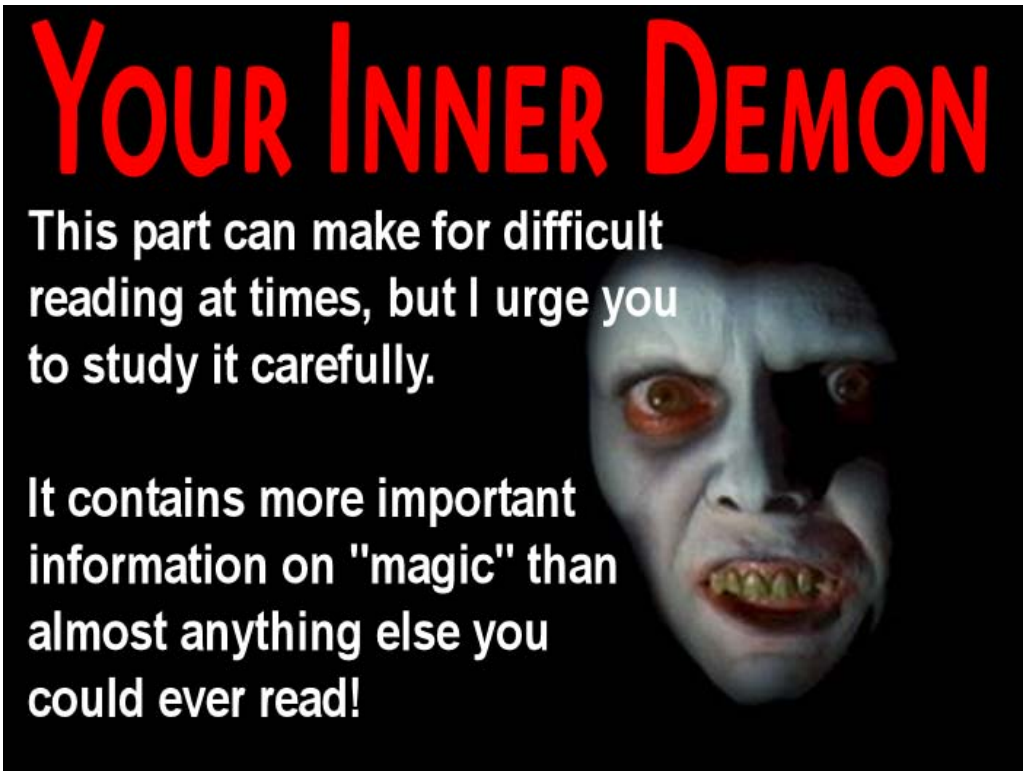
It is not enough for you to be merely negatively pure, just, and good: you must be positively pure, just, and good! A negative attitude of mind will allow strong evil influences

to get into your mind. That is why so many people moan about their afflictions and say: "I never *thought* about evil; I never *thought* about disease: why should these things come to *me?"* My friends, it is not enough that you merely make your cups clean! You must also fill them with good wine: otherwise the Spirit of Evil will seize upon your clean cups and pour its evil potions thereinto—for "Nature abhors a vacuum" as much in the invisible world as it does in the visible world.

Evil must not be weakly avoided, but it must be thrown out with force. This is quite often seen where some evil influence is present—as in a haunted house. Often I have had people write to me saying that they are worried to death by unpleasant happenings in their houses. One letter comes by this morning's mail from a man who has read my book, THE INVISIBLE INFLUENCE, to ask my help in obtaining relief from a Poltergeist. It is not enough that these evil influences are neglected and ignored. They are real forces, and they must not be tampered with. The forces of faith must be brought to bear against them.

Did not Jesus say to His disciples when they came to Him and asked why they could not cast out devils: *If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place. . . . Howbeit this kind goeth not out but by prayer and fasting.* *

* Matthew, 17: 20-21.


YOUR INNER DEMON
This part can make for difficult reading at times, but I urge you to study it carefully.
It contains more important information on "magic" than almost anything else you could ever read!

All magic emanates from the body and from the incarnated, from the pictorial-material appearance of existence (there-being). That the body and "things" only possess "phenomenal reality" has nothing to do with it, since there exists no other "reality" for any kind of consciousness than the one of "perception," the "object," and the "appearance". But in a reality without consciousness we would only have nonsense. The body and things are the basic contents of existence and "divinization of the body" and "embodiment of god" are the axis of all magic. What Friedrich Gundolf said about antique life in its entirety applies especially to magic and its emissions. "They are all only thinkable among people who are affirming the sensually limited existence, sanctify, divinize, and typify the invisible as force, instinct, felt as fate, anticipated notional life. Thereby one must not fashionably perceive the body as a physiological apparatus, but as a metaphysical essence, and not perceive divinization as a psychological experience, "deification," but as a cultic act and a mythical display... The cultic act of god-embodiment is the

sanctification, the magic, which calls or bans the godly into human form or human space. To it belongs the innermost being-seized and being-filled by the appearing, with the whole being, consistently with all senses received godly presence, the construction and impact of the divine in the whole given existence. The divinization of the body is something completely different from the "deification" of the bodily functions; the embodiment of god is equally strong and high, if not a stricter and tougher religion than the world-fiendish."

The sacral basic tone of the sanctification, as an emission of the magic center, has to ring through the whole existence and from this elevated line the last upswing and the darkest crashes have to occur.

One must not believe that these things can be achieved simply with any kind of "practices." They are ultimately a thing of "mercy," that is to say, a thing of the fate. Mercy is not forced by momentary exertion or schoolmasterly passing of "tasks," but it is a free gift from the gods and itself the sign that in us a god is pushing us to embody him. He who does not have the demonic seed within himself will never give birth to a magical world.

Nevertheless, something from the god sleeps in every human and could be aroused with the appropriate fertilization. But not much seed comes up, due to the inappropriate milieu which grows out of the profane benchmarks and tendencies of the mass. The mass of today lives only materially, but not with the body, it feels only intellectually but not with the soul. Even the child is compulsorily subjected to these tendencies (this is called "general education" and "upbringing to a practical life" with the ideal of the "useful member" of human society). One almost has to be a genius today to live such a harmless-sacred life as every sow-herder did in the past.

The most important means of magical "awakening," besides the general milieu, has always been the contact with an already

awakened great one. Just the mere presence in an environment pulsated with a magical stream is enough to let a great deal of seeds blossom out. But for the awakening of the last, the living breath of a great initiated one is necessary and not replaceable by anything. Such breath is already preserved in books.

One should therefore also not believe that one could be able to "learn" magic from this present book, but one can only obtain guiding principles from it, in which oneself and "fate" still have to insert the irrational factor of the "living."

This fertilisation from an individual living great one is one of the rarest occurrences today. But every diffuse living tradition also disappeared, so it is no wonder that the magical existence is in worse shape than ever before. Most are dependent on dabbling on their own account or they fall prey to one of the existing occult "sects," whose leaders also generally have no deeper knowledge and no deeper capabilities. With all these kinds of popular-occultism the possibility to come on a shallow track is enormously reasonable, and one arrives much too easy at the conclusion to consider volatile superficial formations of the psyche and perceptions which are only based on peripheral nerve irritations as magical revelations and wear oneself out in it.

The given directives do not pursue the purpose of supporting such a kind of dilettantism or replacing the incomparable fertilisation by a living master, but they are only designed to establish guidelines for how the development and impact of magical forces has to happen, provided that the necessary above-personal preconditions are present. Such guidelines must never be followed schematically, but they must only serve as an animation, to develop guidelines for oneself from them. In case that certain "exertions" are applied, these must not be considered as "occult experiments" which are performed to "just see if there is anything to it," one should also not consider them as a school assignment which one has to "finish," but they have to pour out of that sacral basic attitude (tenor) that was

already indicated. That basic attitude (tenor) is not learned with these practices but these only have a further-pushing value if that attitude is preceding them.

Since the body is the point of origin of all magical effects, our whole attention at first has to be turned to it. This does not mean that we should lock us into an armor of food-, clothing-, and bathing-directions and because of all the details, thereby forget the main point, but that we strive for retrieving what we have lost for a long time: feeling for the bodily and therefore primarily feeling for our own body. Our whole daily life today is resisting any deeper kind of body-feeling and body-exercise, since we are only used to mechanical performances and because of our almost exclusively sitting lifestyle have lost any kind of body-feeling. The common sport and the gymnastics that come along with it provide no equivalent, since the achieved effect is not penetrating into the deep layers of the inner-bodily structure. Recommendable for our purposes is however a certain kind of gymnastics, which we call “sensual” and “articular” and of which we will talk at length later on.

An important point is of course the question of nourishment. It does not rank that high however, as some occultists of today would like to rank it. The body is not a sack, which randomly takes in what you put into it, but it exerts a careful selection and conversion on the given substances, so that it depends first and foremost on the body itself what it wants to keep and what it wants to reject. That there exist nonetheless substances which are taken in by the body submissively and which then act as “poisons” inside of it is well known, and until now no one succeeded in establishing a reliable definition for the term “poison.” Technically speaking, every substance which we put into the body is acting as a “poison,” that is to say as foreign body. On the other hand, the fasting also has effects which are related to the symptoms of poisoning. Therefore, it has to be classified as an axiom for the whole question of nourishment that we only put those substances into the body whose “effect of poisoning” is in

our intention, and that we should keep all those substances away from it which create other kinds of poisoning effects in it. In addition, there is the possibility by abstaining from certain substances, to possibly bring about certain intended phenomena of "self-poisoning," as is the case during complete fasting and during increased vegetarianism.

The whole problem of alcohol and nicotine will consequently resolve itself.

What is put into the body has to be consistent with the intended effect. Vegetarian food is notoriously decreasing the intensity of the animal powers, so that the vegetarian is then easier to control. Man is becoming "tamer." Meat in contrast increases animalism and demands therefore increased efforts for its direction; it makes the man "wilder." The one who only wants intellectual, "bodiless" insight will favour the use of vegetarian food, especially since he is then able to leave aside a whole lot of manipulations and "milieu-instructions." But he will then have to do without the real incarnation of the demonic, because the appearing sensations will always get stuck in the mental. That vegetarianism is advertised so much today is due to the increasing rationality and abstractness of the European man. Since he generally only wants "bodiless insight," vegetarianism is the more convenient for him. But for reaching the higher levels of demonism, this kind of nourishment is definitely not recommended.

He who wants to enter the actual area of demonism and therefore of magic has to be in full possession of all, thus also his animal powers, and will therefore stick to the appropriate meat food. The consumption of meat played a virtually cultic role in the primeval religions, every other kind of food on the other hand was regarded as something almost worthy of contempt. The primitive man still had a sense for the fact that in the meat of the animals, and last but not least of the human itself, a compression of certain world powers is given, which for him reached into mysticism. The

content of “mnemonic energy,” that is to say of latent memory-substance, and therefore of psychogenic force in general is without a doubt greater with regards to the animal body than the vegetable. He who “eats” an animal is thereby also assimilating the whole ancestral line of the animal, and this one has a greater energetic meaning than the ancestral line of the usual plants which are used for nutritional purposes.

That the consumption of meat principally necessitates much more extensive means and adjustments for the bringing about of magical sensations and actions is connected with the much greater expenses of energies, which come into question with regards to the consumption of meat. Mere thoughts are easy to direct, but as soon as perceptions become real things, whole new problems arise.

What applies to the meat food also applies to the consumption of alcohol, tobacco, and other narcotics. The vegetarian will abstain from them if possible, since they resist its tendencies. They will however some times be much more effective with regard to meat food, due to their affinity. All old peoples knew and used narcotic means and they played an important role especially with regards to the cult and all kinds of magic. J.W. Hauer writes about this: “We know from ethnography that clairvoyance and hallucinations are a frequent effect of certain toxic plants. This shows us that such wonder-acting plants have always been appreciated in some way, be it as juice (like Kawa in Polynesia), be it as powder (like Cohaba in America), be it as intoxicant (like Bhang), or as masticatory (like henbane), laurel, etc. Besides Agnis, wherein the magic fire power is residing, the poison, which is creating the ecstatic excitement, is standing as a coequal companion.” The ecstasizing effect of narcotic substances always placed them in close connection to the demon world. Especially the deep symbolism of the process of fermentation has again and again stimulated the fantasy into mystical speculations. Ernst Fuhrmann writes with respect to the portrayal of old Peruvian cults: “The plants and fruit juices which were at all times

used to brew intoxicant beverages have been withdrawn from the normal decomposition during the ripening time, and during this time of being-locked-in that peculiar power developed inside the fruit-water, which communicates with the human and creates in him the same fermentation of a great deal of his juices, the ecstasy is there, which then follows a reaction, because the waste from the own juices can not be replaced fast enough. The body falls into a deep sleep, which was stolen from the fruit-material, by rendering the winter-rest impossible. It is this ability for intoxication, which the sun created during the winter time, and that the human now wants to take possession of this creation of the winter, which makes this perfectly understandable to me."

The old peoples regarded meat, blood, and wine as the most precious things which man could ingest, and if he sporadically abstained from them, then this did not happen because of rejection, but to increase his responsiveness towards these substances.

The increasing tendency of abstraction, which equates to the entropic curve of decline of our historic time-ring, did let substitute materials take the place of these archetypal substances, so that meat became bread and the blood became wine and finally water, or at least wine diluted with water, as is the case in the Catholic cult. This "dilution" and this working with "substitute materials" are characteristic of this tendency of the world historical process.

Every culture has its declining part – which, as we have seen, is always the longer one – a tendency for entropy, for dilution, abating, disembodiment, and with it a loss of the gods. What we call "rationalisation" and "mechanisation" is only a form of expression of this tendency, as Ernst Gundolf said: "The so-called mechanisation is the stepping back of the gods out of the time. The gods always live, but not always are they letting themselves into the time." The magician on the other hand is the distinctly ektropic, that is to say the force-compressing man, he is the

custodian of ektropic energy focuses, he acts against all entropic time tendencies and he – and only he – represents the point of origin of possible renewals. Hence, the magician always appears antagonistic to the dominating time streams and is therefore always perceived as "evil," but physiologically he appears as atavistic, like every genius. Magic always means a diving back into states, which are "overcome" by the dominating time, that is to say with which the bulk of the time is unable to get on with. Just like the temples and palaces of great epochs have decayed in later times, because the smaller grandchildren were not up to their great ancestors works any more, in the same way are primeval states sinking into oblivion, because the time is "rising above" it, that is to say swimming on the surface. The magician is the man who is always newly able to enter the "status nascendi," and in whom the latent energies are always newly breaking up just like dark memories.

Ernst Gundolf says: "It defines the greatness of a man, how much legacy of the history is again becoming revitalized into reality in him – how great the amount of sleeping and solid substance is, which his being is filling and awakening again, how deep he is reaching down into the sunken layers, to suck their juices up." Only the magician is therefore able to also learn something from historical symbols, only he is able to interpret life forms which have faded away. Considering what he is learning all contemptuous laughter from contemporaries about the "old" has to become silent. Ernst Furhmann writes about this: "We have to memorize once and for all that only a priest will get to know something from other priests, and this only in circumstances whose favor are hard to win. Before Europe may have a really new priesthood, it can hardly learn something from other peoples, and it is again this strange tragedy that at the same moment when a new priesthood wants to emerge here and could walk over the earth, the knowledge in the foreign peoples will just have went out."

Therefore, we must always be conscious of the enormous difficulties which are in the way of every magic acting today, we also have to have enough humbleness to not achieve and enforce something which does not depend on our will but on our rank.

The awakening of a new basic attitude towards existence is not the first thing that we must do, but the first thing that must happen in us... Only when this completely irrational, above - moral, and above – personal transformation has taken place inside of us will all instructions given here gain a sense. There is no directive and no rule which could replace this unique act or could be compared with it.

If the fertilisation by a living master is missing, we have to rely on a diffuse self-fertilisation, which requires a high creative potency and includes the necessity of exhausting detours whose traces are never completely obliterated.

Whose fate is leading him to where he is entering - because of his own power or lifted up by a master - the magic level, has reached the stage of the “pupil,” and only for him does it serve a purpose to consciously continue the work and observe certain rules and directives.

Only from this point of view does the above given description of the effect of foods, poisons etc. bear a meaning. For the profane man these are merely questions of hygiene, which the doctor has to decide. Also the above indicated gymnastics have only for the real “pupil” more than just a mere sanitary value. No one previously became a magician because of gymnastics and the observation of certain food directives, if not the seed for it had fallen into him from somewhere. But who has the rank or receives it at any merciful moment can increase his powers with such things. Also during the ceremony of certain magical measures certain postures and motions play an important role, just like the ingestion of or abstention from certain substances.

The already mentioned gymnastics have the aim to deepen the body-feeling, to clarify and amplify, but moreover to create certain sensations by practicing motions and assuming certain postures. "Sensual" is how such practices are described, which serve in a smooth manner the increase of the body-feeling, as "articular" on the other hand those postures and motions, which influence the body-feeling by over-bending individual joints. The sensual practices stand for a passive listening-into the body and are therefore preferably happening out of a state of relaxation, the articular practices on the other hand represent a violent, almost mechanical pushing and bending of individual joints or of the whole body. They are happening out of a state of increased tension. If both forms are combined, then certain slinging motions are generated which can be of the more smooth or even the wildest kind. These practices are supported by certain breathing-methods.

The sensual practices are based on us turning off (if possible) all arbitrary motion-impulses and relaxing our body to such an extent that it is still barely standing. At first we assume a position of exhaustion, arms and head are limply hanging down, the body is slumping down and is just about standing on the legs... If we now follow the pull of gravity or act smoothly against it and give it certain counteracting impulses of motion but without giving the movement any kind of aim, then we will notice that our directionless body, because of our will, will create certain vague movements and will automatically assume certain postures. The movements themselves are at first of no interest to us, our main focus of attention must be on the inner-bodily tensions which are thereby occurring. Every movement of our body is initiated and accompanied by certain organic emotions, and in getting used to paying attention to these tensions, they will reach a greater and greater clarity and intensity. The instinctive basis of the indicated motions benefits the spontaneous appearance of such feelings of tensions and lets our body have a say, whereas we are usually always out-screaming the body with our intellectual direction. In this manner, we will newly learn to experience our body, we will

realize that it is full of sensations, which until then did escape us completely, and by way of greater and greater empathy, and we will gain the ability to use it for whole new purposes.

In contrast to the tired and casual motions of these sensual gymnastics are the excessive stretching-movements of articular gymnastics. The most important of these movements are those which are concerning the spinal column, because the spine is, as a result of its close connection with the spinal marrow, of outstanding importance for all somnambulant phenomena.

At first, one makes easy trunk-bends to the front, to the back and to the side. Next, one practices trunk circulations on a larger and larger scale. Finally, one kneels on the floor and practices the same things in this position. Hereupon follow the more intense over-bendings of the spinal column. With straightened knees and limply hanging arms, we then bend the upper part of the body forward until the palms of the hand (not only the fingertips) reach the floor. Then one stands with the back in front of a wall, bends the body backwards until the hands reach the wall and now gropes the way downwards while one pushes the back forward. Possibly, one even reaches the floor with the hands, while being backwards, that is to say reaches the "bridge-position," which in many secret orders, like the Rosicrucian Order, had a mystic meaning. The same is practiced with the knees, and similarly the joints of the feet, the hands, and the hip are stretched, too, in order that the body is gaining more and more flexibility. This flexibility exerts an important influence on the overall function of the body, increases the effective potential of inner-body tensions and is, from a purely technical point of view, necessary for the easy execution of certain concentration-postures. The average European would not be able to execute the complicated ones of these positions and to hold them; a simple try would be enough for him to be completely irritated by the occurring pains.

Sensual and articular gymnastics are combined in such a way that one is completely devoting oneself to the occurring motion-tendencies of the sensual practices, and with more and more passionate power is letting them come into effect. Every line of motion is carried out up to the point of its highest excess, and the speed is more and more violently increased, in order that massive slinging-movements, dizziness-movements and abrupt contortions of the overall body or of individual extremities are occurring. One must breathe deeply and, for example, not suppress occurring crying-movements of the throat.

As strange as all this may seem, we have to remember that all of the so-called "acrobatics" of today which can be seen in circuses originated from old cultic practices, and therefore represent occult-magical gymnastics.

As we have seen in the historic part, contortions of the body as well as pathic gestures played a central role in the old magic, and still today the dervishes are "dancing" to bring themselves to ecstasy, and in our churches the enclosure around the most holy is still called a "choir," which is derived from the Greek word for "dance." The presenter in the cathedrals was called leader of the "choralists," that is to say the "dancers." The Jewish Chassidim still dance today on the occasions of their religious celebrations.

Japp Kool writes: "We will more likely come near the truth of the primitive dances and therefore the essence of the dance in general with psychological and religious empathy than with scientific analysis." Robert Blum expresses with regard to the description of hypnotic phenomena: "Rhythmic body movements – dance – are also producing hypnosis." He continues: "Furthermore, narcotics – intoxicating beverages, numbing smokes, etc… may induce hypnosis or states of ecstasy or are at least conducive to it." With regards to our practices, the use of narcotics will also prove itself to be enhancing – and it will be most advantageous if, among other things, real incense is used, which is vaporizing on glowing coals.

The desire for greater care of the body will generally arise on its own while practicing the mentioned gymnastics, and one will learn to understand why washings, baths, embrocations, and unctions have in the past been closely linked to cults and magic. One will also pay attention to the clothes, especially during the practices. The clothes, as the enveloping layer of the body, are of fundamental importance for the whole body-feeling. One will also soon reach the conclusion, that the mentioned exercises are in any case hardly practicable in our usual clothes, and one will automatically drop one piece after the other, until one wears hardly anything anymore. The Egyptian priests were sometimes instructed to be completely naked. Other peoples used a certain "prayer-clothing," which consisted of a lose cloak or cloth.

As soon as one practices the exercises with a naked or sparsely clothed body, the desire for a carpet arises, whereupon one stands and which one also gradually prefers to sit on a chair, since it is an unpleasant feeling to sit upon it with naked skin. Completely without "historicising tendency," one comes therefore back to the cultic objects and certain general ways of life of the old peoples. The Mohameddans still have a "prayer-rug" today, and all old peoples have been more or less "crouch-peoples," that is to say they sat on the floor and not on chairs.

The mentioned gymnastic practices as well as the possible introduction of toxic substances into our body or the keeping away of certain or all foods from the body have the aim to influence our body sphere and in this way change our world of perception. It is a peculiar fact, that we not only exert and receive effects within our world of perception (this is called "empiric"), but that this world of perception can be changed in its basic inventory by shiftings and transformations within an individual object of this world, namely that object which we call our "body". Our whole world of consciousness is most immediately dependent on our body, which means itself only a "thing" within this world, but it is that thing which is the carrier of our consciousness. By influencing our body

we change the contents of our consciousness in a much deeper way than by “empirically” affecting these contents (i.e. “things”) of consciousness. This gives magic its superiority over all things merely empiric.

To the stated measures now additional practices are coming, which serve the purpose of changing our body sphere and therefore our whole world of consciousness, but which do not reach this effect by centripetal but by centrifugal means, that is to say by means of the central and peripheral nervous system. These are practices which on the one hand work towards the complete destruction of any world of perception, towards an abolishment of any consciousness, that is to say towards “erasing,” and on the other hand work towards an immense concentration of the inner-bodily energies in certain points and towards a projection of these energies as plastic imaginations outwards, that is to say as “compressions.” Erasing and compression are the axes of all magical practice, and all gymnastic, toxic, and other means eventually only serve the purpose of creating both of these forms of states. Erasing and compression are combined in one notion, in the word of “ecstasy,” a notion which therefore contains a double meaning and can be negatively or positively composed. Ecstasy, that is to say “setting beyond” the profane world of perception, is the basis of magic, because only in ecstasy does the person gain contact with his demon, who stands for the source of all magic ability.

The “demon“ or “god,” as we have seen, is the punctual projection of the whole cosmic and para-cosmic dynamic in us. He is the “cosmos” in its whole infiniteness, but he is also the centre of our “I.” He is unapproachable for us on the profane level of the mere “empirical” existence, since our empirical consciousness is not reaching down into these deep layers. He is only approachable for us in “ecstasy,” which is stirring up all layers and tearing up the last in order that the empirical is combining with the above-empirical in the “sacrifice.” A mild reflection, distant quasi-lightning of ecstasy, is what we have described above as

“sanctification.” Peryt Shou says: “Every god is the own I in a special cosmic-astral channel, which the I, stimulated by ecstasy to spontaneously view, finds by being reflected in him (the god).” Even to have spent mere moments in this magical state leaves traces behind, which distinguish the pertaining human and his whole world of perception from any other human and his world of perception. Such a human is “sanctified” in the deepest sense of the word. Being a sanctification, ecstasy is not only continuing to have an effect, but is beforehand also having an effect, that is to say magical people are in the state of sanctification often a long time before the actual sanctification happens, and only if this state is accompanying the exertions it is then possible that these lead to the immersion of god into the existence.

The “consecration,” the transfer into the state of sanctification by means of ecstasy, in antiquity happened in the so-called “mysteries” at the hand of a master. The natural state of sanctification was always taken for granted, that is to say only humans were admitted who appeared to be “worthy.” This natural - pre-existing before ecstasy - state of sanctification was much more frequent in antiquity than today, since the overall milieu was exerting a constant diffuse fertilisation.

“Sanctification“ was also called “reincarnation.“ The old ones already knew that the necessary ecstasy was a free gift from the gods, that is to say is a mercy of fate, and is never enforceable by means of certain “practices.” R. Reitzenstein writes about his: “This cannot be taught, only god can awake it in our heart. The process is a begetting, the begetter is gods will; of course, a human father is also acting, who was predestined by this will, and who must himself be reborn, that is to say become the son of god. Because that is the effect of this begetting. The human becomes the all in all just like god and consists himself of the forces of god...”

The whole existence has to be oriented to ecstasy and to unification with the demon, and has to appear as preparation and

product of these moments. As R. Reitzenstein also expatiates: “The highlight of religious life is ecstasy, which reaches its most complete and unmistakable form in mystery. If a person is unifying in it with god, he has to hereby gain immediate knowledge, which must be independent of all prior knowledge, and he now talks to god through the servant, who is dedicated to him. The revelation and the immediate view remain also for the priest effect and highlight of the true cult.”

We do not possess the, to some extent enormously complicated, means anymore, which the old ones had at their disposal for the consecration. Most notably the most important is generally missing: the master. Here today’s man also usually does not possess that sensibility combined with strong animalism, which would be necessary for the demonic act of begetting. In this manner everything remains imperfect piecemeal work, and what we can give here is a number of direction signs to the peaks, which will be climbed only by a very few.

The following exertions must only be practised at night, since it is much more advantageous for the appearing of magical effects than the day. The old mysteries were also always carried out at night and the constellations of the stars, especially of the moon, always received rigorous attention. Robert Blum tried to give explanation for this: “The moon constitutes the negative pole of the heavenly battery of sun, earth, moon, and the electropositive sunrays stream upon that site of the earth which is turned towards the sun, penetrate it and leave as electro-negative at the opposite hemisphere and now stream towards the moon. These negative rays are modified according to the phase of the moon. At night, that is to say on the hemisphere of the earth which is turned towards the moon, the negative streams are causing the nerves to go limp and to only function automatically; the brain is atrophied, the oscillations of the nerve-aether in the ending-neurons are completely stopping, and impressions from the outside physical world can therefore not be transferred to the sense-aether of the soul any more and no feelings are arriving

from there at the consciousness." We can therefore understand that the negative nature of night and the moon is benefitting the incidence of ecstatic states, because these demand a "stepping out" of the profane empirical environment.

The first state we try to create is the one of complete "erasure." This erasure is related to the phenomena of the sleep and of the death. Only through annihilation, destruction, decomposition does new existence come into being. The profane so-called "normal" existence must suffer a deep concussion, it must experience such an effective "breakdown" and "de-essentialisation" in order that it is rearranging itself into a new reality. Omar Al Rashid Beg says: "The world is through fight, life is through annihilation, all construction is through destruction, all emergence is through vanishing – in all becoming lies unbecoming." The state of erasure can be compared to an illness, as Peryt Shou says: "The soul becomes ill because of the first consecration, because of singings, evocations, postures, similar to a seriotic infection. Through the first initiation did that seriotic poison penetrate into the soul – a poison, which stimulates, excretes and heals."

Since we are lacking the whole cultic machine of the old ones, for the time being we have to be content with a weak reflection of the former mysteries.

One evening with a quiet and concentrated atmosphere, we turn off the light and place a candle somewhere, but dimmed out in such a way that its direct light is not hitting us. We slowly walk up and down the room and breathe deeply. The clothing must nowhere be to restricting. One would be better wearing soft shoes instead of boots. The whole body must be kept very relaxed, the arms hanging down at the sides and the palms somewhat turned to the back, as if one wanted to push air away. The head is slightly raised, as if one were drinking.

We will soon experience that a deep feeling of calmness will gain ground, which will gradually take on a character of numbness. For this, lightly narcotic smoking can be highly recommended.

We give free reign to our thoughts, but are cautious that this reigning of thoughts does not become a “pondering.” Daily sorrows must be fiercely repressed and likewise any abstract reflecting is to be avoided.

In this manner the after effects of the daily life are gradually fading away. Now we throttle in a soft manner the thoughts more and more, in order that any kind of imagination is turned off and our inner self is disengaging itself from any conscious movement of the soul. This state of complete emptiness is very hard to reach, because even if we believe ourselves to be completely free of imaginations and thoughts, with detailed attention we will instead observe that this is not the case, that our inner self is continuing to produce imaginations and that we are only pushing them “aside.” But the most important point is that we do not create any kind of imaginations anymore.

Now we quietly stroke with the right hand from the head down to the feet, while the left hand is laid upon the back of the head. We are letting the hands sink and wait for what the body is doing on its own. If the aforementioned practices of sensual gymnastics have been successful, that is to say if we are able to let the lightest spontaneous impulse of motion of the body come into effect, then we will experience that our limbs are themselves beginning to move in an undetermined groping way and are remaining in certain, often times hard to find, postures. This is the beginning of so-called “concentration-poses.” Larynx and tongue will also begin to move and to form inarticulate syllables. Sound-combinations like “Om-ra”, "Am-ara", "Am-an-ara", "Ma-na", "Ur-umbu", "Um-bu", and others will perhaps appear. Movements of the body and syllables will also be linked to one another in a certain way.

The breathing should be calm and even, as in sleep.

We close the eyes, whose lids are beforehand already kept half way lowered. The closed eyes, the calm breathing, and the monotonous mumbling of the syllables must awake the emotion in us, as if we would be more and more plunged into infinite, dark waters, or as if we would be floating in an infinite, empty, lightless room. Here a converging of the closed eyes in the direction of the root of the nose is also beneficial.

During these practices we must not desperately "want", but we must, so to speak, "elicit" the states out of us. The old ones solved this difficulty in the manner that the master brought the pupil into a hypnotic state and then created suggestively the described sensations in him (the pupil). Thus all desperation and convulsiveness of the will on the part of the pupil was impossible. But with regard to the self-fertilization on which we depend most of the time, we have to be, so to speak, master and pupil in one person and the hetero-suggestion must become an autosuggestion, which makes things much more difficult...

During the state of erasure, which we must maintain as long as possible, our living perceptions are sinking back into a "status nascendi," into the energetic original state, which is itself precisely unconscious. Our world of perception is analytically split up and waits for a new synthesis..

Peryt Shou writes about this: "Through autosuggestion we change all contents of imagination into mobile values of the principle of life, the will. The will corrects, arranges, and subjects the contents of imagination. But it is remarkable that the Radsch-Yogi is not forcing the state of autosuggestion, but is letting it happen because of traditionally known causes. Such a state of autosuggestion is at its first level cosmic sleep. This sleep is a return to a state of life of humanity which is stored in the sub-consciousness, and in which humanity created the first mental values, the perceptions… Here we talk about a memorisation,

cosmically created in the somnambulant (similar to sleep) universal connectedness, a memorisation about this elementary state of consciousness which goes back to human primeval history..."

The first phase of the ecstatic state has been in former times directly compared with death. R. Reitzenstein writes: "The mystic had to descend into a grave." J.W. Hauer elaborates: "The god of death is in close connection with the consecration; because he is the one who is picking up the seemingly dead person and introducing him into another world. During the consecration Yama, so to speak, pulls the seemingly dead corpse up."

The state of imageless, similar-to-death immersion must cross over into a phase with a more and more strong pictorial nature. This was formerly suggestively brought about by the master, today we have to arrange it ourselves. This is the process of "compression."

We sit or lie down and try – still with the eyes closed – to create the imagination in us, as if we would awake in deep, dark, subterranean caves, on whose ground black waters are spreading. Provided that we possess the necessary predisposition and the first state of erasure was actually reached, now the life of perceptions will rapidly be enflamed. The figures around us, which have a more or less horrible, mollusc-type shape, will automatically compress themselves, and we will perhaps also perceive ourselves in a non-human or pre-human shape. The waters of the deep throw waves and bubbles and exhale foreign damps. And these damps circle around us, agglomerate and elongate, merge and burst into gelatinous masses, enflame in shrouded appearance and sprout heads, limbs, leaves and images of incomprehensible shape similar to the sea-creatures which are neither animal nor plant. Somewhere a dark sun and a dead moon are glowing.

These appearances are not ”empty fantasy” but they are projections of very specific energetic configurations in us, are becoming-an-image of the latent cosmic energies in us. These energies, as we have seen in the theoretical part, have compressed in us, on their way over our ancestors of the human, animal, and mineral kind, and during the state of immersion all these forces float into morphogenesis (becoming-a-shape), that is to say we now view those imageless energies, which are resting in us, as plastic-conscious. Our consciousness wanders through ancient states of existence of the cosmic in us. That is why very early on this process was described as “transmigration of the soul.” The “soul,” that is to say the focal point of the consciousness, is wandering, so to speak, through the various structure-stadiums of the cosmic, which are represented by our line of ancestors down to the first star cloud, while our profane life is resting asleep (latent) in us. A.M.O. writes: “Our memory contains a gallery of ancestors which is qualified to evoke knowledge. All our ancestors are interwoven in it. We are therefore able to reawaken the whole history of creation in us.” Of course, this reawakening does not apply to the empirical history of creation, so that geology, palaeontology, etc. are discontinued, but it applies to the inner energetic structure of our line of ancestors, which gives a pictorial-energetic morphology of faded-away states of existence. That the emerging images have nonetheless a certain similarity with the empirically verifiable creations of sunken times, is on the one hand attributable to the fact that the empirical is always only the becoming-an-image of certain energetic complexes, and on the other hand attributable to the fact that the fantasy, i.e. the power of imagination, takes possession of such finished formations to fill them by imago-spurious means with contents. It would be in principle thinkable that during a somnambulant immersion in a human of today energy-constellations would awake, as they have been present in the mineral or astral-geologic stadium of our line of ancestors, so that therefore his consciousness would suddenly project the inner-energetic structure of a star cloud or a crystal. For this, his fantasy could also take the empirical image of such a thing and use it for the decoration of the pertaining imagination. A

very important role in our line of ancestors plays of course the animal-stadium and therefore appearances of animal-like beings constitute a prominent part. Peryt Shou calls the animals "eternal symbols of wisdom of creation" and further expatiates: "Animals have been especially holy for the Egyptian, since they embodied for him the descending of the godly soul into the substance. The ego has a concealed memory of these – his – evolutionary stages. It releases its concealed treasure. The light of the ancient sun pulls out all the reminiscences as the "membra animae." These stages of development through which the ego has passed and which have been philo-genetically imprinted in the individual are in no way lived out and gone forever."

During this phase the overall character of the occurring imaginations is gloomy, confusing, and horrible. That is why from time immemorial this state was called "descending into hell." The mystic is buried and awakens in hell or the underworld, i.e. the pre-world.

In the theoretical part we have already indicated that all energy is double-sided, and we had identified the ektropic or kinetic side with "evil," the entropic or potential side with the "good." Evil is the dark-violent, irrational, destructive-creative, which eternally appears as inconceivable, unfamiliar and therefore gruesome. It is the principle of Satan. Schelling said about this principle: "Evil is nothing else but the original cause of existence, insofar as it is striving towards actualization in the created being, and is indeed only the higher potency of the cause which is active in the nature." It is therefore understandable, that during the breaking up in the ecstatic immersion, the ektropic focuses of our inner-self at first show images of dread, i.e. hellish visions. The many accounts of "descending into hell" from magic men, and even godly beings (Ishtar, Demeter, Dionysus, Christ, etc.) are an indication that this is not a conceited game, but a psychic experience.

Since the occurring imaginations are coming from cosmic energy-complexes which are lying within our immediate inner sphere of feeling, they are appearing to us not just as empirical "things," but we are experiencing them from inside out as certain projections of the overall cosmic dynamic, that is to say they possess a demonic character for us. Demons differ, as we have seen, from the empiric thing-imaginations in that they appear as certain becoming-an-images of the overall cosmic dynamic, whereas the empiric things are experienced as scattered parts. In the mystical vision the whole appearing "environment" is demonized, that is to say in one moment we view all god-forms or god-images which correspond to the individual stadiums of "our" sunken existence. We view, so to speak, "living mythology". Schelling said about this: "The succeeding gods have indeed taken possession of the consciousness one after the other. Mythology as a history of the gods, thus the actual mythology, could only create itself in actual life, mythology had to be something lived and experienced." The great initiated A.M.O. said: "We call those forces gods, which are worth the trouble of knowing them in such a way. Something can appear as a person (in our sense as "formations"), which is only mental power or a complex of such powers. The god himself does not exist, but is only imagined by us... Forces become formations, if other forces make them into these. If (a) god wants to become a body, he is only able to do it by giving the human an impetus to create him. The god is and is never. What you call god, was never. God is an imagination. But all that we are able to think is an imagination. The power itself is nothing, but only the appearances, and you create these appearances through you and for you. Everything must be introduced into the appearance before it can be recognized."

Therefore, we experience in the magical vision the whole cosmos from the demonic aspect, we view the (in this aspect) acting forces compressed into plastic images, we intuitively become aware of those potencies which form the basis of the creation of everything-world.

Every history of creation is an interweaving of ektropic and entropic tendencies, which are projected into time and appear as consecutive states. The ektropic moments, the great "acting processes," as Felix Auerbach calls them, are the actual creative, satanic potencies, embodied in Lucifer, whose torch called the great "ignition-phenomenon" of existence into being, the entropic moments, the "elapsing processes" stand for the impact of the induced shiftings of the cosmic-dynamic structure. All birth is a birth from the darkness to the light, from the disorderly to the orderly, from wild to gentle, from bad to good, from Satan to Seraph. Satan is the beginning, Seraph is the end. Seraph is not "greater" than Satan, he is only the fading-away final act of the hellish thunderstorms of the beginning. But Satan is in everything that lives and appears, he acts in the last tenderest beam of light of the last star, before it is dissolving in the grey twilight of the worlds of finite entropy. Schelling said about this: "The unruly lies ever in the depths as though it might again break through, and order and form nowhere appear to have been original, but it seems as though what had initially been unruly had been brought to order. This is the incomprehensible basis of reality in things, the irreducible remainder which cannot be resolved into reason by the greatest exertion but always remains in the depths. Out of this which is unreasonable (irrational), reason in the true sense is born. Without this preceding gloom, creation would have no reality; darkness is its necessary heritage. The self-conceit of the human is reluctant against this origin out of the darkness (out of "Satan") and he even searches for ethical reasons against it. The effeminate lamentations that in this way the unreasonable would become the root of reason, that the night would become the beginning of the light, rest on the one hand on the misunderstanding of the matter, but they also represent the true system of today's philosophers, who would gladly make fumum ex fulgore (blue smoke from lightning). The revulsion against everything real, which would pollute the spiritual with every contact, must of course also blur the vision for the origin of evil." Jakob Böhme says: "Look, I will tell you a secret, the time has come for the groom to crown his bride; guess where the crown lies?

Toward midnight, because the light is clear in the darkness. Everything has bitterness in itself, which is burning, eating it up, and decaying it; this bitterness swells, pushes, and elevates itself into the light and makes the light mobile. A separation developed between the love in the light and the enflamed rage in the darkness. One can not understand the other, but both are linked together like one body. In everything there is poison and evilness, and it has to be this way, otherwise there would be neither life nor mobility, no color, virtue, emotion, everything would be nothingness. Evil belongs to the formation and the mobility. The bitterness is the root of all things, in it alone there is power and might, the wonders originate from it. The first is the bond of eternity and reaches into the abyss." William Blake says: "The Giants who formed this world into its sensual existence and now seem to live in it in chains, are in truth the causes of its life and the sources of all activity, but the chains are the cunning of weak and tame minds which have power to resist energy, according to the proverb, the weak in courage is strong in cunning. Thus one portion of being is the Prolific, the other the Devouring: to the devourer it seems as if the producer was in his chains, but it is not so, he only takes portions of existence and fancies that the whole. But the Prolific would cease to be Prolific unless the Devourer, as a sea, recieved the excess of his delights."

The same process, which is the basis of all that appears, is also intuitively dominating the magical ecstasy. The darkness gives birth to the light and the gruesomeness to the blessedness. The shapes boil, surge, separate, their silhouettes become clearer and freeze to tremendous formations. Darkness still lies on everything and a hellish incandescence. But as the time goes by and we wait viewing, the darkness becomes lighter, the shapes become more subtle and begin to gleam in a light glance. The rocks split and a crystal heaven is vaulting us. The flush of the night and of the steaming deep changes into an emerald brightness, and as if being dissolved in a consuming light we begin to float through circling sun-spaces of blissful entrancement.

The described sensations form the basic experience of the magic ecstasy, the experience of the mystic in the mysteries of the old ones. R. Reitzenstein reports: “At the hand of the high priest the mystic descends into the adyton towards the actual consecration, about which he only reveals that he came to the threshold of the world of the dead and carried by all elements he returned to the light. Out of midnight darkness the gleaming sun illuminated him, he viewed the gods of the world of the dead and of the heaven. The mystery finishes with the beholding of the highest god and the hymn of the mystic, who died and was re-born into the life.”

The state after the execution of the mystery or after the magical ecstasy is described as “rebirth,” because the man afterwards is not the same as he was before. He has experienced a fundamental transformation, because in him the “god-center,” the “demonic center” was opened, so that in a certain sense he now appears as identical with his demon, that is to say he himself appears as “demon” or “god.” In any case, he gained demonic powers, i.e. magical abilities. J.W. Hauer remarks about this: “Everywhere where rebirth plays a role with regard to consecration, the opinion prevails that the novice who is in the mother’s womb (i.e. in the suggestion-sphere of his master) dies before he is reborn. In his state of death he primarily associates with the ghosts of his tribe, therefore with the “fathers,” he also receives a new ghost, oftentimes with a new name, and gifted with the new power he enters the line of those who are able to create new beings.” R. Reitzenstein reports: “A mystic, to whom his god appeared, makes a thank-offering and prays: I came together with your holy shape, I acquired strength through your name, I have absorbed your benedictional emissions into me, god, my lord, and now I am allowed to return home in the possession of a godlike nature. The perception prevails, not that the human is elevating himself to be god, but that god is descending into him. A real and definite god emerges, not a somehow deified soul; but to what extent the person is continuing to live in this god is a mystery which the thought is only shyly touching.”

For these reasons the mystic was in many places himself worshipped after the consecration. R. Reitzenstein describes this: "As the morning appears, clothed with the heaven-garment and in his right hand the burning torch, on his head the corona out of which ray-like palm branches emerge, the mystic is placed as statue of the sun-god on a pedestal before the goddess and is worshipped as a god by the community." Peryt Shou reports: "The mystic accepted the gesture similar to an arbiter with raised hand and raised forefinger." Schelling expatiates: "Because of the received benediction, the consecrated one became a member of the magical chain, he himself became a Kabir, admitted into the tear-proof context and, as the old inscriptions expressed it, joined the army of the higher gods."

The described magical ecstasy is something very rare and hard to reach. Even great magicians only reached it a few times in their lives. It stands for a becoming-an-image of the para-cosmic forces on a pure hallucinatory or suggestive basis. This hallucinatory-suggestive process was in antiquity fostered with hallucinatory means, that is to say with a rich scenario, concrete images of gods and concrete ceremonies. We label those empiric objects as "imago-spurious" upon which demonic inner-complexes can be projected, in order that those objects now appear as embodiment, becoming-an-image of these inner-complexes. All the magic landscapes, demonic appearances and peculiar mysterious events of the ecstasy have been empiric-real, so that the hallucinatory powers of the mystic and the suggestion-energies of the master found enormous support and a positive response in the empiric environment. The whole cult with its temples and underground vaults, his idols, his sacred groves, gardens, lakes and mountains, his whole magic pomp and solemnly ritual was nothing else but a big imago-spurious, a powerful imaginative bastard-creation, which served the purpose to let imageless processes of the inside become image, become real in the empiric world.

This all is no ”outwardness”, but a deepening of the real and a realisation of the deep, about which today’s materialists, rationalists, empiricists, and ideologists do not have a clue anymore. “Images” are the only thing which we can take in and the godly-demonic is only in the image-form assimilable by us. “A contact can only happen between substance and substance” as Robert Blum says, that is to say between image and image, appearance and appearance.

That sensations, which are occurring during ecstasy, are hallucinatory and suggestively brought about has nothing to do with it, because the same – only in a much milder form – is the case with regards to the “empiric” reality. What we call our “empiric world” is also to a high degree based upon the power of suggestion of our fellow humans, and also the empiric world is “hallucination”, i.e. imagination. Carl Vogl says: “Imagination, emotion, deed are in the region of the original experience one and the same. What we traditionally call imagining is a pale, fragmentary replicating of our established perceptual world. The imaginations of the magical “I” are on the contrary approaches, efforts for the formations of another-world. The imagination becomes a hallucination at first for the medium and finally reality, that is to say a complete hallucination for all attendees: it becomes visible, hearable, and tangible, it gets in line with the context of our environment.”

We have deliberately portrayed the basic experience of ecstasy in its most complete form, even though we know that only very few of today’s living Europeans will actually experience it. But in this manner we gained an idea of the typical sensations, which play a role with regard to pre-forms and de-forms of the great ecstasy.

Even if actual ecstasy is seldom reached, its attenuated forms also grant a deepening of the magical consciousness and an increase of magical powers. This alone is makes it worthwhile to subject oneself to the exertions.

As soon as it succeeds to arbitrarily create the state of erasure and to maintain it for a longer period of time, one can begin with special and arbitrary compression-practices. Here a compression is the plastic clarification and capturing of any kind of imagination. The most suitable object for this is a human, with whom we are bound by any kind of strong emotions – at best passionate love. That such a concentration would be harmful to a still living human (as is sometimes claimed), is a myth. The impact of our concentration always depends on us.

One imagines the pertaining human as pictorial and plastic as possible, but not desperately. One will notice that any desperate effort immediately blurs and disintegrates the image. One must not constantly think "I want, I want," because our will is indeed giving the impetus to the imagination, but this imagination must then be left to its own devices to be able to unfold itself. The only thing our will has to do is to keep other imaginations away. We must totally devote ourselves to the emerging appearance, our whole body must, so to speak, emit it out of its pores, circulate, and nourish it.

The maintaining of the imagined-image must last as long as possible. Hereby we should also try to come into personal contact with the image, speak to it and let it answer, and to communicate with it as if it were an empirical human.

This practice serves the purpose to acquire or increase the ability to compress a certain imagined-image to the highest form and to let it gain continuity. A by-product will often be the phenomenon that the human whom we are imagining by this concentrated means is in the same moment thinking about us, dreaming of us, or is otherwise telepathically coming into contact with us. This phenomenon is sought and extended as an end in itself in pictorial magic, but for the time being we disregard it and foster the imagination per se.

The further practices serve the aim to not only compress the imagination more and more but to also increasingly deepen it, that is to say we try to project complexes of inner forces, which are more and more centrally located, into it. Therewith the appearance of the pertaining imagination also changes, it moves more and more away from the nature-model and gains a more and more mysterious and significant character. This is a similar process as with the artist, who while being in a state of artistic inspiration reforms a natural impression more and more and loads it in this manner with "soul-substance," until the entirety of his inner forces are compressed in the finished artwork. The more central the complexes of inner forces are, the more meaningful appears the artwork and the more it approaches the demonic-sacral world. William Blake for example tells about his artistic work: "I am really drunk with intellectual vision whenever I take a pencil or graver into my hand... The perception of the imaginative eye of every human is as different as the one of the bodily eye and the spiritual mystery unveils itself according to the visionary capacity of the viewer."

With enough intensity of the somnambulant state, the imagined nature-image will gradually gain an almost eerie-holy expression, and the emerging figure is then to be approached as a direct embodiment of an oscillation-form of our demonic inner forces, which have been freed in this manner. This is especially strong if we choose a human as the starting point for the imagination, who already in life also activates our demonic sides. It is not by chance that many of the old masters took their ladylove as a model for their holy pictures.

As soon as one comes into personal contact with such a compressed and deepened imagination, that is to say deals with it as one would with empiric things, one associates with it in the most complete sense of the word.

This demonic association is where we must focus our attention, because our magical powers feed on it. Such an

intercourse with demonic imaginations is reported from the lives of all great saints and magicians, and to initiate it, was, as we have seen, the primary purpose of the mysteries of antiquity.

Up until now we have discussed using pure imagination in our exercises. We use imagination for this purpose in an empirical matter; however, imagination alone in most cases will not bring on the desired effect. Again, it is better to visualize actual objects and places. This can obviously be a person, but initially more inanimate objects are preferred because they are simpler and have less detail about them. A flame, a strangely shaped flower, a strange stone, a statue, or any other similar object is more appropriate.

Once you are able to focus on a particular object and have only that object in your mind, it is then that the desire is to increase your ecstasy to the point of body vibrations and ultimately free the consciousness of the body. Nevertheless, we also have learned the hard way that the environment in which you practice is not indifferent, since your mood and environment will have a direct impact on whether or not you have success and how long you can remain detached from the body.

If the imagery exercises were complete and successful it would be possible now to open your eyes and find yourself in the new and different environment.

A careful "imagery technique" therefore belonged to the basic inventory of all ancient religions and magical systems; they found that this practice had a very desirable effect on the body and spirit. It is obvious, however, that their importance is unfortunately falling prey to the progressive trend of abstraction and oblivion.

The best for our purposes as far as a good practicing environment would be a particular room set aside for that purpose only, or at least one corner of our work or sleeping room set aside

for our magical conducting exercises. The area should be separated by the use of blankets or rugs. On a small table or above us in hanging style, a candle, or a lamp with colored glass.

You can now either concentrate on the flame or illumination itself to aid in concentration, or choose another object to be placed on the table so that the light falls upon it.

The rest of the room should be completely dark with you only seeing the object or flame.

After some time you should begin to calm and breath evenly and deeply as if you were gone unconscious. Then suddenly, draw a deep breath and hold it as long as possible in the lungs. Do this repeatedly and violently as long as it is bearable. In this way the body becomes more and more heated, there are certain emotional sensations as well which depend on the mood state in which we have at the start of these exercises. If successful it is possible to leave the body consciously or see other entities around us. It is important to keep breathing violently as it has a direct affect on the success of depth of the trance and what is encountered during it. When these sensations have sufficient depth and density, we open the eyes and concentrate our attention on the specific image, i.e. on the flame of the candle or on the image or item. Our entire energy projection unloads now on the flame or image and converts it to our inner demon. It is now the embodiment of the true seat of our inner demonic forces. With this the "external transfer" of the "demon" is now completed and we can operate with the Image as the demon itself with the object in our belief and visualizing becoming the demon.

Again, this is not mere "self-deception", but is strictly an energetic good sense "reality," i.e. the Image is just as the demon, like a house is just a house. "If we see and feel it, it is the only reality" says A.M.O.

All reality is only Phantoms. But even if the reality of this demon image is a "deception" to dismiss – as I said about Buddha – A.M.O. says: "In the beginning was the true demon and I created it to appear to be the deception. False images are necessary for the recognition of truth."

The Image is in a sense, we ourselves - a compression of the entire cosmos. In any case, he is infinitely exalted above our empirical personality, but also above all the other things in our empirical environment.

Understand that this "is" the Image only for ourselves, as any hallucination or manifestation is only for the subject concerned. Nevertheless, all imaginative or broadcasting forces in the purely physical sense, relates to other subjects and can produce similar sensations. These are all based telepathy and visualization.

Reported by M. du Potete are some very interesting facts. He writes: "My effect extended to persons who were at a distance, and those who had been exposed to my thoughts had character changes, or at least changes in the immediate individuality for a brief time. Our thoughts are rays of strange, invisible forces, magical in nature. Once you have given the symbolic character “the Image” its magical power through exercise and belief, there is no need for further preparation of more." You are assured then that even people outside your circle of belief are aware of such image-characters in the strongest manner, and were impressed with the most intense hallucinations.

Items sometimes can influence a magical entity (Images, amulets, etc.), however, that is not our first goal. We must seek only the realization of our "demon" or "God." Everyone has his own particular (item), through his ancestry and his position in the universe "his demon", and he contributes in a very specific, individual projection of psycho-dynamics. This demon has his energy as both forms, as in the differences between the two poles

of ektropy and entropy, i.e.: between Satan and God. Robert Blum writes this: "The energy, which can cause changes the visible world, must by necessity be in the two principals of positive and negative together and co exist as one.

These conditions exist in all manifestations of life and the foundation of all evolution." A.M.O. says: "Your God is both good and evil in appearance and it cannot be otherwise. If your God is not even evil, he is just not God. God as the almighty should also be all-evil." Schelling said: "The dark nature of his principle is precisely the force which also will be transfigured into light, and both, although only to a certain extent, be one."

Horror always lurks at the bottom of the magical world and everything "holy" is always mixed with horror, as the concept of "taboo" and the "Spirited-saints" is expressed. M. du Potete writes this: "You leave this world through the soul's eye and cannot be fooled. The pleasant visions last only briefly, it will soon be replaced by sudden horrors of ideas suppressed. What is before the eye is nothing more than the drama of life."

Only those self-born magicians and those who feel these forces should enter into the magical worlds of desire. It is a tremendous dream force, an ingenious design of strength, and the freed energies of the universe to be absorbed. If you do not have this power, however, you may do damage to the balance and cause serious injury, which may mean immediate destruction. For this reason, it's the living master, i.e. the magic of genius that is such an irreplaceable factor in magical life.

There are always a few that make the true birth of the demon, the "God," the only thing of importance, but the particular magic of "the people" must be addressed as well. Only when a master magician invokes a "God" and has won the form can the deity enter into life and gain power over the largest complexes of individuals.

Bo Yin Ra says: "Not to look for God anywhere before looking in you. You know not the vital spirit, he should be God above all else and serve the people's needs after he is invoked. Remember that thoughts create the idols and these idols can destroy the faith. Know that these idols are really powerless, but you can endow them with power and not know it! Ahh but still you do not understand that you have power and you've invented idols and mind-gifted them with power through your faith (your imagination). You still do not know that your faith is more than just what you think. Faith in you is the highest strength, remember this, only through faith can we free ourselves from fetters. Through faith we can have all knowledge and realize all dreams. But the key to our deepest faith is ritual and belief and without these we cannot obtain it."

Once again the birth of the demon arrives, all the other magic in making the closest possible relationship with the demon should be practiced, because everything centers on the magical forces and our demon.

One of the most important endeavors of the old magicians was the exploration of the "name" for demons in question, because the effectiveness of magic is always dependent on certain syllables and formulas based on the demon in question. The most important of these syllables are the names of the demon. The medieval methods to determine the demonic name was based almost entirely on mysterious constructions (conjecture), they were subtle yet scholastic.

Real, however, are other means, which consists of complex symbols corresponding with the alphabet. This means that one focuses on the demon in a casual way, vowels and consonants may come into mind so to speak and give us suggestions and ideas in this matter.

You will then see specific sound combinations like a peculiar sense of "tuning", the "True One's" status and name. It stems

from the fact that each set of internal forces with certain positions or movements of the body also corresponds to the voice organs. It is in the same way certain positions and postures give you a rational "sense" to have and possess such syllable combinations and postures. i.e. ancient Jews had their "God's" name in the letter JHVH, the early Christians in the formula JHS.

It is known by most peoples that the magical names of their gods played a tremendous role in their beliefs. Long ago there was demon energy in amounts significant enough to assume certain symbols should be together, however in this time our society "ceremonies" reflect the time when these symbols corresponded to positions and movements of the body, which formerly had occult significance.

Once an image has become a demon and the body has won, all our aspirations must be designed to provide him (in a magic act) to unite with our blood to nourish its magic.

This magical "Communion" with the Deity is the center of magic in every life, it is how we, in the center of all the old cults were… and are today in the Catholic sphere.

In what form the victim ends depends entirely on reaction. Its only principle is that it prefers to create the strongest vibration (shock) and the deepest ecstasy. Very soon you will notice that in specific forms, in particular environment conditions, at certain times, etc. the communal rest is very beneficial and you will use this experience with certain "cult rules" to be creative, not in a superficial way but in a deep physiological manner. All specific religions have known very strict and precisely defined cult rules, and only by the disappearance of religious- magic life and the prevailing ideology of "free recognition" (body free) are we brought this far. Where there is body there is also environment, and this environment wants to be honored, because it comes from the demon.

Each person must find the objects and methods that have the most worrying effect on him and from this build his "victims-technology," i.e. cult rule.

Beyond the direct physiological relationship to the nature of the cult rule, we learn only by regularity i.e. through habit. By understanding this and how habit affects one, one can appreciate the importance of “complex ritual.”

The purpose of cult rule is to increase one’s imaginative power and when they no longer fulfill this purpose, they must leave, otherwise they become an obstacle. We therefore also notice that lasting reconstruction of cult rules is still evident in all living religions despite their tendency to the conservative.

A true magician will understand and use occult phenomena of all kinds to create, but the first and highest goal is to the divine and to be with his demon.

Only by that life in his demon which protects the magician against the continuously attacking forces, i.e. those cosmic energies attacking his individuality, these forces can be checked and suppressed so that the individual sphere can grow undisturbed.

When you feel the magical powers by the communion with the demon are gathering and growing, you should set certain empirical goals, i.e. profane practical magic.

The first step after this is a focus on the body with the received health and fitness. This focus on health and strength is in the way that it is on the own body sphere, this leads to a deep level of community with the demon and liberated energy. We try to experience our body as effects and as an instrument of the demon. Remember we not only want to be healthy, but we have the idea in us, we are healthy and convert the demonic forces that we use as tools. We must clearly perceive these forces in us. We

must never propose that it is all black and white, but we must always maintain that all suggestive phenomena (imagination) means reality and has a very real impact. "Reality is all that works." All imagination tracks closely with the basic practices of magic.

As well as on your own body, you can act on third parties and other any items if they are further away. Success is always dependent on the field of concentration and the intensity of ecstasy currently reachable. To aid in concentration, a picture of the other, a garment by him or another item brings us closer with the relevant persons.

First, however, it is beneficial to refrain from imposing negative effects to others and to restrict oneself to a more diffuse impact of the environment. You should try instead to concentrate on certain individual effects, because you know the natural ways of those forces are still insufficient and contributes only unnecessary and harmful confusion in those forces by astutely maintaining individual targets, instead of a certain power over the cosmic forces as a whole. The cosmic forces lead naturally to the highest achievement of that, allowing the current situation of our destiny lies under a diffuse magical influence. You must want them, yes, but not with obsession at every single stage. Some successes will become apparent at a later time naturally that cannot be achieved at the moment with violent intent.

Similarly it must be understood that magic effects rarely occur in exactly the form and the temporal sequence as you may wish or think. Similar to how the banker will not win an exact certain amount in a specific deal at a specific time but that his transaction will be successful as a whole.

Direct failures you must not fear. Failures are mountains, they must be exceeded, and often we find the most beautiful places only behind those mountains. We must not be despondent when concerned that the world is against us and the strongest

spell remains ineffective. Our demon is struggling, and he is struggling in pain and hardship. We must suffer with him to share victory with him.

The individual magical special capabilities such as clairvoyance, release of astral bodies, materialization power, psycho-kinesis etc., arise from the specified magic basic facts by themselves. It is always better just to focus the magical-demonical forces on one idea and to set a desirable goal.

For simple clairvoyance, it is enough to achieve a relatively small change in your state of mind. Otherwise, just a light trance state can be initiated by autosuggestion, hypnosis, and through magnetic lines using the Robert Blum radical-dynamic apparatus.

It is only through experience that one can tell the difference between a light hallucination and an act of clairvoyance. The release of astral bodies is only a further special case in these phenomena. The techniques to this act are also independent in part and can be achieved by education and practice. The idea is to intensely and clearly as possible concentrate on a remote location, of the local features, people, etc. to help insure success. You will soon have the experience of actually seeing the people concerned and feel their proximity, which will increase in intensity through visualization.

The philosophy is that true magic is not just education, the magic world should be a learned way of life and means an understanding of our darkest forces and therefore we must undergo a profound transformation.

All true magic is repentance, going back to the time when the deity was still alive, and only when the deity opens its eyes will a magician be able to truly see.

Only the individual who opens the eyes of the deity is given the gift to pass it to others and thus produce new peoples and new circles of being.

The ability to determine circumscribed accomplishments in magical elements (crypto spectroscopy, psychometrics, prophecy, telekinesis, telepathy, etc.) is in all cases due to a special innate talent, often spontaneously gaining insight and understanding of the nature of the universe. It should be understood, however, if one begins with the intent of seriously exercising such individual acts in the study of magic that one would increase the possibility of success and make it much more difficult to get a negative result. The effect of any magic- making depends on the intensity and depth of the target ecstasy, and by increasing such through practice brings one closer to one's own demon. Each force-component, thought, and effort which is not used directly in the production of such ecstasy serves no purpose. So then is the vicious circle that could be leading to disappointment.

Whether or not you choose to exercise and develop any magic ability, it must be said that what abilities are developed are totally dependant on the level of ecstasy you obtain. Also any indiscriminate experimentation of certain phenomena is strongly advised against, curiosity without commitment destroys everything. We should calmly accept the fact that if a serious commitment is not present in these studies disaster could occur both physically and mentally. Those who only come around for the ”magic tricks" will never develop any understanding as to its nature.

The first and only important thing is communion with the demon. This act compared to everything else is just a waste of energy, but understand this communion should never be the starting point in study. Any tendency to pursue profane-occult phenomena should therefore initially be avoided. They occur quite naturally as soon as their time has come.

But even if such phenomena do not occur, it is a devotion to the magic, as in this book was written, which gives us a fundamental and crucial understanding for our entire existence. It gives us the gift in a sense to help persuade the hidden gods to make themselves known. Only by doing magic, through practice and gaining experience, will we recognize the divinity and learn to be one with her.

This is the goal.